

# Diagnosis and its Treatment of Cardiomyopathy

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# DESCRIPTION

The term cardiomyopathy refers to a group of heart muscle conditions that interfere with the heart's capability to pump blood. Different types of cardiomyopathies affect the heart in different ways. Depending on the type, the condition may cause your heart muscle to weaken, enlarge, thicken, or stiffen. Some cardiomyopathies known as inherited cardiomyopathies run in families, which mean they're caused by a difference in inheritable makeup that can be passed down from parents to their children Types of cardiomyopathy include hypertrophic [1,2].cardiomyopathy, dilated cardiomyopathy, cardiomyopathy. In hypertrophic cardiomyopathy the heart muscle enlarges and thickens. In dilated cardiomyopathy the ventricles enlarge and weaken. In restrictive cardiomyopathy the ventricle stiffens. In numerous cases, the cause cannot be determined. Hypertrophic cardiomyopathy is generally inherited, whereas dilated cardiomyopathy is inherited in about one third of cases. Dilated cardiomyopathy may also affect from alcohol, heavy essence, cocaine use, and viral infections [2,3]. Restrictive cardiomyopathy may caused by amyloidosis, hemochromatosis, and some cancer treatments. Broken heart pattern is caused by extreme emotional or physical stress. Symptoms of cardiomyopathies may include fatigue, swelling of the lower extremities and briefness of breath after exertion. Fresh symptoms of the condition may include arrhythmia, fainting, and dizziness. Cardiomyopathies are moreover confined to the heart or are part of a generalized systemic complaint, both frequently leading to cardiovascular death or progressive heart failurerelated disability.

### Cardiac catheterization

Cardiac catheterization after placing a needle in a wrist, neck, or groin, specialists thread a narrow tube called a catheter through vessels toward your heart. During cardiac catheterization, we may take X-rays after fitting discrepancy dye, a test called a coronary angiogram. During this type of test, we can also more precisely

measure the pressure in different corridor of your heart and lungs to develop a further personalized plan [4,5].

# Computed tomography

Computed Tomography (CT) coronary angiogram this innovative test provides another option for examining coronary arteries. Rather of incontinently performing a conventional angiogram to look for blockages or narrowing, we produce a 3-D image of your arteries. However, you may not need a cardiac catheterization, if the arteries are clear. We use the rearmost scanners for CT coronary angiograms, with accurate results and low radiation exposure.

#### Cardiac magnetic resonance imaging

Attractions, radio swells, and a computer produce highresolution still and moving images of the heart and its blood vessels. We can see heart stopcock abnormalities and heart muscle damage with cardiac MRI.

### Echocardiogram

Echocardiogram Ultrasound creates a moving picture of your heart. We use echocardiograms to know the size, shape, and function of your heart. We can assess how blood moves through the chambers and faucets of your heart. An echo is generally performed by gliding the ultrasound inquiry over your chest. This type of echo is called a Transthoracic Echocardiogram.

### Electrocardiogram

Electrocardiogram is used to to record the heart's electrical impulses, to look for irregular heart measures or subtle changes to the electrical conduction.

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A stress Stress Electrocardiogram test checks your heart meter with an electrocardiogram while you exercise on a routine or stationary bike. It can assess for coronary artery disease or abnormal measures of the heart.

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