

Various clinical presentations of endometriosis and its outcome

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Abstract

Introduction: Endometriosis is an enigmatic disease that may go undiagnosed for years, it commonly associated with significant morbidity and reduction in quality of life among reproductive age females(10%). It is defined as the presence of endometrial like tissue (glands /stroma) outside the uterus.It affects 20-50% of women with infertility and 60% with chronic pelvic pain. Hence the present study was undertaken to study various presentation of endometriosis and its outcomes.

Aims: 1.To studies the various clinical presentations of endometriosis and its outcomes.

Method: A Retrospective Observational study carried out at ESIC-PGIMSR, RAJAJINAGAR, BENGALURU, in the Department of Obstetrics and Gynecology, (JAN 2018 DEC 2020). The patients who were diagnosed to have endometriosis preoperatively, intraoperatively and postoperatively were included in the study. Demographic profile, risk factors, preoperative, intraoperative and postoperative events were recorded.

Results: Among 40 women with endometriosis, Median age was 26years. Clinical presentation include, Heavy menstrual bleeding(30%), Pain abdomen(60%), Infertility(20%), Scar endometriosis(17.5%), Hemoptysis(2.5%).Procedure include, Total hysterectomy(32.5%), Laparotomy and cystectomy(30%), Cyst aspiration(5%), Conservative management(15%).

Conclusion: Endometriosis can have a divesting effect on quality of life due to its very painful symptoms, with no absolute cure and high recurrence rate; it is the biggest cause of infertility in women. Timely diagnosis and effective treatment requires multidisciplinary approach to restore quality of life and to improve fertility.

Biography

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