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# Regenerate, bioactivate: Treating patients in the 21<sup>st</sup> century

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#### Abstract

Today's dental materials and technology can predictably regenerate and remineralize lost oral structures. Bioactive minimally invasive dentistry is the proactive way to treat patients and what they are demanding.

Decay can be detected, mapped and treated with bioactive materials that reduce restorative failure: Glass Ionomer Cements, Giomers, Biodentine, ceramic luting, bioceramic obturation.

Periodontal disease is chronic inflammation unchecked. Lasers and other non-invasive therapies can repair and heal.

### Learning Objectives:

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- Incorporate remineralization therapies and bioactive restorative materials into your practice; Know what to use where
- Eliminate sensitivity and treat xerostomia effectively and easily
- Learn about silver diamine fluoride that stops decay in its tracks
- Incorporate the minimally invasive "Perimeter Prep" and other simple predictable patient friendly techniques for operative success with flowables
- Use bioactive materials to strengthen teeth and reduce restorative failure
- Learn about the restorative that can protect and prolong pulp vitality
- Discover the cement that can fill the marginal gap
- Learn how to use bioceramic sealing for easier more predictable endo
- Use perio techniques to promote healing and keep patients in the practice



#### Biography:

Dr Fay Goldstep has been a featured speaker in the ADA Seminar Series, and has lectured at the American Dental Association, Yankee, American Academy of Cosmetic Dentistry, Academy of General Dentistry, and the Big Apple Dental Conferences. She has lectured nationally and internationally on Proactive/Minimal Intervention Dentistry, Soft-Tissue Lasers, Electronic Caries Detection, Bioactive Dental Materials, Innovations in Hygiene and Oral Inflammation. She has served on the teaching faculties of the postgraduate programmes in Aesthetic Dentistry at SUNY Buffalo, University of Florida, University of Minnesota and University of Missouri-Kansas City. She has been a contributing author to four textbooks and has published more than 100 articles. She is a Fellow of the American College of Dentists, International Academy for Dental-Facial Esthetics, American Society for Dental Aesthetics and the Academy of Dentistry International. She sits on the editorial boards of the Oral Health Journal (healing/preventive dentistry), Dental Tribune US Edition, Dental Asia and REALITY. She has been listed as one of the leaders in continuing education by *Dentistry* Today since 2002.

#### Speaker Publications:

- 1. "Ultraconservative resin restorations." Watch and wait" is not acceptable treatment"
- 2. "A Cincea Generatie de Sisteme Adezive-Cea Mai Noua Clasa de Adezive"
- 3. "Fifth generation bonding systems: state of the art in adhesive dentistry"
- 4. "Working Healthy in the Dental Laboratory: The Technician's Chair"
- 5. "Future Trends in Dentistry"

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