

## Patients with Methicillin-Resistant Staphylococcus aureus Nasal Carriage and Antibiogram

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## DESCRIPTION

Staphylococci are spherical bacteria with a diameter of 0.5 to 1.8 m and are members of the Micrococcaceae family. Gram-positive cocci, catalase-positive, oxidase-negative, and forming minute clusters when stained, these bacteria are also Gram-positive cocci. Staphylococci are non-spore-forming, non-motile bacteria that can survive in salty environments and derive their energy from aerobic respiration or fermentation. Although they have a variety of dietary requirements, they typically need an organic source of nitrogen, five to twelve essential amino acids, and B vitamins. A frequent bacterium found in both strong and weak hosts is *S. aureus.* It may persist on the biofilm on the inert surface or long-term, asymptomatic colonization of human tissue.

Moreover, it can invade the host fulminant and present with a variety of symptoms. S. aureus may endure harsh environmental and animal conditions in addition to human hosts. There has been a worldwide pandemic of Methicillin-Resistant Staphylococcus aureus (MRSA) in hospitals and community settings since S. aureus developed resistance to methicillin as soon as the antibacterial antibiotic was used clinically in 1961. Its high morbidity and mortality rates, as well as their complete immunity to all penicillin's and the majority of other beta-lactam drugs. The bacterial cell wall contains penicillin-binding proteins (PBPs), which serve as an enzyme in the production of peptidoglycan. PBPs frequently have a poor affinity for betalactam antibiotics, in contrast to MRSA, which results in antibiotic resistance. MecA, a structural gene on the S. aureus chromosome, identifies MRSA, while the femA and femB genes encode proteins that influence how resistant S. aureus is to methicillin. PBP2a, a PBP with reduced antibiotic affinity, is encoded by the mecA gene in MRSA.

One of the main reasons why hemodialysis patients pass away is due to bacterial infections. Because of their weakened immune systems and the nature of the hospital environment used for the dialysis session, hemodialysis patients are actually more likely to contract an infection. S. aureus is the most prevalent bacterial infection in hemodialysis patients, according to recent data. Normal flora of the body can lead to more severe problems such bacteremia, osteomyelitis, necrotizing pneumonitis, infective endocarditis, and Toxic Shock Syndrome (TSS) from this infection.

Clinically, the main issue with S. aureus is the significant level of antibiotic resistance that has developed, making treatment challenging. In the S. aureus resistance appeared two years after penicillin was first introduced. Many infections in humans may be brought on by S. aureus. Based on where the infection originated, S. aureus clinical infections are divided into nosocomial and community-based groups. Infections with S. aureus are, however, becoming more common. During weeks or months, the bacterium can stay in the anterior nares in a carrier state without producing any illnesses. The colonization advances to infection when specific predisposing factors, such as prolonged hospitalization, immune suppression, procedures, the use of invasive medical equipment, and persistent metabolic diseases, take place. Among the clinical infections brought on by S. aureus include bacteremia, osteoarticular infections, infective endocarditis, pleuropulmonary infections, and wound infections.

Other clinical infections include epidural abscesses, urinary tract infections, and meningitis. This microorganism has the ability to enter the bloodstream and spread widely to several organs, leading to sepsis. *S. aureus* releases enterotoxins into food to produce food poisoning, whereas super antigens released into the bloodstream to cause toxic shock syndrome. MRSA was discovered in cattle rose using various techniques. However, compared to veal calves, the estimated prevalence was lower in nasal isolates from dairy and beef cows. The two isolation techniques under test showed no discernible difference. Despite the animals being collected appearing to be in good health, a high degree of multi-resistance was discovered along with a wide range of antibiotic resistance and virulence genes.

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