

Prebiotics(PrebiotiksM&T)FeedGut Microbiome &Confer Immunity & Health

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Abstract

Recent revolutionizing Microbiome (Gut Probiotics) scientific advances have provided great insights into the human physical cum menth health, immunity, secrets of ill health, cancers and hence management of such disorders. In our review, while we highlight these developments, we are trying to enhance and grow more gut microbiome, with the help of all known, available, Prebiotics(Prebiotiks M & T), as a nourishing food for gut probiotics (microbiome). An elaborate and scientific effort being made to unravel and explain the dynamics of mode operandi of Prebiotics(Prebiotiks M & T) from biochemical, pathophysiological and therapeutic perspective.

Our resolve is further strengthened and supplementd by Dr.Sultan's own clinical experiences from UK, India and Malayasia and from a ' Review Study of Prebiotics including Inulin and Acacia Gum',cited in "European Food and Environment Safety- Journal of faculty of Food Engineering,Stefancel Mare University- Suceava Volume XIV,issue 2-2015.



Biography:

Author Dr.Mohamed .S.Sultan.studied B-Pharm;MB;BS: & DPM,at Madras Medical College and institute of Neural Sciences, Madras, affiliated to the University of Madras in India. Attended at Sachivottama homeopathic medical college hospital, in Kurichy, Kottayam, Near Cochin,Kerala, India.,Further underwent clinical training at the Institute of Psychaitry attached to Guys & Kings Medical Colleges and Maudsley Hospitals, in London, UK.Further did postgraduate tarining in Medicine, Community Paediatrics, A&E, Orthopaedics,Ophthalmology,ENT,PaediatricAudiology,Rheu matology, Gynaecology, Obstetrics, in varioussPostgraduate Medical Colleges in London and UK.Has also worked in Nigeria, Libya,Saudi Arabia as an Occupational Physiann.Now currently practising as a Naturopathic Consultant cum Chief Executive Clinical Medical and Scientific research Advisorat Multispeciality Medical Centre, in London,UK.

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