

Commentary

Nutritional Challenges with Down's Syndrome

Limei Zhang*

Department of Food Technology, Addis Ababa Science and Technology University, Addis Ababa, Ethiopia

ABOUT THE STUDY

Patients with Down syndrome suffer from such gastrointestinal and metabolic complications that affect prolongation of survival, which may be due to the malnutrition system. To reduce risk factors for death, this paper is a socio-economic, clinical, physical, biophysiological, biochemical that may be affected by the type of food system, toxicity, and ecological footprint. The focus is on assessing the characteristics.

Patients were trisomy 21 men diagnosed by karyotype and evaluated by laboratory. Clinical observations, medical interventions, and oral disorders associated with DS have been defined and oral treatment is being considered. Samples collected from various biofluids. A physicochemical analysis of the biomatrix sample was performed and these properties were compared to findings from healthy men and age-matched controls. In particular, trace elements that may be derived from environmental resources have been investigated in saliva, blood, urine and hair.

The most popular foods consumed by DS participants, such as bread, milk, eggs, chicken, calves, canned tuna, canned sardines, and other canned foods such as dice tomatoes, soups, and potatoes. Micronutrients and macronutrient compositions squash and fruits are analyzed using those tested and processed by the professional software Nutrilog (Marans, France). Next, a statistical correlation between the mineral composition in the biosample and the food was defined. None of the patients were involved in setting up study questions or result measurements, nor were they involved in study design or planning of implementation. No patient was asked for advice on interpreting or writing down the results. And now there are no plans to disseminate the results of the study to study participants or the relevant patient community.

Preliminary biochemical analysis (6 months prior to the start of ongoing work) showed good absorption of biochemical components in tablets and capsules. However, no clinical or biochemical adverse effects have been identified. Traditional dietary supplements do not enhance certain skills that contribute to overall global intelligence. Therefore, the design of the current experiment in this study avoided thyroid drugs. Current results provide the current standard of developmental results expected for children with DS from a biophysical chemistry perspective. Genetically sensitive interventions are affected by susceptibility to genetic factors and toxins. Down syndrome is encouraged to lead a green hip star life. Doctors are also advised to order a physicochemical analysis to detect this particular intervention early.

In fact, some DS patients had malabsorption of vitamins and / or minerals. There may be coenzyme methods to stop the increase in so many biochemicals found in these children. Nonetheless, nutrients were introduced in perfect form for digestion and absorption, but at the same time their consumed diet was at the right level of nutrients and contained simple CH and dairy products. Uncontrolled dietary restrictions can disrupt DS growth and bone health, leading to malnutrition and failure to thrive. Environmental factors such as heavy metal toxicity have played an important role through their interaction with genes. There may be ways to protect these children by actively altering their immune system. In addition, it is highly recommended to improve the medical, functional, nutritional system and environmental conditions of DS patients to ensure a better life that can prolong their old age.

Correspondence to: Limei Zhang, Department of Food Technology, Addis Ababa Science and Technology University, Addis Ababa, Ethiopia, E-mail: tysuf@aastu.edu

Received: 02-Jan- 2022, Manuscript No. JNDT-22-14757; Editor assigned: 05-Jan-2022, PreQC No. JNDT-22-14757 (PQ); Reviewed: 19-Jan-2022, QC No JNDT-22-14757; Revised: 26-Jan-2022, Manuscript No. JNDT-22-14757(R); Published: 31-Jan-2022, DOI: 10.35248/2161-0509.22.12.166

Citation: Zhang L (2022) Nutritional Challenges with Down's Syndrome. J Nutr Disorders Ther. 12:166.

Copyright: © 2022 Zhang L. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.