

Oral cancer- An enigma to early diagnosis

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Abstract

A cigarette says –Today you turn me into ashes, but tomorrow is my turn”

Tobacco has been in usage from time immemorial. Its ease of availability and unrestricted usage has caused a catastrophe. Tobacco is the most addictive substance known and it is the highest global threat. Background studies indicate that 1.3 billion people use tobacco in some way. It can be used in different ways, causing diseases more than any contributing factor. The purpose of the study is based on review of literature to create a global awareness for discouraging the use of tobacco. Detailed analysis was done on research papers that were published in last 10 years highlighting the disease conditions and fatality caused. Results that were obtained were alarming which showed tobacco caused 16 different types of cancer. It is the leading cause of cardiovascular disease and death. Second hand smoke kills 600,000 people a year. Smoking is directly linked primary risk factors in diabetes and hypertension. Smokeless tobacco can have disfiguring effects by causing oral cancer. It is the major risk factor in tuberculosis accounting to 22% globally and 40% in India. Tobacco has deleterious effect in pregnancy and child birth. Tobacco was found to be the front-runner in causing oral, systemic and the leading etiological factor for communicable and non-communicable diseases.



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Speaker Publications:

1. Shankar YU, Misra SR, Vineet DA, Baskaran P. Paget disease of bone: A classic case report. *Contemp Clin Dent.* 2013;4(2):227-230. doi:10.4103/0976-237X.114858
2. Early Detection of Precancerous and Cancerous Lesions: An Overview, 10.5005/jp-journals-10011-1336
3. Prevalence of supernumerary teeth in permanent dentition among patients attending a dental college in South Kerala: A pilot study, 10.4103/0972-1363.141854
4. Role of antemortem data in forensic odontology: A literature review, DOI: 10.4103/ijfo.ijfo_19_19
5. Jo, Shiana et al. “A Slow Growing Ambiguous Soft Tissue Swelling of Buccal Mucosa; A Diagnostic Mêlée.” (2015).

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Biography:

Vineet Daniel Alex completed his Masters in Oral Medicine and Maxillofacial Radiology from Saveetha Dental College in 2008 Saveetha University. He was the consultant Dental surgeon of International cancer centre and holds a Diplomate in Laser Science from University of Genova, Italy. Presently he is a Professor in the teaching faculty of Annoor Dental College &