



## The Importance of Emotional Support in Neonatal Nursing

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### DESCRIPTION

Neonatal nursing is a specialized field of nursing that focuses on caring for newborn infants, especially those who are born prematurely, have birth defects, or are critically ill. Neonatal nurses are highly trained professionals who work in Neonatal Intensive Care Units (NICUs) and other specialized settings to provide specialized care for these fragile infants. In this essay, we will discuss the role of neonatal nurses, the skills and qualifications required for this career, and the challenges and rewards of working in this field.

The role of neonatal nurses is to provide comprehensive care to newborn infants, especially those who require specialized medical attention. Neonatal nurses work in a variety of settings, including NICUs, hospitals, birthing centers, and home health agencies. They may work with a team of healthcare professionals, including physicians, respiratory therapists, and social workers, to provide care to newborns and their families.

Neonatal nurses are responsible for assessing the health status of newborn infants, monitoring vital signs, administering medications, providing nutrition, and addressing any medical issues that arise. They may also educate parents and family members about caring for their newborns, provide emotional support, and coordinate follow-up care after discharge.

Neonatal nursing is a highly specialized field that requires extensive knowledge and skills in neonatal care. Neonatal nurses must have a strong understanding of the physiology and pathophysiology of neonatal development, as well as the medical and surgical interventions used to treat neonatal conditions.

In addition to their medical knowledge, neonatal nurses must also possess strong communication, organizational, and critical thinking skills. They must be able to work effectively with a team of healthcare professionals, collaborate with families, and provide emotional support to parents and newborns.

To become a neonatal nurse, individuals must first become a

Registered Nurse (RN) by completing a nursing program and passing the NCLEX-RN exam. After gaining experience in general nursing, individuals may pursue additional training and certification in neonatal nursing through organizations such as the National Certification Corporation (NCC).

Working in neonatal nursing can be both challenging and rewarding. Neonatal nurses must be prepared to work long hours, often in high-stress environments. They must be able to handle difficult situations, such as medical emergencies, with calmness and confidence.

Despite the challenges, many neonatal nurses find their work to be incredibly rewarding. They have the opportunity to make a significant impact on the lives of newborn infants and their families. Neonatal nurses often develop close relationships with parents and families, providing emotional support and guidance during a difficult time.

Neonatal nursing is a specialized field of nursing that requires extensive knowledge, skills, and compassion. Neonatal nurses play a critical role in caring for newborn infants, especially those who are born prematurely or have medical complications. While the work can be challenging, many neonatal nurses find it to be incredibly rewarding, providing them with the opportunity to make a difference in the lives of newborns and their families.

Overall, neonatal nursing is a highly specialized and rewarding field of nursing that requires a unique combination of medical knowledge, technical skills, and emotional intelligence. Neonatal nurses provide critical care and support to newborn infants and their families, helping them navigate the challenges of medical complications and long hospital stays. While the work can be demanding, the rewards of helping vulnerable infants grow and thrive can be immeasurable. If they are passionate about caring for infants and have the skills and dedication required for this challenging and rewarding career, neonatal nursing may be an excellent choice for them.

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