

## KNOWLEDGE OF PREGNANT WOMEN ABOUT GESTATIONAL DIABETES MELLITUS

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### Abstract

**O**bjective: to identify the knowledge of pregnant women with gestational diabetes mellitus about their illness and self-care measures for therapeutic follow-up. Method: descriptive study, with analysis of the Collective Subject Discourse. For data collection, a semi-structured interview script was used with recording system, performed from January to March 2011, with ten pregnant women defined by saturation, according to approval by the Committee of Ethics in Research, UFPE (383/10). Results: from the analysis of interviews, two categories emerged: Knowledge of pregnant women about gestational diabetes and knowledge about self-care measures for therapeutic follow-up. Conclusions: pregnant women showed superficial knowledge about the gestational diabetes and reported difficulties in the dietotherapy follow-up and practice of physical activity, which can influence the promotion of self-care, treatment and control of the disease.



### Biography:

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### Speaker Publications:

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