

## Thrombotic and bleeding risks: How best to balance in real world

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### Abstract

Antithrombotic therapy has revolutionized the medical management of patients. Over the past 20 years, the development of new antithrombotic medications and strategies has reduced ischemic events very significantly. With every approach to reduce thrombosis, however, there is an accompanying risk of increasing bleeding complications. Conversely, reducing bleeding complications may increase thrombotic (ischemic) events. Due to increasing number of elderly population, prevalence of thrombosis related complications and bleeding associated with anti-thrombotic treatment is constantly rising. There are various tools to assess thrombotic risk but assessment of bleeding risk is often ignored. Thrombosis and bleeding, both increase morbidity and mortality. Balancing both ends of the spectrum is essential, and an individualized approach to therapy is advocated. The author will present various strategies to balance the thrombotic and bleeding risk assessment and management. This presentation will be of interest to Physicians, Cardiologists, Hematologists, Surgeons, Anesthetists and nurses.



### Biography:

Dr Syed Raza graduated from Aligarh University in India in 1993. After completing his postgraduate degree in Medicine from the same university, he moved to the UK for higher specialist studies. He successfully completed MRCP and CCT and later also awarded Fellow of the Royal College of Physicians of Edinburgh. He was awarded professor John Goodwin prize for outstanding performance in Diploma Cardiology exam at Hammersmith Hospital, University of London in 2001. Dr Raza is Fellow of American College of Cardiology, Fellow of European Society of Cardiology and Fellow of European Society of Cardiovascular Imaging.

He is also on the committee of Acute Cardiovascular Care, Heart Failure and Cardiovascular Imaging (European Society of Cardiology) He is Review author for abstracts for European Society of Cardiology for the past three years. Obtained Diploma certificate in Medical Education from University of Cardiff, Wales in 2015. Consultant cardiologist and Head of the department of Medicine at Awali Hospital, Bahrain. He is the regional educational coordinator and examiner for MRCP (PACES) exam for the Royal College of Physicians of Edinburgh. Certified Educational and Clinical supervisor, NHS-UK. He has to his credit numerous publications and he has presented his scientific work in different parts of the world. He is peer review author for some well-respected International journals. He is American Board certified in Medical Quality and is involved in patient safety and quality improvement assignments during his current and previous jobs. He participates in key decision making for quality improvement. His special interests are Cardiovascular Imaging, Heart Failure and Acute Cardiovascular Care.

### Speaker Publications:

1. "Kidney transplantation in low weight pediatric recipients from adult donors: The short- And the long-term outcomes"

[2<sup>nd</sup> Annual Conference on Vascular Medicine](#): Webinar, September 18-19, 2020

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