Research Article

Association between Serum Levels of Nitric Oxide and Hydrogen Sulfide in Pre-eclampsia

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ABSTRACT

Background: Preeclampsia is a multisystem disorder that is characterized by hypertension and proteinuria in women with no history of hypertension and proteinuria. It is mainly caused due to an imbalance between the physiological vasoconstrictor and vasodilator molecules. Nitric oxide and hydrogen sulphide are well established vasodilatory endogenous gasotransmitters that exhibit reduced production from intrauterine tissues during preeclampsia.

Aims and objectives: The aim of the study was to determine the serum levels of nitric oxide and hydrogen sulfide in preeclampsia cases compared with age matched controls and to rule out, whether there is a significant relationship if any, between these two gasotransmitters in preeclampsia.

Materials and methods: Serum levels of NOx and H₂S were measured in 100 pregnant women with preeclampsia and the values were matched with controls.

Results: The mean serum NOx levels of preeclamptic patients was $45.88 \pm 17.72 \,\mu\text{mol/L}$ which were significantly lower (p<0.001) than those observed in control with a values of $161.09 \pm 27.46 \,\mu\text{mol/L}$. The mean serum H₂S level was $32.31 \pm 12.62 \,\mu\text{mol/L}$ in patients which was significantly lower (p<0.001) when compared to control where mean we observed $114.50 \pm 20.35 \,\mu\text{mol/L}$. A positive correlation exists between serum NOx and H₂S levels in preeclampsia (r=0.691, p<0.001).

Conclusion: The present study has elucidated that the serum levels of nitric oxide and hydrogen sulfide decrease in preeclampsia compared to normal pregnant women and these two molecules show a positive correlation in their levels in preeclampsia.

Keywords: Nirtic oxide; Hydrogen sulfide; Pre-eclampsia; Pregnant women

INTRODUCTION

Preeclampsia is a human pregnancy specific multisystem disease of unknown etiology that is defined by the onset of hypertension (BP \geq 140/90 mmHg) and newly detected proteinuria (\geq 300 mg in 24 hours urinary collection), at a period of \geq 20 weeks of gestation in a previously normotensive and non proteinuric women [1]. Preeclampsia is an important public health problem both in developing and developed countries contributing to maternal and fetal morbidity and mortality.

Preeclampsia occurs mainly due to the abnormal cytotrophoblastic invasion into the spiral arteries, uteroplacental hypoperfusion, an imbalance between increased synthesis of vasoconstrictors and decreased production of vasodilators, increased oxidative stress and endothelial dysfunction [2,3].

In normal pregnancy, nitric oxide (NO) is produced endogenously from Larginine and a molecule of oxygen by endothelial nitric oxide synthase (eNOS) in intrauterine tissues and it helps to maintain the vascular tone to increase uterine blood flow to ensure adequate delivery of oxygen and nutrients to the growing fetus [4]. Endothelium-dependent vasodilatation is mediated partly by NO and is also upregulated by the increased estrogen level in normal pregnancy [5].

Despite extensive research in this area, the role of nitric oxide in preeclampsia in dubious with respect to its variable plasma levels reported in various research studies.

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Hydrogen sulfide is a gasotransmitter that is produced endogenously in mammalian tissues from L-cysteine mainly by an enzymatic pathway with 3 enzymes: cystathionine beta synthetase (CBS), cystathionine gamma lyase (CSE) and 3-mercaptopyruvate sulfur transferase (3-MST) [6-8].

Non enzymatic production of H₂S occurs through glucose, glutathione, inorganic and organic polysulfides (present in garlic) and elemental sulfur.

In the past few years some studies have shown the expression of CBS and CSE enzymes in human intrauterine tissues and placenta [9,10] and have demonstrated that H₂S produced endogenously by these enzymes play a vital role in maintaining uterine contractility during pregnancy and labor [10]. In a report from recent study, it was observed that CBS mRNA expression was significantly down regulated in placental villous tissue obtained from pregnant mothers suffering from early onset preeclampsia [7]. Another study demonstrated that down regulation of CSE/H₂S activity contributed to the pathogenesis of maternal hypertension and placental abnormalities in preeclampsia [11].

The biochemical interactions of NO and H₂S is complicated and currently unclear. Some studies have reported NO and H₂S positively stimulate each other's production and function [12,13] whereas, other studies have demonstrated opposite findings [14,15]. H₂S and NO mediated vascular remodeling function occur through a common signaling pathway that includes VEGF, HIF-1α, PI3K/ AKT. PI3K/AKT induces the activity of eNOS and thus increases NO production. H₂S also has been reported to prevent eNOS degradation and induce eNOS phosphorylation with subsequent NO production via PI3K/Akt activity and p38 MAPK pathways. The role of NO as a potent vasodilatory gasotransmitter, through activation of soluble guanylate cyclase (sGC) and subsequent cGMP production is well documented. Similarly H₂S can exhibit vasodilatory effects indirectly by delaying cGMP degeneration through PDE5 (phosphodiesterase-5) inhibition [16]. Thus, NO and H₂S increase cGMP production that has downstream signaling effects of endothelial cell migration, proliferation and angiogenesis through PKG/Ras-Raf/ERK-p38 MAPK pathway [17]. A recent study by Kida et al. showed that NaHS, a H,S donor, increases NO production in cultured endothelial cells by inducing endothelial nitric oxide synthase [18]. In yet another research conducted by Coletta et al. established that hydrogen sulphide and nitric oxide are mutually dependent in their role in regulation of angiogenesis and endothelium dependent vasorelaxation [19].

Thus, this study was aimed to determine the levels of nitric oxide and hydrogen sulfide in preeclampsia cases and compare them with normal pregnant women. The study was designed to elucidate if any correlation exists between these two gasotransmitters that might contribute to the pathogenesis of preeclampsia.

MATERIALS AND METHODS

This is a non-interventional, observational, cross-sectional hospital based study, conducted in the Department of Biochemistry and Obstetrics and Gynecology, I.P.G.M.E&R, Kolkata, India.

The Inclusion criteria of the subjects included diagnosed preeclampsia that is, those presenting with blood pressure $\geq 140/90$ mm Hg and proteinuria ≥ 300 mg/24 hours or protein creatinine ratio ≥ 0.3 , appearing after 20 weeks of gestation up to 12 weeks postpartum. A total of 100 pregnant women with were included

as cases based on these inclusion criteria. One hundred normal healthy pregnant women after 20 weeks of gestation were included as controls.

The Exclusion criteria of the study were pregnant women with previously diagnosed hypertension before conception or before 20 weeks of gestation and pregnancy with gestational diabetes mellitus and other complications like cardiovascular, neurological, autoimmune disorders or malignancy were excluded from the study.

Fasting blood samples were collected from cases and controls under aseptic conditions after obtaining informed consent.

Ethical clearance and approval

All tests and procedures performed in this study involving human subjects were in accordance with the ethical standards of the institutional and national research committee and with the 1975 revised Helsinki declaration and its later amendments and other comparable ethical standards.

Laboratory analysis

The collected blood samples were centrifuged at 3500 rpm for 30 minutes to obtain the serum. The serum and urine samples were stored at -20 degrees Centigrade for further analysis.

Nitric oxide in serum was measured as NOx (nitrates plus nitrites) as NO_2 and NO_3 represent the end products of NO oxidation in blood and NOx measurement reflects the systemic NO production. The nitrite levels were measured by Griess reaction and the nitrate was measured after reduction with cadmium catalyst to nitrite, followed by Griess reaction.

Serum levels of $\rm H_2S$ were estimated by a spectrophotometric method that involved the reaction of sulfide with N,N-dimethyl-p-phenylenediamine sulfate in the presence of oxidizing agent Fe³⁺ in hydrochloric acid to form methylene blue whose absorbance was read at 670 nm.

Statistical analysis

The data analysis of this study is done by the statistical software Minitab Version-2018. All the data are expressed in mean ± SD. Comparison of data is done by unpaired Student's t- test and Pearson's correlation. The p-value <0.05 was considered as statistically significant.

RESULTS

The clinical and biochemical variables of the study subjects are depicted in Table 1.

The mean serum NOx levels of preeclamptic patients is 45.88 \pm 17.72 μ mol/L which is significantly lower (p<0.001) when compared with controls is 161.09 \pm 27.46 μ mol/L as shown in Figure 1.

The mean serum H_2S level is $32.31 \pm 12.62 \ \mu mol/L$ in patients while it is significantly lower (p<0.001) when compared with controls where mean was $114.50 \pm 20.35 \ \mu mol/L$ as shown in Figure 2.

The scatter diagrams plotted between serum H_2S and serum NOx levels in preeclampsia cases in Figure 3, shows a positive correlation. The Pearson's correlation coefficient r is 0.691 and the results are statistically significant with a p-value <0.001.

Table 1: The clinical and biochemical parameters of the study subjects.

24.52 ± 3.54 160.2 ± 6.42 72.07 ± 8.28 123.48 ± 7.88	0.166 (NS) 0.683 (NS) <0.001* <0.001*
72.07 ± 8.28	<0.001*
123.48 ± 7.88	<0.001*
	\0.001
78.86 ± 5.32	<0.001*
114.50 ± 20.35	<0.001*
161.09 ± 27.46	<0.001*
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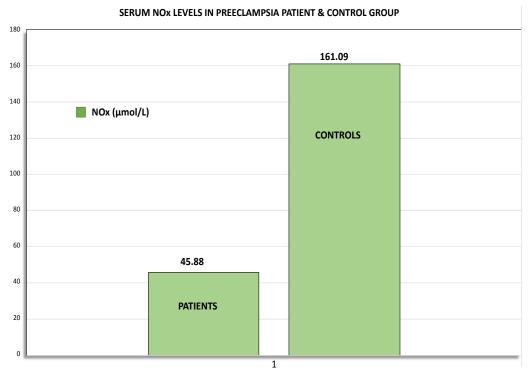


Figure 1: Comparison of serum NOx levels in cases and controls.

SERUM H₂S LEVEL IN PREECLAMPSIA PATIENT AND CONTROL GROUP

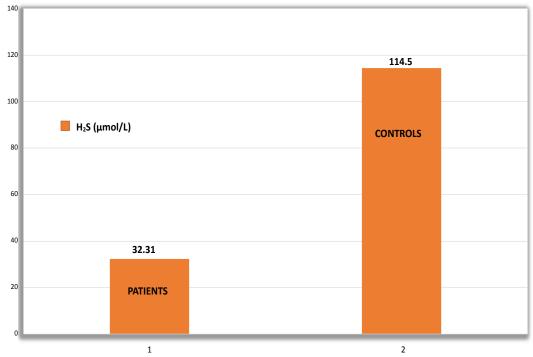


Figure 2: Comparison of serum H_2S levels in cases and controls.

In Figure 4, a scatter diagram plotted between serum H_2S and serum NOx levels in controls, also shows a positive correlation with Pearson's correlation coefficient of 0.718 and the result is statistically significant with a p-value <0.001.

This implicates that there is a fall in serum nitric oxide levels, there is a simultaneous reduction in serum hydrogen sulphide levels and there exists a negative correlation between the levels of these two gasotransmitters and the blood pressure, in both cases and controls.

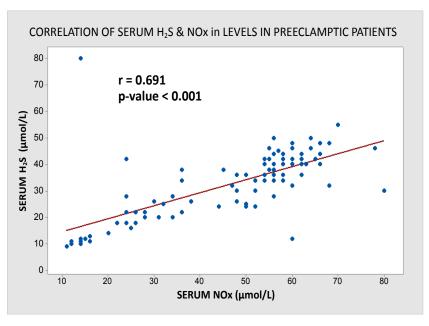
DISCUSSION

Preeclampsia is a human pregnancy specific disorder that is chiefly manifested as hypertension whose main cause is an imbalance between the vasodilators and vasoconstrictors in the circulation. There is a deficient synthesis of vasodilatory molecules like nitric oxide [20] and prostacyclin (PGI,) [20,21]. On the other hand,

there is increased production of vasoconstrictor molecules like endothelin 1, thromboxane A_2 , IL-6, angiotensin-II, TNF- α and other cytokines from the vascular endothelial cells and activated leucocytes [21-23]. The final response to all these stimuli is endothelial dysfunction and vasospasm and elevation of arterial blood pressure.

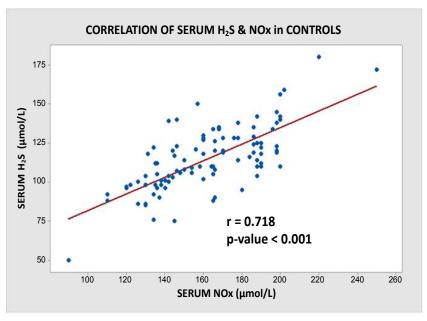
Hydrogen sulphide and nitric oxide have been established as the two important vasodilatory gasotransmitters present in the circulation of all human beings.

Previous studies had shown that H₂S producing enzyme, cystathionine-Y-lyase, normally produced from the placenta, had depressed activity in pregnancies complicated with hypertension and placental abnormalities and this in turn resulted in decreased H₂S levels in the peripheral circulation (11). The endothelium derived NO produced by eNOS has been found to play an



Pearson's Correlation done.p-value<0.05 considered significant.

Figure 3: Correlation between serum levels of NOx and H₂S in cases.



Pearson's Correlation done.p-value<0.05 considered significant.

Figure 4: Correlation between serum levels of NOx and H₂S in controls.

important role in the maintenance of vascular tone in preeclampsia and hypertension [24]. In previous studies the eNOS-derived NO was seen to maintain the circulatory homeostasis through vascular smooth muscle relaxation for increased uterine blood flow [25] and uterine myometrial quiescence [26]. Some studies reported that the plasma levels of nitric oxide were found to decrease in pre-eclampsia. Still the role of NO in preeclampsia is not clear as studies have also reported the high levels of NO in preeclampsia as a marker of oxidative stress [27].

Reports from the recent studies have linked with both NO and H₂S working as a common signaling pathway in a cohesive manner and synergistically maintain the normal vascular tone [17].

Still there exists a significant amount of uncertainty regarding the biochemical interactions of NO and H₂S and their subsequent physiological effects. Some studies have shown that NO and H₂S positively stimulate each other's production and function [12,13] whereas, other studies have demonstrated opposite findings [14,15].

Some experimental evidence suggests that nitric oxide (NO) and hydrogen sulfide (H₂S) signaling pathways are closely interlinked, with mutual attenuation or potentiation of biological responses in the cardiovascular and other physiological systems.

Studies demonstrate a common signaling pathway exist where NO-H₂S crosstalk mediates their effects on vascular functions such as vasodilation, vascular remodeling and angiogenesis [13,28,29].

In 2015, Cortess-Krott et al. performed an experimental study and found that at physiological pH, NO and sulfide form a network of cascading chemical reactions that generate radical intermediates and anionic and uncharged solutes, resulting in accumulation of three major products: nitrosopersulfide (SSNO), polysulfides, and dinitrososulfite [N-nitrosohydroxylamineN-sulfonate (SULFI/NO)], each with a distinct chemical biology and in vitro and in vivo bioactivity [30]. These anionic products scavenge, transport, and produce NO/HNO or sulfide/sulfane sulfur. These observations provided a chemical foundation for the cross-talk between the NO and H₂S signaling pathways in biology and suggested that the biological actions of these molecules can be neither considered nor studied in isolation.

 $\rm H_2S$ and NO mediated vascular remodeling function occur through a common pathway that includes VEGF, HIF-1 α , PI3K/AKT induces the activity of eNOS and thus increases NO production. $\rm H_2S$ also has been reported to prevent eNOS degradation and induce eNOS phosphorylation with subsequent NO production via PI3K/Akt activity and p38 MAPK pathways.

H₂S therapy is beneficial for ischemic vascular remodeling in eNOS^{-/-} mice where hydrogen sulphide stimulates non-enzymatic generation of nitric oxide via xanthine oxidase (XO) mediated nitrite reduction that increases tissue VEGF, cGMP production and angiogenesis activity under ischemic conditions [28].

The role of NO as a potent vasodilatory gasotransmitter, through activation of soluble guanylate cyclase (sGC) and subsequent cGMP production, is well established. Similarly H₂S can exhibit vasodilatory effects indirectly by delaying cGMP degeneration through PDE5 (phosphodiesterase-5) inhibition [16].

Studies with knockout mice with deletion of NOS or CSE further prove the vasodilatory roles of NO/H,S signaling pathway [31,32].

A recent study by Kida et al. showed that NaHS, a H₂S donor,

increases NO production in cultured endothelial cells by inducing endothelial nitric oxide synthase. NaHS was found to increase the intracellular calcium concentration. This effect of NaHS was inhibited in the presence of calcium chelators. This study thus established that H₂S acts directly on the endothelial cells and stimulates NO production by activating eNOS and by releasing intracellular calcium in the endoplasmic reticulum, it eventually causes vasodilatation [18].

In a research conducted by Coletta et al. it was found that hydrogen sulphide and nitric oxide are mutually dependent in their role in regulation of angiogenesis and endothelium dependent vasorelaxation. It was found that inhibition of eNOS activity by chemical mediators, attenuated the vasodilatory effect of hydrogen sulphide, which proved that NO has some role in H₂S signaling pathway. Conversely, the chemical inhibition of H₂S producing enzyme cystathionine gamma lyase (CSE), inhibited NO mediated vasodilation and angiogenesis [19]. Thus this experimental study illustrated that NO and H₂S significantly influence each other's biological action by some common signaling pathway.

But further studies are required to fill this lacuna in understanding the complex interrelationship between the biological actions of these two endogenous gasotransmitters. This will definitely help to elucidate the significant potential of their interaction in various physiological and pathological processes.

CONCLUSION

The present study elucidates a significant reduction in the bioavailability of both these gasotransmitters, NOx and $\rm H_2S$ in preeclampsia compared to normal pregnant women. This study also for the first time reveals a positive correlation between these two endogenously produced vasodilator molecules, NOx and $\rm H_2S$ in preeclampsia.

This implies that these two vasodilatory molecules, NO and H_2S in the circulation work in harmony with each other with the aim to maintain the normal vascular tone. Thus, it may be deduced that the decreased synthesis of both H_2S and NO from the intrauterine tissues in preeclampsia resulted in an imbalance that goes beyond the control of compensation and thus results in vasoconstriction and a rise in blood pressure.

Till today the only known most effective treatment of preeclampsia has been delivery to prevent further fetal and maternal complications because the placenta has been presumed to be the main factor responsible for the pathogenesis of this disorder.

The present study results showing the alterations in nitric oxide and hydrogen sulphide levels in pregnancy and preeclampsia, can be used as a base to research further into the treatment options for preeclampsia.

Hence, various therapy options which increase the levels of these two molecules in circulation like NO and H₂S donors can be of potential use in early prevention and treatment of this disorder of pregnancy.

But a further large-scale study in future in this direction may help to establish the preventive and curative roles of nitric oxide and hydrogen sulfide in preeclampsia.

LIMITATIONS OF THE STUDY

The sample size of the study is small and latest analytical methods should be incorporated for the measurement of NOx and H₂S.

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