



The Role of Ethics in Ensuring Justice within Forensic Psychology

Thalia Goldstein*

Department of Psychology, George Mason University, Fairfax, United States of America

DESCRIPTION

Ethics in forensic practice forms the foundation of professionalism, credibility, and justice within the field of forensic psychology. Since forensic psychologists operate at the intersection of psychology and law, they face unique ethical challenges that demand high standards of integrity, objectivity, and responsibility. Their work influences legal decisions, affects the lives of individuals, and contributes to the fairness of judicial outcomes. Therefore, maintaining ethical conduct is not only a professional obligation but also a moral duty to ensure that psychological expertise serves justice without bias or harm.

One of the core principles guiding forensic psychologists is objectivity. Unlike clinical psychologists who advocate for clients' well-being, forensic psychologists must remain neutral and impartial. They provide evaluations and expert opinions based on evidence, not personal beliefs or emotional involvement. Maintaining neutrality can be challenging, especially when working with sensitive cases involving violence, trauma, or criminal behavior. Nevertheless, ethical practice requires the psychologist to rely on scientific evidence, standardized assessments, and sound reasoning, ensuring that their conclusions withstand legal scrutiny.

Confidentiality represents another important ethical responsibility. Forensic psychologists often handle sensitive personal information about defendants, victims, or witnesses. However, confidentiality in forensic settings differs from clinical contexts. Because findings are typically shared with the court or legal authorities, psychologists must clearly inform individuals about the limits of confidentiality before conducting evaluations. Transparency about how information will be used protects both the individual's rights and the integrity of the legal process.

A related ethical issue is informed consent. Individuals participating in forensic assessments must understand the nature, purpose, and potential consequences of the evaluation. In some cases, participation is court-ordered, which limits the voluntary aspect of consent. Even then, forensic psychologists must ensure that participants are aware of their rights, the scope

of the evaluation, and how results may influence legal outcomes. This ethical obligation safeguards autonomy and fairness within the justice system.

Competence is another cornerstone of ethical forensic practice. Psychologists must operate within their areas of expertise, using scientifically validated methods and remaining up to date with current research, laws, and professional standards. Lack of competence can lead to flawed assessments, misinterpretation of data, and unjust outcomes. Ethical forensic psychologists engage in continuous education, peer review, and supervision to ensure accuracy and reliability in their work.

Dual relationships and conflicts of interest pose additional ethical challenges. A dual relationship occurs when a psychologist has multiple roles with the same individual—for instance, serving as both therapist and evaluator. Such situations can impair objectivity and create ethical dilemmas. To prevent bias, forensic psychologists must avoid relationships that could compromise neutrality, and disclose any potential conflicts to all relevant parties.

Ethical dilemmas may also arise in report writing and testimony. Psychologists must ensure that their reports are clear, evidence-based, and free from exaggeration or omission. When testifying in court, they must communicate findings honestly, without advocacy for either side. Their role is to assist the court in understanding psychological evidence, not to influence verdicts. Upholding accuracy and truthfulness under oath reflects the essence of ethical forensic practice.

Cultural competence has become increasingly important in forensic psychology. Ethical practice demands sensitivity to cultural, social, and linguistic differences that may affect assessments and interpretations. Psychologists must avoid bias based on race, gender, religion, or socioeconomic background, ensuring fairness and respect for diversity in all evaluations.

In conclusion, ethics in forensic practice serve as the moral compass that guides psychologists in balancing the demands of science, law, and human rights. By adhering to ethical standards objectivity, confidentiality, competence, and respect for

Correspondence to: Thalia Goldstein, Department of Psychology, George Mason University, Fairfax, United States of America, E-mail: thalia@goldstein.edu

Received: 31-May-2025, Manuscript No. JFPY-25-30320; **Editor Assigned:** 02-Jun-2025, PreQC No. JFPY-25-30320 (PQ); **Reviewed:** 16-Jun-2025, QC No. JFPY-25-30320; **Revised:** 23-Jun-2025, Manuscript No. JFPY-25-30320 (R); **Published:** 30-Jun-2025, DOI: [10.35248/2475-319X.25.10.379](https://doi.org/10.35248/2475-319X.25.10.379)

Citation: Goldstein T (2025). The Role of Ethics in Ensuring Justice within Forensic Psychology. *J Foren Psy*. 10:379.

Copyright: © 2025 Goldstein T. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

individuals forensic psychologists uphold the integrity of both their profession and the justice system. In a field where decisions can profoundly impact lives, ethical vigilance remains

essential to promoting justice, accountability, and human dignity.