



Rethinking Aquatic Nutrition: Expanding the Role of Alternative Protein Feeds in Modern Aquaculture

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DESCRIPTION

Aquaculture has expanded rapidly in response to rising global demand for seafood, yet this growth has brought persistent pressure on traditional feed ingredients, especially fishmeal and fish oil derived from wild fisheries. These conventional inputs are limited in supply and subject to price fluctuations, which creates both economic and environmental concerns. As a result, researchers and producers are increasingly exploring alternative protein feeds that can sustain productivity while reducing dependence on marine resources. This shift is not simply a matter of substitution but involves a broad re-evaluation of nutritional science, ingredient sourcing, and farming practices. Microbial protein represents another promising category. Single-cell proteins derived from bacteria, yeast, and algae can be produced through controlled fermentation processes. These proteins often have consistent quality and can be manufactured independently of seasonal and geographic constraints. Algae, in particular, offer additional benefits because they can supply essential fatty acids that are typically obtained from fish oil. Advances in biotechnology have enabled the cultivation of microalgae at scale, making them a more practical option for commercial feed production. Their inclusion in aquafeed not only supports nutritional requirements but also contributes to reducing reliance on marine-derived ingredients. The use of agricultural by-products is also being reconsidered. Materials such as distillers dried grains, oilseed cakes, and crop residues can serve as supplementary protein sources when processed appropriately. Utilizing these by-products can lower feed costs and reduce waste across agricultural systems. However, variability in composition and the presence of contaminants require careful quality control. Standardization and improved processing methods are necessary to ensure that these ingredients meet the nutritional needs of aquatic species. Animal by-products, including poultry by-product meal and blood meal, have been reintroduced in some regions under strict safety regulations. These materials provide high-quality protein and are often rich in essential amino acids. When sourced and processed under hygienic conditions, they can serve as effective replacements for fishmeal. Their use also supports the concept of full resource utilization within livestock industries.

Public perception and regulatory frameworks continue to influence their acceptance, but scientific evaluations have generally supported their nutritional value. A critical factor in adopting alternative protein feeds is understanding species-specific dietary requirements. Carnivorous fish, such as salmon, have higher protein and lipid demands compared to omnivorous species like carp or tilapia. Therefore, the extent to which fishmeal can be replaced varies significantly. Nutritionists must balance amino acid profiles, energy content, and digestibility to ensure optimal growth. Supplementation with amino acids such as lysine and methionine is often necessary when plant or microbial proteins are used extensively. Feed formulation is increasingly supported by digital tools and data-driven approaches. Advanced modeling allows researchers to predict the outcomes of different ingredient combinations, optimizing diets for both performance and cost efficiency. These tools can integrate factors such as ingredient availability, nutrient composition, and environmental impact, enabling more informed decision-making. As aquaculture continues to modernize, such technologies are becoming integral to feed development. Environmental considerations are central to the adoption of alternative proteins. Reducing dependence on fishmeal helps alleviate pressure on wild fish stocks, contributing to marine conservation. Additionally, many alternative ingredients have lower carbon footprints compared to traditional feeds. For example, insect farming requires less land and water than conventional livestock production. Microbial protein production can also be designed to use renewable energy sources, further enhancing sustainability. These factors align with broader efforts to make aquaculture more environmentally responsible.

CONCLUSION

Research continues to refine the use of alternative protein feeds, focusing on improving digestibility, enhancing palatability, and ensuring long-term health outcomes for farmed species. Collaborative efforts among scientists, feed manufacturers, and farmers are essential in translating experimental findings into practical applications. Regulatory frameworks must also evolve to accommodate new ingredients while ensuring safety and quality standards.

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