

# Why Patients with Spider Veins in the Leg do not Improve their Conditions by having Surgery or other Procedures to Remove their Veins?

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## ABSTRACT

A doctor's daily practice is full of new discoveries while observing his patients on a daily basis. According to the article entitled Varicose Veins: Diagnosis and Treatment, they are saying that varicose veins are dilated veins located mainly in lower extremities and the exact pathophysiology is under discussion? There are factors including weakened vascular walls, increase intra-venous pressure, genetic predisposition, and incompetent valves. Other risk factors include female sex, older age, obesity, pregnancy, tumor, chronic constipation and long-standing.

**Keywords:** Spider veins; Surgery; Diagnosis; Treatment; Varicose veins; Genetic predisposition

## INTRODUCTION

There is conservative treatment including lifestyle modifications, such as elevation of affected leg, weight loss, and medical therapy. Interventional treatment includes endovenous thermal ablation, endovenous sclerotherapy, laser thermal ablation and surgery [1].

The author began her studies in traditional Chinese medicine, in 1997 but only in 2006, she used to adopt ancient treatment techniques for all localized diseases. This story began in 2006, when she attended one specific patient that was complaining pain the legs with no improvement with the use of anti-inflammatory medications. This patient searched for another kind of treatment for this pain in the legs using acupuncture. After 10 acupuncture sessions, the patient reported to the doctor that he improved his leg pain with the treatment done but he also improved from other condition that he did not tell the doctor. The was treating for glaucoma for the last 40 years, using eye drops, with no improvement of his intra-ocular pressure (always above 40 mmHg). For the first time of his life, his intra-ocular pressure went from 40 mmHg to 17 mmHg. After this specific case, the author began to be a researcher in the São Paulo University in Brazil, in the ophthalmology department, to demonstrate that the treatment of energy imbalances can reduce intra-ocular pressure of patients with glaucoma [2].

## LITERATURE REVIEW

The author in all her publications and presentations in all medical conferences always emphasizes the treatment of the root of the

problem, and she usually uses the metaphor of the tree, to show the different viewpoint between Western and traditional Chinese medicine. In this metaphor, she is showing that Western medicine perspective do the treatment in the leaf level but Chinese medicine understands that all manifestations in the leaf of the tree is only related to energy imbalances localized in the root of this tree. So, if the doctor treats the root, all emotional and physical problems of this patient will improve at the same time, even the doctor does not know that the patient has such symptom. At the root of this tree, there are two theories in traditional Chinese medicine that are the Yin and Yang theory and the Five Elements theory. The rebalancing all energy systems of these two theories, orientating the patient's foods that they can ingest is very important toll used by the author, because according to Chinese dietary counseling, there is a necessity to maintain the energy balance between the organs, due to all of them are interconnected. This way of thinking was contrary to thoughts of Galen (129 AD- c. 210) that said that the organs works independently and separately. Galen was the doctor who most influenced the thoughts of Western Medicine reasoning, until nowadays [3].

In this review article, the author is demonstrating how she discovered the technique to cure people with spider veins in the legs because the majority of the patients went to her clinic to treat other conditions but what they usually tell her is that their legs are getting prettier, with fewer veins showing even the treatment was not carried out for this purpose [4,5].

According to one study made by the Huang and published

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in an article entitled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection, the author measured chakras' energy centers of 1000 patients from 2015 and 2020, and the conclusion of this study, after reviewing 409 files of this patients, were that more than 90% of the patients were in the lowest level of energy [6].

According to the book written by Capra entitled *The Tao of Physics*, he is saying that all the things that composes the universe is made by energy, including the human body. And there is a duality between the thoughts in Western medicine and what Chinese medicine thinks about the formation of diseases [7].

What the author wants to say in this article is that the meaning of this lack of energy in the human body nowadays, is influencing all the functions of cells, glands and systems as all these systems depends on the energy to work and to survive. In another article written by Huang entitled *Are we vaccinating immunocompetent or immunocompromised people for COVID-19?* She is saying that due to this lack of energy, that quite the entire population could be suffering, she is classifying the patients as immunosuppressant and not immune competent patients, as energy means immune system in traditional Chinese medicine [8].

According to traditional Chinese medicine's reasoning, the health of the patients will depend on the equilibrium between Yin, Yang, Qi and Blood and the imbalances of these four energies, will induce the formation of any kind of disease. In Chinese medicine, one disease can come from the different energy imbalances and one energy imbalances can induce many different diseases, as the author demonstrated in the article Huang wrote entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [6].

In the article written by Huang entitled *Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction*, the author is demonstrating through one case report, a patient that had three episode of myocardial infarction without arterial obstruction that had chakras' energy centers deficient in energy. The treatment of these deficiencies, using Chinese dietary counseling, auricular acupuncture and replenishing these lack of energy using highly diluted medications, according to the theory created by her entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, was very important to prevent future events of myocardial infarction that this patient was having each two months in 2018. In this case and in may article written by her, she is using homeopathy as the medication of choice in the treatment of all kinds of diseases nowadays, due to this new energy pattern that the population in this world are having, demonstrated in the editorial article written by Huang [9-11].

The energy of each chakra is important for the production of Blood (fifth chakra), for the production of Yin and Yang (second chakra) and for the distribution of Qi (first and fourth chakra), and the controlling of Blood flow inside the vessels are made by the Heart (third chakra). When there is this lack of energy (induced by the constant exposition to the electromagnetic waves), the Blood will not have condition or power to circulate inside the vessels and will stagnate in the arterioles. This situation was published by the Huang in the article entitled *Chakras Energy Alterations in Patients with Hemorrhoids and How to treat it without Surgery*. In this

article, she is showing through two cases reports that patients with hemorrhoids also have chakras' energy centers deficient in energy and the treatment of this condition is very important to treat the cause of the problem (that are the energy deficiencies) and not just treating the symptoms (the thrombosis in the hemorrhoids) [4].

In another article wrote by Huang, she is saying that patients with stroke also have chakras' energy centers deficient in energy and there is the necessity of treating this condition, that is the root of the stroke formation and not treating the symptoms [12].

So, nowadays, when facing patients with stagnation of Blood in the legs, causing spider veins formation, the first diagnosis is deficiency in energy and even if the laboratorial exams are normal, these alterations are in the energy level, not seeing by the naked eyes [3].

The treatment of this lack of energy of the five internal massive organs (Liver, Heart, Spleen, Lung and Kidney) has improved the evolution of all chronic degenerative diseases and the treatment of patients who already had a disease already installed, in addition to bringing rejuvenation, improvement of all sexual functions, improvement of memory, concentration and improvement of self-esteem, improvement in quality of life and also improvement in the appearance of veins of people who, contrary to what others thought when viewing a patient with blood stage in the lower limbs, it is an indirect sign that the patient has no energy to flow the Blood and the only localized treatment ,it is not treating the cause of the problem, so it is necessary to treat systemic deficiencies of energy ,because local symptoms are only the tip of an iceberg, confirming by Huang in the 2<sup>nd</sup> International Conference on Orthopedics & Advanced Care, that was held on February 25-26, 2019 in Singapore [6,13].

## DISCUSSION

The author will be presenting as Keynote speaker in the 3<sup>rd</sup> Annual Conference on Vascular Medicine that will be held on September 25, 2021 the study entitled *Energy and Chakras Alterations in Patients with Varicose Veins and How Can We Treat It without Using Surgery?* In this presentation, she will show the different perspectives in the treatment by Western medicine nowadays and the need to integrate the two kinds of medicine to understand in the deepest level, what is occurring inside the patient in the energy level that is not studied by Western medicine nowadays, after the implantation of Flexner report in 1913.

## CONCLUSION

Therefore, as demonstrated by the author, all these manifestations with stagnation of Blood and thrombosis have as their base the general energy deficiency of all internal massive organs and the treatment using using Chinese diet therapy, acupuncture and energy replenishment of the five massive organs or chakras through the Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine is of paramount importance nowadays to treat the cause of the problem and not just the symptoms, in this case patients' with spider vein in the legs.

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