



Latest Trends in Cosmetic Dermatology and their Complications

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DESCRIPTION

Cosmetic dermatology is a subspecialty of dermatology that focuses on aesthetic issues and the cosmetic applications of dermatology. Cosmetic dermatologists perform services such as correcting skin tone, smoothing wrinkles, removing hair or tattoos, reducing fat, and treating acne scars. Cosmetic dermatology is a field that combines science and art to help people achieve their desired look and feel. They are board-certified dermatologists who may undergo additional training in cosmetic procedures. Botox injections are botulin toxin, which temporarily relaxes the facial muscles and reduces the appearance of wrinkles and fine lines. Botox injections can also be used to treat excessive sweating, migraines, and muscle spasms. Fillers are injections of substances such as hyaluronic acid, calcium hydroxyapatite, or poly-L-lactic acid that can restore volume and plumpness to the skin, lips, cheeks, and other areas. Fillers can also smooth out wrinkles, folds, and scars. Laser treatments are used in beams of light to target various skin conditions, such as hair removal, tattoo removal, skin resurfacing, pigmentation correction, vein removal, and more. Laser treatments can also stimulate collagen production and improve skin texture and tone. Chemical peels are the treatments which used acids or enzymes to exfoliate the outer layer of the skin and reveal a smoother and brighter complexion. Chemical peels can also treat acne, scars, sun spots, wrinkles, and other skin imperfections.

Micro needling is a treatment that uses tiny needles to create micro-injuries in the skin and stimulate its natural healing process. It can also enhance the absorption of topical products and improve skin quality and appearance. Radiofrequency treatment uses radio waves to heat up the deeper layers of the skin and stimulate collagen production and tissue tightening. Radiofrequency can also reduce fat cells and cellulite. Ultrasound treatment uses the sound waves to lift and tighten the skin by stimulating collagen production and tissue contraction. It can also reduce fat cells and improve body

contouring. Cosmetic dermatology can offer many benefits for people who want to improve their appearance and self-confidence. However, cosmetic dermatology is not without risks or limitations. Some of the possible side effects or complications of cosmetic procedures include:

- Infection
- Allergic reaction
- Bruising
- Swelling
- Redness
- Scarring
- Nerve damage
- Asymmetry
- Dissatisfaction

Therefore, it is important to consult with a qualified and experienced cosmetic dermatologist before undergoing any procedure. A cosmetic dermatologist can assess your skin condition, medical history, goals, expectations, and budget, and recommend the most suitable and effective treatment plan for you. A cosmetic dermatologist can also provide you with pre- and post-care instructions, monitor your progress, and address any concerns or questions you may have along the way.

CONCLUSION

By using advanced techniques and technologies, cosmetic dermatologists can enhance the natural beauty and health of the skin, hair, and nails. It can boost self-confidence and self-esteem by enhancing one's appearance. The cause allergic reactions, infections, bruising, swelling, pain, or scarring at the injection site can result in unsatisfactory outcomes such as asymmetry, overcorrection, under correction, or unnatural appearance. It can have complications such as vascular occlusion, granulomas, or blindness if performed incorrectly or by unqualified practitioners. It can be expensive and not covered by insurance as it is considered elective and not medically necessary.

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