

Is Orofacial Myology a Missing Link in all Dentistry?

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ABSTRACT

It has taken many years for the field of Orofacial Myology to think about treatment for infants. Most orthodontic concerns have not been addressed until pre-teen years or later, so most referrals to people in my field were, and still are made then.

Keywords: Dental; Hygienist; Orofacial; Myology

BIOGRAPHY

I have spent fifty-five years working with all ages. I began my career as a speech therapist in public schools working with patients who were physically and mentally impaired, ages two months through eighteen years. Using muscle activities to improve their lip tone, tongue posture, chewing, swallowing and breathing, orofacial myology seemed the most expeditious way to help to improve their quality of life. In my private practice I work with all ages to follow the same processes to improve all patient's quality of life.

I will demonstrate the effectiveness of orofacial muscle exercise and activities through photographs, illustrations and testimonials.

Sandra R. Coulson is a past President of the International Association of Orofacial Myology, past Co-Chair of "CHAPS" a holistic practitioner association in Denver, and is a member of many other professional associations including the Down syndrome Association, the Post- Polio Association and the Association for Essential Tremor.

She also serves on the Advisory Board of Heritage College where she is a frequent Commencement speaker. Sandra has been in private practice in Denver, Colorado, since 1969. Her practice, Coulson and Associates, specializes in therapy for orofacial muscle dysfunction, tongue thrust, thumb and finger habits, tongue placement for specific speech/articulation disorders and snoring. She started The Coulson Institute of Orofacial Myology in 2003 in Denver and now teaches and lectures internationally.

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