

Three Levels of Quality Addictions Treatment through Telehealth Model

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Abstract

Opioid prescriptions and addiction have made headlines across the world for almost a decade. As policy makers, hospitals, physicians, prisons, pharmaceuticals, etc. dedicate efforts to reduce the death tolls, conduct opioid education, and create new medications to treat pain, there are still many barriers to accessing quality addictions treatment. One of the leading barriers to treatment is transportation and access to quality care. With the increase in telehealth and telemedicine models of care, it was pertinent that addiction medicine joins telehealth on the proper evidence-based platform. With the patent pending telehealth evidence-based addictions model; the platform offers three levels of care (Outpatient, Intensive Outpatient, and Partial Hospitalization), individual, group, and recovery sessions, in-home services, 24/7 treatment access, and medication assisted treatment.

This is the first documented telehealth model of addictions treatment. The telehealth model meets some of the most restrictive state regulations, confidentiality requirements, highly trained/qualified clinicians, and documentation for addictions treatment.

Speaker Publications:

1. M. Mason, B. Ola, N. Zaharakis, and J. Zhang, "Text messaging interventions for adolescent and young adult substance use: a meta-analysis," *Prevention Science*, vol. 16, no. 2, pp. 181–188, 2015.
2. S. L. Sclove, "Application of model-selection criteria to some problems in multivariate analysis," *Psychometrika*, vol. 52, no. 3, pp. 333–343, 1987.
3. Baca, C.T., Alverson, D.C., Manuel, J.K., & Blackwell, G.L. (2007). Telecounseling in rural areas for alcohol problems. *Alcoholism Treatment Quarterly*, 25(4), 31–45.

[9th World congress on Addictive Disorders & Addiction Therapy](#); Webinar-September 21-22, 2020.

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Biography:

E. Renea Snyder, MS, ICAADC, CCTP, CCFAS, CCFC, is a National Trainer for Seeking Safety, Trauma Informed Systems of Care, and SMART Recovery. Renea leads a National Consulting Team with experts in Criminal Justice, Addiction, Trauma, Policy Reform, and Medication Assisted Treatment. Renea leads the addiction field in Pennsylvania with her progressive treatment practices and commitment for patient advocacy. Renea developed the first recovery model for correctional settings and received international recognition in 2015. Renea still conducts forensic evaluations, case consultations, and trauma/addiction therapy upon special request.