

Research Article

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Nanoparticle-facilitated Intratumoral Delivery of Bcl-2/IGF-1R siRNAs and p53 Gene Synergistically Inhibits Tumor Growth in Immunocompetent Mice

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Abstract

Breast cancer, the leading cause of cancer-related deaths in women, is usually treated with surgery, radiation therapy, hormone-blocking/chemotherapy drugs, monoclonal antibodies or combinations of these approaches and agents depending on the cancer stage and the existence of specific receptors, with accompanying various adverse effects. Silencing of the genes responsible for cancer development and progression with small interfering RNA (siRNA) in combination with overexpression of the genes with tumor suppressing activities could be an attractive concept for precisely treating breast cancer with minimal side effects. However the short half-life in plasma due to nuclease-mediated degradation and renal clearance, and the inefficiency in penetrating the plasma membrane limit the applications of siRNA and DNA as therapeutic molecules. Recently, we have developed pH-sensitive carbonate apatite nano-carrier to efficiently deliver siRNA or DNA across the cell membrane facilitating them to escape endosomal acidic compartment and specifically cleave a cytoplasmic mRNA transcript or enable gene expression after nuclear translocation, respectively. Moreover, we demonstrated nanoparticle-accelerated delivery of the siRNAs targeting cyclin B1, PLC-gamma-2/ calmodulin1, HER2/ErbB2, ABCG2/ABCB1 and cROS1 mRNAs sensitizes cervical adenocarcinoma and breast cancer cells towards conventional anti-cancer drugs. Here, we report that co-delivery of the siRNAs targeting IGF-1R and Bcl-2 gene transcripts and the pasmid DNA containing p53 gene with the help of carbonate apatite nanoparticles synergistically induces inhibition of growth/proliferation of breast cancer cell lines as well as regression of the breast tumor induced in Balb/c mice. Additionally, concerted delivery of nanoparticle-associated IGF-1R/Bcl-2 siRNAs and p53 gene apparently slows down the growth of the established tumor in presence of doxorubicin or paclitaxel compared with the individual free drugs. Thus, the combination of IGF-1R/Bcl-2 knockdown and restoring of normal p53 function could be a highly promising approach that should be further investigated through pre-clinical trials to establish the therapeutic role of this combination therapy for breast cancer.

Keywords: Carbonate apatite; siRNA; Gene expression; Transfection; Breast cancer; HER2/ErbB2; p53; Doxorubicin; Paclitaxel; Cisplatin; Chemosensitivity

Abbreviations: DMEM: Dulbecco's Modified Eagle's Medium; siRNA: small interfering RNA; IGF: Insulin-like growth factor; IGF-IR: IGF-1 receptor; MAPK: Mitogen-activated Protein Kinase; PI3Ks: Phosphatidylinositol 3-kinases; ER: Estrogen Receptor; PR: Progesterone Receptor

Introduction

Breast cancer is the most common female cancer with more than 400,000 annual deaths world-wide. Among the three clinically categorized breast cancer patients, the first two groups having either estrogen receptor (ER) [1,2] or amplified HER2/ErbB2 gene [3], receive receptor-specific therapy while for the third group (Triple Negative) having neither of the three receptors, such as ER, progesterone receptor (PR) and HER2/ERBB2, cytotoxic chemotherapy remains the mainstay of treatment [4,5]. Since breast cancer is a heterogeneous disease characterized by different gene expression patterns depending on its sub-types, various approaches targeting growth factor signaling, angiogenic processes or apoptotic pathways are currently under investigation in order to improve the clinical outcomes [6-11].

Insulin-like growth factor (IGF) and its signaling pathway are implicated in development and progression of breast cancer [12]. Among the members of IGF family, IGF-1 and IGF-2 can bind to and activate IGF-1 receptor (IGF-1R) which is over-expressed in about 90% of breast cancer cases [13]. Although activation of the IGF-1R by IGF-1 is not an oncogenic event, survival of the cells transformed by proto-oncogene activation heavily relies on IGF-1 action [14-16]. IGF-1R has, however, been reported to play a role in invasion and metastasis of breast cancer cells [17-19]. Some rare mutations reported in IGF-1R were associated with mere growth retardation without an effect on cancer development or neoplasia [20-21]. Activation of the receptor results in either the activation of the Ras /Raf / MAP kinase pathway leading to cell proliferation or activation of Akt/PKB pathway regulating cell survival, through phosphorylation of IRS-1. Activated Akt blocks apoptotic signal by phosphorylating and inactivating Bad which otherwise would translocate to mitochondria, bind and neutralize its anti-apoptotic partners, such as, BCL-2 [22]. BCL-2, which is overexpressed in 50–70% of breast cancers contributing to the development of resistance to chemotherapy, radiation and hormone

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therapy-induced apoptosis [23-25], inhibits pro-apoptotic protein, BAX, thus preventing cytochrome C release from mitochondria and blocking apoptotic pathway [26,27]. In contrast, activation of p53, a tumor suppressor which is found mutated in ~23% of breast cancer samples, leads to the activation of BAX [27]. Although p53 is maintained at very low level due to proteasomal degradation of p53 through MDM2, an E3 ubiquitin ligase, cellular stress-induced posttranslational modification of p53 and MDM2 stabilizes and activates p53 enabling it not only to activate BAX, but also to translocate to the nucleus and bind DNA in a sequence-specific manner and regulating the expression of hundreds of genes for cycle checkpoint activation, cellular senescence and apoptosis [28,29]. Thus, proliferation, survival and apoptosis of breast cancer cells are regulated by the concerted action of IGF-1R, BCL-2 and p53 signaling pathways.

Given that overexpression of IGF-1R and BCL-2 with frequent alteration of p53 leads to development, progression and chemoresistance of breast cancer, knockdown of the overexpressed gene(s), such as, IGF-1R and Bcl-2 with precisely designed small interfering RNA (siRNA) and providing the wild-type p53 gene could be pivotal in effective treatment of the cancer. A number of existing non-viral vectors are available for intracellular delivery of siRNA and plasmid DNA to silence the target mRNA of a particular gene and to express a protein of interest, respectively, with limitations in proper condensation, cellular uptake and endosomal escape, leading to a decrease in overall performance of the delivered siRNA or DNA [30,31]. Recently, we developed pH-responsive carbonate apatite nanoparticles to efficiently deliver siRNA as well as DNA across the cell membrane and facilitate them to release from the particles and endosomal vesicles to carry out knockdown of a specific mRNA transcript or expression of a desirable protein, respectively [32,33]. Moreover, we demonstrated nanoparticleassisted delivery of the siRNAs targeting cyclin B1, PLC-gamma-2/ calmodulin 1, HER2/ErbB2, ABCG2/ABCB1 and cROS1 mRNAs sensitizes cervical adenocarcinoma and breast cancer cells towards traditional anti-cancer drugs [34-38]. Here, we report that combined delivery of the siRNA against IGF-1R and Bcl-2 gene transcripts along with p53 gene using carbonate apatite nanoparticles synergistically induces death or growth inhibition of breast cancer cell lines as well as regression of the breast tumor induced in Balb/c mice. Moreover, intravenous delivery of nanoparticle-associated IGF-1R/Bcl-2 siRNAs and p53 gene apparently slow down the growth of the established tumor in presence of doxorubicin or paclitaxel compared with the individual free drug.

Materials and Methods

Reagents

Dulbecco's modified Eagle medium (DMEM) was purchased from BioWhittaker (Walkersville, USA). DMEM powder, foetal bovine serum (FBS) and trypsin-ethylenediaminetetraacetate (trypsin-EDTA) were obtained from Gibco BRL (California, USA). Calcium chloride dehydrate (CaCl₂.2H₂O), sodium bicarbonate, dimethyl sulphoxide (DMSO) and thiazolyl blue tetrazolium bromide (MTT) were from Sigma-Aldrich (St Louis, MO, USA). The chemotherapy drugs, doxorubicin, paclitaxel and cis-diammineplatinum (II) dichloride) are from Sigma Aldrich (St.Louis, USA). Both doxorubicin and cisdiammineplatinum (II) dichloride were dissolved indistilled water and 2 mM stock solutions were prepared whereas paclitaxel was dissolved in DMSO and 10 mM stock solution was prepared.

siRNA design and sequence

The validated anti-IGF-1R and anti-Bcl-2 siRNAs were

purchased from QIAGEN (California, US) with the target sequences of 5'-ATGGAGAATAATCCAGTCCTA-3' and 5'-AACCGGGAGATAGTGATGAAG-3', respectively. siRNAs were supplied in lyophilised form and upon delivery, the siRNA (1 nmol) was reconstituted with RNase-free water to obtain a stock solution of 20 μ M. The siRNA solution was then allocated in to multiple reaction tubes for storage as repeated thawing might affect the silencing efficiency of siRNAs. The siRNAs were stored at 20°C as recommended by QIAGEN.

Isolation of p53

E coli DH5α cells harboring p53 plasmid were grown in LB media overnight at 37°C (Kanamycin was added at a concentration of 50 µg/ml culture). Next day small colonies were picked and grown individually in 50 ml of LB broth with kanamycin for 16 hour. The p53 plasmids were isolated and purified from the bacteria using 'Qiagen Plasmid Mega' kit. The extracted DNA was subjected to spectrophotometric quantification by taking absorbance at 260 nm while a ratio of absorbance at 260 and 280 nm at 1.8 or more was considered to be of high purity. Additionally, purified DNA was run on 0.8% agarose gel and the DNA bands were visualized under ultraviolet transilluminator.

Cell culture and seeding

MCF-7 and 4T1 cells were grown in 25 cm² culture flask in DMEM supplemented with 10% heat-inactivated FBS in a humidified atmosphere containing 5% CO₂ at 37°C. Exponentially growing MCF-7 and 4 T1 cells were trypsinised and following addition of fresh medium, the cell suspension was centrifuged at 10,000 rpm for 5 min and the supernatant was discarded. Fresh medium was added to resuspend the pellet and the cells were counted using haemocytometer. Appropriate dilutions were made using culture medium to produce a cell suspension with concentration 5.0×10^4 cells/ml. One ml of the prepared cell suspension was subsequently added into each of the wells in 24-well plate and allowed to attach for overnight at 37°C and 5% CO₂ before siRNA transfection.

Formulation of carbonate apatite complexes of IGF-1R siRNA, Bcl-2 siRNA and/or p53 plasmid and transfection of MCF-7 and 4T1 cells

On the day of transfection, 100 mL of DMEM was prepared using 1.35 g of DMEM powder and 0.37 g of sodium bicarbonate with the pH subsequently adjusted to 7.4 using 0.1 M hydrochloric acid. The prepared DMEM solution was filtered using 0.2 μ M syringe filter in laminar flow hood, followed by transferring 1 ml of the filtered medium into 1.5 ml microcentrifuge tubes. 4 μ l of 1 M calcium chloride was then added into the microcentrifuge tubes, followed by addition of siRNAs (40 nM) and p53 plasmid DNA (100 ng) either individually or in combination and incubation at 37°C for 30 min. After the incubation, 10% FBS was added into each microcentrifuge tube. Culture medium from the wells seeded one day before was aspirated and replaced with 1 mL of the prepared medium containing siRNA(s)-, p53- or siRNA(s)/ p53-loaded carbonate apatite nanoparticles in presence or absence of free drugs. Plates were then incubated at 37°C and 5% CO₂ for two consecutive days.

Cell viability assessment with 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay

Two days after transfection with siRNA(s)-, p53- or siRNA(s)/p53loaded carbonate apatite nanoparticles, the fraction of viable MCF-7 and 4T1 cells was determined using MTT assay. Briefly, 50 μ L of MTT (5 mg/mL in PBS) was added a septically into each of the wells in siRNA transfected-plate, followed by incubation at 37°C and 5% $\rm CO_2$ for 4 h. After the incubation, medium containing MTT was a spirated and the purple formazan crystals at the bottom of each well were dissolved by mixing with 300 μL of DMSO solution. Absorbance of the resulting formazan solution was then determined spectrophotometrically at wavelength 595 nm using microplate reader (DynexOpsys MR, US) with reference to 630 nm. Each experiment was performed in triplicates and the data were plotted as mean \pm standard deviation (S.D.) of three independent experiments.

Data analysis

The cell viability in the treated wells was expressed as a percentage and was calculated using the absorbance values obtained from MTT assay by using the following formula:

% Cell viability =
$$\frac{Absorbance of treated sample}{Absorbance of control} \times 100\%$$

Tumour induction in Balb/c mice

The IMU animal ethics committee approved all the procedures used in the project with the approval no. being IMU 220/2010. Five-weeks-old female Balb/c mice were purchased from Institute for Medical Research (IMR) and were housed under standard conditions according to appropriate animal care guidelines. The animals were housed in plastic cages with 3 mice placed in each cage inside a well-ventilated room at $22 \pm 2^{\circ}$ C with a 12-hr L:D cycle. The mice groups were fed with regular ad libitum. All the animals had free access to standard diet and water. 1×10^{5} cells murine breast cancer 4T1 cells were injected subcutaneously into the mammary fat pad. When tumors reached around 75 mm³, the mice were randomly assigned to different groups for further study or treatments with six mice per group.

Intratumoral delivery of nanoparticle-associated IGF-1R siRNA, Bcl-2 siRNA, p53 plasmid or IGF-1R/Bcl-2 siRNA / p53 plasmid in Balb/c mice with 4T1 mammary carcinoma

In order to estimate gross body weight and subsequently, tumor volume regression, following induction of 4T1-induced mammary tumors, nanoparticle complexes of IGF-1R siRNA, Bcl-2 siRNA, p53 plasmid or IGF-1R/Bcl-2 siRNA /p53 plasmid were directly injected into the tumor. For a comparative study, medium, nanoparticles and free anti-cancer drugs were injected in both of the studies. Depending on the grouping, the mice were treated with 100 µl of the particle suspension originally formulated in 1 ml of DMEM with 7 mM of Ca²⁺ in presence or absence of the complexes of IGF-1R siRNA (800 nM), Bcl-2 siRNA (800 nM), p53 plasmid (100 ng) or IGF-1R (800 nM)/ Bcl-2 siRNA (800 nM) /p53 plasmid (100 ng) and/or anticancer drugs (100 nM), through intratumoral injection and the tumor volumes were estimated according to the modified ellipsoidal formula: 1/2 (length × width²).

Statistical analysis

Statistical analysis was done using the Mann–Whitney U test, a nonparametric test to compare the significant difference between treated and non-treated samples. Data is presented as mean \pm SD with P<0.05 being considered as statistically significant.

Results and Discussion

Intracellular delivery of IGF-1R siRNA, Bcl-2 siRNA and p53 plasmid individually or in combinations into MCF-7 and 4T1 breast cancer cells

Since expression of IGF-1R and Bcl-2 and 'loss of function' by



Figure 1: Cell viability study in vitro with MCF-7: untreated cells (C), nanoparticle-treated cells (C+N), Bcl-2 siRNA-treated cells (C+N+BCL2), IGF-1R siRNA-treated cells (C+N+IGFR), IGF-1R siRNA- and p53-treated cells (C+N+IGFR+p53), IGF-1R siRNA- and Bcl-2 siRNA-treated cells (C+N+IGFR+BCL2), Bcl-2 siRNA- and p53-treated cells (C+N+BCL2+p53), IGF-1R SiRNA- and p53-treated cells (C+N+IGFR+BCL2+p53), IGF-1R SiRNA- and/or p53 plasmid-loaded carbonate apatite particles were generated by exogenous addition of 4 µl of 1 M calcium chloride, siRNA (40 nM) and/or plasmid (100 ng) to 1 mL bicarbonate-buffered DMEM (pH7.4), followed by incubation at 37°C for 30 min and supplementation with 10% FBS prior to incubation with MCF-7 cells for a consecutive period of 48 h. MTT assay was subsequently performed with the absorbance being taken at wave length of 570 nm with reference to 630 nm. Vertical bars represent standard error, *P<0.05 vs control (untreated cells) or **P<0.05 vs control (nanoparticle-treated cells).



mutated tumor suppressor genes, such as p53, and the cross-talks between them could contribute to the development of a variety of breast cancers, knockdown of IGF-1R and Bcl-2 transcripts and expression of wild-type p53 into breast cancer cells might block the cell proliferation and survival routes while stimulating apoptotic pathway. Carbonate apatite nanoparticles were used to complex with the siRNAs against IGF-1R and Bcl-2 (synthesized and validated by Qiagen) and p53 plasmid DNA, either individually or in combination, prior to the 48 h incubation with MCF-7 (human breast cancer cell line) and 4T1 (murine breast cancer cell line). As shown in Figure 1, treatment of MCF-7 cells which express both IGF-1R [39,40] and Bcl-2 proteins [25] and possess wild-type p53 [41,42], with the nanoparticles carrying either IGF-1R siRNA, Bcl-2 siRNAs or p53 plasmid apparently enhanced killing of MCF-7 cells or inhibited the cell growth in comparison with the nanoparticles alone. However, the combined delivery of IGF-1R siRNA+p53 plasmid, IGF-1R siRNA+Bcl-2 siRNA or Bcl-2 siRNA+p53 plasmid did not further improve the efficacy of cell killing except IGF-1R siRNA+Bcl-2 siRNA+p53 plasmid (p<0.01), which could be due to the interactions among IGF-1R, Bcl-2 and p53 signaling pathways as discussed above, leading to a synergistic effect in reducing cell viability. A similar finding was observed in 4T1 cells (Figure 2) which also possess IGF-1R [43,44] and bcl-2 [45], but are deficient of p53 [46,47], indicating that the seeming synergistic effect of IGF-1R siRNA+Bcl-2 siRNA+p53 plasmid (p<0.01) might be due to the concerted role of IGF-1R as well as Bcl-2 knockdown and overexpression of p53 gene. A statistically significant effect was also exerted by Bcl-2 siRNA+p53 plasmid (p<0.05) in comparison with the nanoparticle-treated cells. Although in 4T1 cells (Figure 2) there was statistically no difference in cell viability between p53+Bcl-2 and p53+Bcl-2+IGFR groups, in MCF-7 cells (Figure 1) p53+Bcl-2+IGFR group apparently showed stronger cytotoxic effects than p53+Bcl-2 one compared to the control. Since breast cancer is heterogeneous in nature

consisting of different types of cells, we thought that it would be better to investigate the effect of p53+Bcl-2+IGFR rather than p53+Bcl-2 on tumor regression in absence or presence of classical anti-cancer drugs. No cytotoxic effect was observed with 'All Stars Negative Control siRNA' having no target sequence within the cellular mRNA pool irrespective of the siRNA doses used (not shown here), indicating the role of siRNA specificity in gene knockdown and consequential effect on cellular fate. All the siRNAs used in this study were validated with RT-PCR by the manufacturer (Qiagen). It should be noted that we had extensively analyzed the morphology, size distribution and zeta potential of carbonate apatite nanoparticles by transmission electron microscope (TEM), scanning electron microscope (SEM), dynamic light scattering (DLS) and zeta sizer in our earlier publications. Moreover, we had reported on siRNA binding affinity towards the nanoparticles, cellular uptake and knockdown efficacy using reporter gene assays [32-38]. We have therefore not included those data in the current manuscript.

Intratumoral delivery of IGF-1R siRNA, Bcl-2 siRNA and p53 plasmid individually or in combinations

In order to further evaluate the potential synergistic effect in an immune-competent model of aggressive breast cancer of IGF-1R/Bcl-2 knockdown and wild-type p53 expression in inducing death or inhibiting growth of tumor cells as observed *in vitro* in human and murine breast cancer cell lines irrespective of the presence or absence of normal p53, nanoparticle formulations of IGF-1R siRNA, Bcl-2 siRNA and wild-type p53 gene in various combinations were directly injected into the tumor of 4T1 cells established in mammary fat pad of Balb/c mice. As shown in Figure 3, although there was virtually no change in the average body weights of the mice treated intratumorally (following induction of the tumors of measurable size using subcutaneously injected 4T1 cells) with the combination of IGF-1R siRNA, Bcl-2 siRNA and wild-type p53 plasmid compared with the untreated control group,





Page 6 of 9

there was a noticeable and statistically significant reduction in tumor growth (p<0.05) over the period of observation in the particular group of mice receiving intratumoral injection of the particle formulation carrying IGF-1R/Bcl-2 siRNAs and p53 plasmid (Figure 4), suggesting an apparent synergistic effect of IGF-1R/Bcl-2 siRNAs plus p53 plasmid on tumor growth. The absence of total inhibition of tumor growth could be attributed to the injection frequency of the samples, which was once on day 22 following subcutaneous injection of cancer cells (4T1) in our current experimental set-up and thus the effects were very likely to subside in the later phase due to the nuclease-mediated cleavage of siRNA and DNA molecules.

Influences of IGF-1R and BCL-2 knockdown and wild-type p53 expression on traditional anti-cancer drug-induced tumor regression

Conventional chemotherapy which is based on anti-cancer drugs, such as cisplatin, doxorubicin or paclitaxel with known therapeutic efficacy in malignant breast cancer [48,49] has its own shortcoming due to the toxic effects of the drugs on normal healthy cells and consequently the dosages of the drugs subsequently given to the patients are therapeutically insufficient leading to chemoresistance and tumor recurrence [50,51] with the vast majority of initially chemoresponsive tumours developing resistance to once effective chemotherapeutic agents. Moreover, a switch to other chemotherapy regimens is ineffective because of the tumour's cross-resistance to

multiple chemotherapy drugs [50,51]. Blocking of the cell proliferation/ survival pathways by silencing their key regulatory molecules and/or activating the tumor suppressing pathway by over-expressing a wildtype tumor suppressor gene could either play an additive role or exert a synergistic effect through a potential 'cross-talk' with an anti-cancer drug, augmenting the overall therapeutic efficacy. In order to explore whether the intratumoral delivery of nanoparticle-embedded IGF-1R/ Bcl-2 siRNAs and wild-type p53 gene could synergize with the antitumor effects of the conventional drugs, cisplatin was injected directly into the tumors growing in the mammary fat pad of Balb/c mice either in free form or together with the nanoparticle complex of IGF-1R/Bcl-2 siRNAs and p53 plasmid. As shown in Figure 5, although free cisplatin demonstrated higher cytotoxic response than the nanoparticle complex of IGF-1R/Bcl-2 siRNAs and p53 plasmid, however, cisplatin when treated along with the complex could not further enhance the effect, suggesting a possible additive effect on the same population of tumor cells subjected to growth arrest or apoptosis. On the contrary, as for doxorubicin (Figure 6) as well as paclitaxel (Figure 7), the nanoparticle complex of IGF-1R/Bcl-2 siRNAs and p53 plasmid apparently showed an inhibition on the growth of the tumors particularly at the later stage of the experimental period compared with the free individual drugs, suggesting a concerted effect of IGF-1 and Bcl-2 knockdown in presence of p53 expression on regression of tumor growth. This could be explained by the earlier findings that both IGF-1R and Bcl-2 signaling cascades mediate the cytotoxic effects of doxorubicin and







Page 7 of 9

Page 8 of 9

paclitaxel [52-54]. Being a survival factor IGF-1 could interfere with the actions of the cytotoxic agents by increasing proliferation and inhibiting apoptosis of drug-treated cancer cells through activation of MAPK and PI-3 kinase pathways [52]. On the other hand, downregulation of Bcl-2, one of most important mediators of survival and drug resistance in most human cancers, would enable induction of doxorubicin-triggered autophagy by relieving its suppressor activity on Beclin-1 (an autophagy-promoting protein), which is physically bound and blocked by Bcl-2 [53]. In addition, overexpression of Bcl-2 generally protects cancer cells from paclitaxel-induced cell death by undergoing post-translation modification leading to mitochondrial apoptotic cell death [54,55].

Conclusion

We have demonstrated that knockdown of IGF-1R and Bcl-2 genes as well as expression of normal p53 gene could be an attractive approach in synergistically suppressing the growth of an aggressive mouse tumor and additionally sensitizing the tumor towards doxorubicin and paclitaxel.

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Page 9 of 9

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