



# The Social and Bio Psychosocial Models of Health and Sociological Criticisms of Biomedicine

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## DESCRIPTION

The Bio psychosocial (BPS) model emphasizes the interconnection between biological, psychological and socio environmental factors. When this model is applied to health, it demonstrates the importance of maintaining wellness in all aspects of our lives. Science and a scientific approach to problems are still highly valued in our society since they are considered as rational, unbiased, and neutral. However, over the most of human history, people did not aspire to be scientific. The church served as the center of society in mediaeval Europe, when religion dominated. People believed that God was the source of knowledge.

A new model for health and illness has been tried to be developed in response to the different biomedical limits that have already discussed. This model keeps the best aspects of biomedicine while also resolving some of its weaknesses. Today we can talk about the social model, bio psychosocial model, a model conceptualized by the psychiatrist George Engel. The psychiatrist George Engel was particularly conscious that there was a problem with the idea that the mind and the body should be considered separately because he worked with people who were dealing with mental issues every day. People argued that a bio psychosocial model would recognize that it is the physician's role to accept responsibility for assessing whatever issue the patient presents and recommending a course of action. The social model of health places a special emphasis on the contribution that society as a whole makes to how we perceive and comprehend health-related issues.

The social model of health places an emphasis on the numerous

causes of health problems and the wide range of options for obtaining positive health outcomes. For example, we consider how a health of their class, gender, age, ethnicity, any disabilities they have may affect their health. When considering the larger context in which biological processes occur, social factors such as housing and poverty are crucial. In addition, social factors refer not only to our interactions with people close to us (our 'social life', as it is informally known) but to our indirect engagement with norms and values. There have been attempts to create a new model for health and illness that incorporates the best aspects of biomedicine while also addressing some of its flaws in response to the many biomedicine constraints that have been mentioned.

The importance of social elements has been acknowledged, and new approaches to health have developed in response. Today's government health policies acknowledge the need to fight health inequalities by eradicating poverty and focusing on cultural and lifestyle factors that have an impact on health, such as bad behaviors like smoking and poor diets. The empowerment of laypeople is a key component of these strategies. Over the course of the nineteenth century, biomedicine rapidly became to predominate approaches to healthcare. In order to ensure that practitioners were experts in the science of medicine, university medical training has grown in popularity, which is related to this new scientific approach to health. The laboratory has replaced other settings as the ideal setting for medical study. The status of doctors and medical professionals increased as they formed their own organizations to set standards about who should and should not be allowed to practice health care.

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