

No medication dentistry and ozone therapy

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Abstract

Ozone (O₃) is a triatomic molecule, consisting of three oxygen atoms, and its application in medicine and dentistry has been indicated for the treatment of 260 different pathologies. The ozone therapy has been more beneficial than present conventional therapeutic modalities that follow a minimally invasive and conservative application to dental treatment. More practical aspect of this therapy can be modernized and implemented with no medications prescribed to the patients or least antibiotics, anti-inflammatories and analgesics with effective outcomes in shorter durations with no further complications and highest patient compliance. This minimal invasive approach with various protocols in every field of dental practice can be brought into mainstream practice with its more awareness, education, research and understanding its right implementation and correct protocols for unconditional acceptance by the patient, doctor and the all world around. With previous research papers, multianalytical approach of its worldwide studies in every field of dentistry itself is the evidence for its various applications in dentistry. With more research and studies in the areas where there is limited analysis, the applications can be proven more and further expanded as evidence based practice and mainstream dentistry to benefit the patients worldwide.

Biography

Sudhir Dole is first ozone therapy trainer of India and practicing and training dentists since past 10+ years. He is an active researcher for ozone therapy at various institutions in India. He has trained 2000+ dentists till now, educated 15000+ dentists online, and conducted 70+ CDE Programs in India.



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