

Research Article

The Prevalence of Rare Variants Potentially Important for the Response to Medicines Used for CVD Treatment in the Lithuanian Population

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Abstract

Cardiovascular disease (CVD) is one of the leading causes of death among Europeans and around the world. Major factors that are considered relevant for the efficacy or adverse drug reactions (ADRs) caused by drugs used for CVD treatment have been identified through GWAS studies mostly using low density common variant genotyping arrays.

In this study whole exome sequencing (WES) was carried out to identify genomic variants relevant for CVD treatment. The study group included 98 (49 males and 49 females) self-reported healthy unrelated individuals from the Lithuanian population with at least three generations of Lithuanian ethnicity and residency in the same ethnolinguistic region. After performing WES genetic loci of 55 genes that were reported as relevant to the efficacy or ADRs caused by drugs used for CVD treatment were analyzed using LifeScopeTM and ANNOVAR software.

The analysis of small indels in the selected regions revealed 13 exonic frameshift indels and a single intronic splice site variant that may affect the efficacy or cause ADRs in patients treated for CVD. Over 400 potentially relevant SNVs in different frequencies were detected in the genes reported to be important for CVD treatment. The strength of evidence analysis identified 14 SNVs most likely to be relevant for CVD treatment. The frequency distribution of several variant alleles that have been shown to be highly important for CVD treatment in the *CYP2D6* (rs16947) and *ADRB1* (rs1801253) as well as several variants in the *CYP2C9* and *NAT2* genes were determined to be significantly (p<0.05) different from other Caucasian populations showing the potential benefit of pharmacogenomic testing prior to treatment in the Lithuanian population. The research was carried out under the LITGEN project. LITGEN project (VP1-3.1-ŠMM-07-K-01-013) was funded by the European Social Fund under the Global Grant measure.

Keywords Indels; Coronary heart disease; ANNOVA; CVD treatment

Introduction

Cardiovascular diseases (CVD) remain the leading cause of death among Europeans and around the world. The Global Burden of Disease study estimated that 29.6% of all deaths worldwide (15.6 million deaths) were caused by CVD in 2010, more than all communicable, maternal, neonatal and nutritional disorders combined, and double the number of deaths caused by cancers [1].

Although the number of diagnosed cases of CVD and coronary heart disease (CHD) in particular has been constantly rising there is clear evidence in most countries with available data that mortality and case-fatality rates from CHD and stroke have decreased substantially over the last 5–10 years but at differing rates. The number of CVD caused death cases has fallen quite substantially in western European countries while several Eastern European countries including Russia, Ukraine and Lithuania have shown little evidence of such trends [2].

These trends indicate that the possible reason for the contrasting changes in CVD caused hospitalizations and CVD caused deaths may

be attributed to the advances made in healthcare quality associated with medicine based treatment and risk factor management. Pharmacogenomics based CVD drug prescription may help further reduce the number of CVD caused deaths and reduce adverse drug reactions which have been reported about 5 times more frequently in Lithuania between the years of 2007 and 2015 [3].

There is significant inter individual variability in the response to pharmacologic agents used for CVD treatment [4]. Plasma drug levels can differ by orders of magnitude when the same drug dose is administered to two patients who are similar in age and weight [5]. Many environmental factors can influence the variability in drug responses between patients including drug-drug interactions, concomitant diseases and ethnicity, however, genetic factors are also highly likely to play a major role especially in the case of non-inducible enzymes like *CYP2D6* [6].

The aim of this study was to investigate the pharmacogenomic peculiarities of the Lithuanian population by analyzing the distribution patterns of allele and genotype frequencies of common and rare variants in the genes associated with drug efficacy and adverse drug reactions (ADR).

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Methods

Study group

The study group included 98 (49 males and 49 females) selfreported healthy unrelated individuals from the Lithuanian population with at least 3 generations living in Lithuania. The individuals included in the study group adequately represent the Lithuanian population as the group includes individuals from all six Lithuanian ethnolinguistic groups (Figure 1).



Genomic marker selection

The most commonly used drugs for the treatment of CVD belong to the classes of non-steroid anti-inflammatory agents (NSAID), ACE inhibitors, β -blockers, antithrombotic and antiplatelet agents, statins and others. Genes were chosen for the analysis in this study based on the strength of evidence associating drugs belonging to these classes with genetic factors that affect their efficacy or risk of ADRs. The frequency of use of the drugs from these drug classes in the Lithuanian population was also taken into consideration. The selected genes are presented in Table 1.

Gene	Drug class	Gene	Drug class	
ABCB1	Antithrombotics, Antiarrhythmics, Diuretics, Statins	HTR3B	Statins	
ABCC2	Antithrombotics, Statins	HTR7	Statins	
ACE	ACE inhibitors, Statins	ITGB3	Antithrombotics	
ADAMTS 1	Statins	KCNE1	Antiarrhythmics	
ADRB1	β-blockers	KCNE2	Antiarrhythmics	
ADRB2	β-blockers	KCNH2	Antiarrhythmics	
AGT	ACE inhibitors	KCNJ2	Antiarrhythmics	
AKAP9	Antiarrhythmics	KCNQ1	Antiarrhythmics	
APOE	Statins	KIF6	Statins	
BCHE	Vasodilators	LPL	Statins	
BDKRB1	ACE inhibitors	LTC4S	NSAIDs	

BDKRB2	ACE inhibitors	MTHFR	Statins		
CBS	Statins	NOS3	Vasodilators, β-blockers		
CETP	Statins	NAT1	Vasodilators, Antiarrhythmics		
CYP11B 2	Vasodilators, diuretics, β- blockers	NAT2	NSAIDs, Antiarrhythmics		
CYP1A2	Antiarrhythmics	NPC1L1	Statins		
CYP2C1 9	β-blockers, Antithrombotics, Statins	P2RY1	NSAIDs, Antithrombotics		
CYP2C8	NSAIDs, Antiarrhythmics	P2RY12	NSAIDs, Antithrombotics		
CYP2C9	NSAIDs, β-blockers, Antithrombotics, Statins	PON1	Antithrombotics		
CYP2D6	β-blockers, Antiarrhythmics	PTGS1	NSAIDs, Antithrombotics		
CYP3A4	Statins, Antiarrhythmics	PTGS2	NSAIDs, Antithrombotics		
CYP3A4 3	Statins	SCN5A	Antiarrhythmics		
CYP3A5	Statins, Antithrombotics	SLCO1B 1	Statins		
CYP4F2	Antithrombotics	SNTA1	Antiarrhythmics		
FCAR	Statins	UGT1A1	Statins		
GNB3	Diuretics	VKORC 1	Antithrombotics		
GRK5	Vasodilators, β-blockers	XPNPEP 2	ACE inhibitors		
HMGCR	Statins				

 Table 1: Pharmacogenomically relevant genes and associated drug classes.

Whole exome sequencing

For the analysis of SNVs and small indels the whole exome sequencing (WES) method was employed using the Applied Biosystems 5500 SOLiD[®] Sequencer with the Agilent SureSelectXT Target Enrichment System and Life Technologies TargetSeq[®] Exome Enrichment System without Exact Call Chemistry (ECC). During the experiment the protocols supplied by the kit providers were optimized and used [7]. Using either exome sequencing system important variants may be found outside of the targeted exonic regions [8]. Therefore, all identified variants with sufficient coverage and quality scores were included in the analysis. Over 80% of identified variants in the selected genes identified in this study have already been described and included in public databases including dbSNP, 1000 Genome and Exome Aggregation Consortium (ExAC) datasets. The frequencies of indels and identified SNV alleles were also compared to the Caucasian populations included in the mentioned datasets.

Bioinformatics and statistical analysis

Primary analysis of image acquisition and bead processing, application of quality metrics and color calls were performed within the SOLiD sequencer. Secondary and tertiary exome sequencing data analyses were carried out using Life TechnologiesTM proprietary

LifeScopeTM 2.5.1 genomic analysis software. Standard analysis workflow of the exome data was carried out in three stages using targeted.resequencing.frag workflow with default parameters set [9]. Variants with coverage of more than 10x were used to filter out the less reliable calls [10]. Minimum read mapping quality value of 8 was used. A minimum allele ratio of 0.15 was used for a heterozygous genotype call. A color minimum quality value of 7 was used for a candidate allele to be called as SOLiD system uses color space coding.

compare allele and genotype frequency distributions between populations and datasets with the significance threshold considered to be at p<0.05.

Results and Discussion

Small insertion and deletion analysis

ANNOVAR software was used to annotate the exome sequencing data and identify variants likely to be relevant for CVD treatment [11]. Chi-square test and where appropriate Fishers exact test were used to

Chr	Start Pos	End Pos	Gene	Ref	Alt	1000g EUR Alt	ExACEur Alt	LTU Alt
3	38622618	38622618	SCN5A	G	-	-	-	0,005
6	39507972	39507973	KIF6	TT	-	-	-	0,005
7	87195476	87195476	ABCB1	A	-	-	-	0,005
7	99273810	99273810	СҮРЗА5	-	С	0,012	0,011	0,005
7	99434078	99434078	CYP3A43	A	-	0,038	0,037	0,036
8	18258073	18258073	NAT2	-	A	-	-	0,010
9	125145847	125145847	PTGS1	С	-	-	-	0,005
10	101552021	101552021	ABCC2	G	-	-	-	0,005
10	101577212	101577212	ABCC2	G	-	-	-	0,005
10	115804365	115804365	ADRB1	-	т	-	-	0,005
12	21391965	21391969	SLCO1B1	TATAT	-	-	7,71E-05	0,005
19	16000503	16000503	CYP4F2	С	-	-	1,50E-05	0,010
22	42524339	42524339	CYP2D6	A	-	-	-	0,005

Table 2: Frequencies of exonic frameshift Indels potentially relevant for drug metabolism.

Using the default LifeScopeTM software parameters 31,623 unique short indels were called in the study group from the Lithuanian population over 70 of which we called in the pharmacogenomically relevant genes. 13 of the called variants were identified as exonic frameshift variants (3 insertions and 10 deletions) (Table 2). Only two of the called variants were previously identified and included in the dbSNP142 database - *CYP3A43* rs61469810 (c.74delA) and *CYP3A5* rs200579169 (c.92dupG). Neither of these variants has been previously reported to be associated with the efficacy or ADRs caused by drugs metabolized by *CYP3A43* and *CYP3A5*.

The *CYP3A43* rs61469810 variant deletion allele was reported 10.5% of the cases in the total 1000 genome dataset and 5.4% in the ExAC dataset while it was found at a frequency of 3.8% in the 1000 genome European dataset and 3.7% in the ExAC NFE dataset. The data in Lithuanian population was in concordance with the datasets of European individuals. In the Lithuanian study group, a single individual was identified as heterozygous for the rs61469810 deletion allele and 3 individuals were homozygous for the deletion allele (deletion allele frequency 3,6%). The *CYP3A5* rs200579169 variant insertion allele was identified in a single heterozygous individual representing a lower frequency (0.05%) than identified in the 1000

genome European and ExAC NFE datasets (1.2% and 1.1% respectively).

A single exonic non-frameshift insertion in *AKAP9* gene (c. 4003_4004insAAC, rs10644111) was identified. 34 individuals were heterozygous and 8 individuals were homozygous for these variants. The 25.5% insertion allele frequency was significantly lower than the frequencies reported in both total and European origin 1000 Genome datasets (42.4% and 38.7% respectively, p<0.001). It was also significantly lower compared to the frequencies in both total and non-Finnish European ExAC (ExAC NFE) datasets (both at 40, 1%, p<0.0001).

The analysis of indels in the introns of pharmacogenomically relevant genes revealed further 53 variants (39 deletions and 14 insertions) one of which (not found in dbSNP) was identified as a splice site mutation in the GRK5 gene g.121086027 delG.

The identified indels that were included in dbSNP 1000 Genomes and the ExAC datasets were not previously associated with efficacy of CVD treatment drugs or ADRs caused by them, yet in a relatively small population sample 20% of subjects had at least one exonic indel variant in clinically actionable genes identified by Clinical

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Pharmacogenetics Implementation Consortium (CPIC) and included in the PharmGKB database showing the value of the non-candidate gene approach [12].

Single nucleotide variant analysis

In the 98 individuals from the Lithuanian population a total of 243,192 unique SNVs were called. Over 300 unique SNVs were called in the exons of the genes potentially important for CVD treatment. 184 variants in the exons were called as non-synonymous SNVs and 148 synonymous SNVs. Further 385 SNVs were identified in the introns, 28 in 3' UTR and 11 in 5' UTR region. Of the total 775 identified variants 631 were included in the dbSNP142 database. Of the identified exonic variants 256 SNVs were identified and included in the dbSNP142 database.

Of the identified 256 exonic SNVs 156 had the variant allele frequency of <1% and were not included in further frequency analysis. Of these variants 86 were included in the dbSNP142 dataset. The analysis of allele frequencies of these variants showed no significant differences between Lithuanian population and study groups of European descent included in the 1000 Genomes and ExAC datasets. With the only exception of the *CYP11B2* rs4539 (c.518A>G) which had significantly higher G allele frequency (p<0,0001) in the EUR group of the 1000 Genome dataset (48.4%) and ExAC NFE dataset (45.2%) compared to the Lithuanian population (1,2%).

Chr	Gene	SNV	Re f	Al t	1000g EUR Alt	ExAC EUR Alt	LTU Alt
chr8	NAT2	rs180128 0	т	с	0.449	0.456	0.423
chr8	NAT2	rs179993 0	G	A	0.282	0.290	0.224
chr8	NAT2	rs1208	G	A	0.562	0.567	0.526
chr8	NAT2	rs179993 1	G	А	0.023	0.025	0.061
chr1 0	ADRB1	rs180125 3	G	с	0.685	0.722	0.102
chr1 0	CYP2C 19	rs283995 04	A	G	0.001	0.003	0.005
chr1 0	CYP2C 19	rs424428 5	G	А	0.145	0.148	0.138
chr1 0	CYP2C 9	rs179985 3	с	т	0.124	0.127	0.066
chr1 0	CYP2C 9	rs105791 0	A	с	0.073	0.069	0.051
chr2 2	CYP2D 6	rs113584 0	G	с	0.454	0.448	0.383
chr2 2	CYP2D 6	rs16947	A	G	0.657	0.657	0.541
chr2 2	CYP2D 6	rs106585 2	G	A	0.202	0.249	0.143
chr1 6	VKORC 1	rs993443 8	G	A	0.388	NA	0.087

Table 3: Frequencies of SNVs identified in the ClinVar database as associated with drug response.

Variants in the *CYP11B2* (rs1799998) gene have been previously associated with Arterial hypertension and treatment of arterial hypertension with diuretics like furosemide, β -blockers like atenolol and others [13,14]. Using the ClinVar database which reports the relationships among human variations and phenotypes based on supporting evidence 13 variants in the analyzed exomes were identified as related to drug response (Table 3) [15].

Arylamine N-acetyltransferase 2 (NAT2) gene

High level of variation was identified in the *NAT2* gene. The gene codes for an Arylamine N-acetyltransferases (*NAT*) which are xenobiotic metabolizing enzymes. *NAT2* expression is found predominantly in the liver, small intestine and colon tissues and thus is regarded as a typical xenobiotic metabolizing enzyme, though basal *NAT2* mRNA levels can be found in most tissues [16,17]. Humans exhibit genetic polymorphism in *NAT2* resulting in rapid, intermediate and slow acetylator phenotypes. Over 65 *NAT2* variants possessing one or more SNPs in the 870-bp *NAT2* coding region have been reported. Of the seven most frequent SNPs rs1801279 (c.191G>A), rs1041983 (c. 282C>T), rs1801280 (c.341T>C), rs1799929 (c.481C>T), rs1799930 (c. 590G>A), rs1208 (c.803A>G) and rs1799931 (c.857G>A) we identified rs1801280, rs1208, rs1799930 and rs1799931 which allows the inference of acetylator status with over 92% accuracy [18].

rs1801280 (c. 341T>C) which is a signature SNP for $NAT2^{*5}$ allelic group which was shown in over 30 publications to confer a slow acetylation phenotype [19]. Based on the rs1801280 polymorphism the frequency of the $NAT2^{*5}$ allele in the Lithuanian population is 42.3% which is lower, but not significantly different from 1000 Genomes and ExAC datasets.

The rs1208 G allele is present in a range of allelic *NAT2* variants most notably *4 (wildtype) and *12 which are associated with rapid acetylator status, yet the rs1208 allele G is present in multiple *NAT2** alleles that confer different phenotypes, thus separately it does not provide sufficient information to attribute acelylator status to the subject and therefore coverage of the other SNPs in these alleles is required.

rs1799930 (c.590G>A, p.Arg197Gln) is the signature SNP for the NAT2*6 allelic group. *6A is a common allele, with a global frequency of 26%, ranging from 13% in Baka Pygmies, 22% in Koreans, 27% in US Caucasians, and 32% in Russians [20]. In the Lithuanian population the frequency of the A allele is found at a frequency of 22.4% which is significantly less frequent than in 1000 Genome and ExAC datasets of European descent (28.2% and 29% respectively).

The rs1799931 (c.857G>A, p.Gly286Glu) is the signature SNP for $NAT2^*7$ allelic group. *7A and *7B confer a slow acetylator phenotype but this may be dependent on substrate. This variant is often grouped with other variants that confer a slow acetylation phenotype. rs1799931 allele A is the only variant of the $NAT2^*7A$ allele, which should only be defined if other positions have been examined and confirmed to be wildtype by genotyping. The rs1799931 allele A is rare in Caucasian populations as represented by frequencies of 2.5% in the 1000 Genomes dataset and 2.5% in the ExAC dataset. The allele was identified significantly more often in the Lithuanian population at 6.1%.

None of the individually genotyped variants are sufficient to identify specific NAT2 alleles, yet their ability to predict allelic groups show that the prevalence of rare acetylator status in the Lithuanian

population is significantly less common than in other populations of European descent identified in the 1000 Genomes and ExAC datasets.

The cytochrome P450 superfamily genes

SNV rs28399504 (c.1A>G) in the *CYP2C19* gene the alternate G allele of which is strongly associated with decreased response to a popular antiplatelet agent Clopidogrel and is present in the *CYP2C19*4*, *CYP2C19*4*, *CYP2C19*4A*, *CYP2C19*4B* haplotypes was identified at a frequency 0.5% in the Lithuanian population which is higher than the frequencies reported in the 1000 Genomes and ExAC datasets (both at 0.1%) [21]. The A allele of the *CYP2C19* rs4244285 (c. 681G>A) SNV was less common in the Lithuanian population compared to the same datasets. The presence of this allele may decrease the possibility of treatment with Clopidogrel being ineffective, yet no statistical significance was achieved when comparing the allele frequency distributions [22].

The cytochrome P450 2D6 (CYP2D6) is an enzyme highly important for pharmacogenomics and is now thought to be involved in the metabolism of up to 25% of commonly used drugs [23]. CYP2D6 polymorphisms have implications across many different therapeutic areas, as a diverse array of clinically used drugs are metabolized by CYP2D6 including antiarrhythmics (Flecainide, Mexiletine, Propafenone) and beta-blockers (Carvedilol, Metoprolol, Timolol) [24]. Depending on the activity of the CYP2D6 enzyme subjects can be divided in order of highest functioning to lowest: ultrarapid metabolizers (UM), extensive metabolizers (EM), intermediate metabolizers (IM), and poor metabolizers (PM) [24]. In the literature *CYP2D6* allele frequencies are usually reported in terms of haplotypes. The separate variants interrogated in this study by themselves or in combination with each other are not sufficient for the identification of specific haplotypes as rs1135840 (c.1304G>C) C allele is present in over 50 different CYP2D6 haplotypes and rs16947 (c.T733C) in over 40, but as the variant T allele of the rs1065852 (c.100C>T) is present in both the non-functional CYP2D6*4 haplotype and the reduced function CYP2D6*10 haplotypes it is important to note that T allele is less common (14.3%) in the Lithuanian population compared to the reference datasets (1000Genomes and ExAC) used for this study (20.2% and 24.9% respectively).

CYP2C9 is a phase I drug-metabolizing cytochrome P450 (*CYP450*) enzyme that plays a major role in the oxidation of both xenobiotic and endogenous compounds. *CYP2C9 is* the enzyme responsible for the metabolism of the S-isomer of warfarin that is the key isoform responsible for the anticoagulant effect of the drug.

Patients with the poor metabolizer *2 (rs1799853. c.430C>T) and *3 (identified by rs1057910. c.1075A>C) haplotypes require lower doses of warfarin to achieve a similar anticoagulant as patients with at least one *1 (wild-type) haplotype [25,26]. *CYP2C9* genotype accounts for only part of the variability in Warfarin efficacy as *VKORC1* genotype as well as phenotypes including age and weight are also key factors in predicting the therapeutic dose for warfarin [27,28]. Both variants associated with the decreased *CYP2C9* activity phenotypes were identified in the study. rs1057910 C allele in the Lithuanian population was found at a lower frequency (5.1%) then in the chosen reference datasets – 1000 genomes (7.3%) and ExAC (6.9%), but statistical significance was not achieved (p>0.05) while the rs1799853 T allele significantly less common in the Lithuanian study group - 6.6% *vs.* 12.4% and 12.7% respectively (p values 0.017 and 0.011 respectively).

Genes important for drug pharmacodynamics

rs9934438 (g.1173C>T) is a SNP in the first intron of VKORC1 gene and is in near perfect linkage disequilibrium with rs9923231. rs9934438 was the first SNP associated with the low dose warfarin requirement [29]. Although it is considered to have no functional effect, rs9934438 is commonly used to infer rs9923231 genotype and haplotypes containing this variant. T allele is associated with response to a lower warfarin dose and as this allele is significantly common in the Lithuanian population (8.7%) compared to European descent subgroup of the 1000 Genomes dataset (the SNP was not identified in the ExAC dataset). It is thus reasonable to assume that it is likely that a patient from the Lithuanian population treated with warfarin will require a lower dose to achieve a therapeutic affect and are at a higher risk of adverse bleeding reactions when treated with regular warfarin dose than patients from other Caucasian populations especially considering the low frequency of the CYP2C9 *2 and *3 alleles in the Lithuanian population.

The rs1801253 (c.1165G>C, p.Gly389Arg) variant in the ADRB1 gene has been shown in multiple studies to be important for the treatment of hypertension, CHD and other CVDs [30]. The rs1801253 polymorphism is located in the cytoplasmic tail in the G-protein coupling domain [31]. In vitro studies of the c.1165G>C variant indicate that basal and agonist-simulated adenylyl cyclase activity is higher with the C allele present as a result of enhanced coupling to Gs [32]. Significant associations have been shown of the rs1801253 alleles and the efficacy of various drugs including β-blockers: carvedilol, metoprolol, Dobutamine, atenolol and others including ACE inhibitors and diuretics [33,34]. The C allele which is associated with decreased response to atenolol, carvedilol, diltiazem, metoprolol or verapamil is significantly less common in the Lithuanian population (10.2%) compared to 1000 Genomes and ExAC project European subsets (68.5% and 72.2% respectively, p<0,0001 in both cases) indicating that in the Lithuanian population a lack of response to treatment with a range β-blockers may be less likely than in other compared Caucasian populations [35].

Conclusion

Exome sequencing approach to testing the prevalence of pharmacogenomically relevant variants in a population proved effective as a range of different types of variants at varying frequencies was identified in the study group from the Lithuanian population. Using conservative quality control criteria to preserve specificity the applied method revealed over 300 exonic variants (13 indels and 300 SNVs) in the genes relevant for cardiovascular disease treatment. Every subject from the studied 98 individuals had at least 2 variants that could be relevant for CVD treatment. Given the number of different types of medications used to treat common CVDs like CHD the number of identified variants is significant. While a large number of exonic variants that were identified in the pharmacogenomically relevant genes in this study have not been previously associated with efficacy or ADRs caused by specific CVD drugs, the amino acid changes caused by the variants as well as protein function prediction (SIFT, PolyPhen) and conservation (PhyloP) scores indicate the potential relevance which should be investigated in further functional studies [36]. Furthermore, the used method provided sufficient coverage of intronic regions and UTRs to identify variants that were shown to affect the efficacy or ADRs caused by drugs used for CVD treatment thus further showing the utility of the approach.

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The in-depth analysis of both exome small indels and SNVs shows that several pharmacogenomically relevant variants are found in the Lithuanian population that distinguish it from other populations of European descent. Some of the identified variants in *NAT2, CYP2C9* and *VKORC1* genes in particular make a case for the move towards genetic testing in clinical practice as standard phenotype based drug dose attributions may not only fail to achieve a required therapeutic effect but cause adverse drug reactions.

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