

## Insect Fat, a Promising Resource for Biodiesel

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### Abstract

Biodiesel is one promising approach to reduce the consumption of petroleum. However, biodiesel economy has been hampered by the production of oilseed plants. Therefore, alternative feedstocks are urgently needed to enable biodiesel production from cheaper materials. Insect recourse which is rated as the most diverse animal group is rich and ubiquitous in the world. Insect could convert organic waste into insect fat which was further extracted as a novel feedstock for biodiesel production, and then the residual after extraction can be used as protein feedstuff. This paper reviewed the research and developmental progress on insect fat, especially the possibility of insect fat as potential feedstock of biodiesel.

**Keywords:** Biodiesel; Biomass; Organic wastes; Insect fat; Fatty acids

### Introduction

Biodiesel is a form of diesel made from vegetable oils, animal fats, or recycled restaurant greases. As a renewable fuel, biodiesel is an important resource to provide energy for the world's transportation needs [1,2]. Promotion of biodiesel, technology is not a limited factor, but the raw material of biodiesel [3]. The raw materials being exploited commercially are the edible oils such as rapeseed, soybean, palm, sunflower, etc, and which also are basic requirement as food [4]. Moreover, the cost of feedstock is a major economic factor in the development of biodiesel [5]. One of the ways is to reduce the costs of biodiesel by using the cheaper feedstock. In this context, some had searched for new renewable feedstock for biodiesel, such as microalgae [6], and *Jatropha curcas* [7]. Whereas this feedstock is very challenging to be conquered; most are at the laboratory scale.

Therefore, seeking solutions to energy and society cannot affect the local environmental and societal benefits, the alternative feedstock should be technically feasible, economically competitive, environmentally acceptable, and easily available [8]. For example, *Hermetia illucens* L., which is usually known as black soldier fly (BSF), can convert organic wastes into useful products with no competing with food [9].

### Development of fat-rich insect resources

Insect had long natural evolutionary history; the history of winged insect was at least 3.5 million years. As one of the largest biomass in the world, insect could be found everywhere from the equator to the poles, mountains to the sea, generally could possibly found in every corner of the earth [10,11]. The life cycles of insect began from the eggs, and constrained by the inelastic exoskeleton. The immature stages are different from the adults in structure, and habitat can include a passive pupal stage in those groups that complete metamorphosis. Insect those undergo incomplete metamorphosis lack a pupal stage and adults develop through a series of larval stages and some insect move about by walking or flying [12]. Insect is now recognized as an important resource. With the development of life and environmental science, insect fat is also igniting particular interest [13].

As scavenger, many insect feed on and break down dead plant or animal matter, thus making organic nutrients available to the ecosystem. Organic wastes are important foundation for ecosystem. For example, BSF is often associated with the outdoors and livestock, usually around decaying organic wastes such as animal manure or plant

material [14]. Adults live and mate and lay their eggs in cracks and crevices near larval habitat. The larva of BSF is a voracious consumer of decaying organic matter including kitchen wastes, spoiled feed, and manure [15].

### Function and content of insect fat

Insect fat play an important role in the course of evolution, it can serve as a support, reproduction, metamorphosis and other energy sources [16]. Fat is the central storage depot for excess nutrients [17,18]. In addition, it is a matrix of great biosynthetic and metabolic activity as supporting and protecting different organs. Insect have to expend energy constantly and if they are not feeding, they must live on reserves accumulated in periods of food abundance. Fatty acids are the energy reserves in insect cells and also aid the absorption of vitamins [19].

Fat content of dried insect is showed in Table 1, one can see that fat is very rich in insect biomass which is accounted for about 26.77 % on average (dried insect). Fat content of *I. belina* reaches 23%; some larvae have higher fat content, such as *R. phoenicis* (66%). At different growth stages, fat content is subject to change. In general, larval and pupal period are rich in fat. The fat content of pupal stage is usually higher than that of adult stage [21].

### Fatty acid composition of insect fat

The fatty acids can be separated into saturated fatty acid and unsaturated fatty acid. Unsaturated fatty acid can help human growth, protect the skin and reduce the formation of thrombosis. The unsaturated fatty acids are abundant in insect fat; and the ratio of monounsaturated and polyunsaturated fatty acids are close to the fatty acids ratio of human standards [22].

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Item	<i>I. belina</i>	<i>R. phoenicis</i>	<i>O. rhinocero,</i>	<i>M. belicosus</i>	<i>R.differens</i>
Content %	23.38 ± 0.24	66.61 ± 0.35	38.12 ± 1.06	36.12 ± 0.28)	48.2 ± 0.2

Table 1: Fat content (% wet weight) of some insect [20].

Fatty acids	IBL	RP	OR	MB	RD	HI [14]
C12 : 0	0.12 ± 0.03	0.20 ± 0.03	0.09 ± 0.03	1.50 ± 0.28	nd	35.6±0.1
C14 : 0	1.15 ± 0.45	3.20 ± 0.12	3.50 ± 0.10	2.17 ± 0.06	0.9 ± 0.6	nd
C16 : 0	31.90 ± 0.28	32.40 ± 0.58	28.70 ± 0.32	42.45 ± 0.20	31.5 ± 0.7	14.8±0.4
C16 : 1	1.80 ± 0.17	3.30 ± 0.20	4.41± 0.18	2.10 ± 0.02	1.9 ± 1.1	3.8±0.2
C18 : 0	4.71 ± 0.21	3.10 ± 0.13	2.10 ± 0.03	2.86 ± 0.10	5.5 ± 0.2	3.6±0.1
C18 : 1	34.20 ± 0.11	40.10 ± 0.72	41.50 ± 2.91	15.84 ± 0.40	24.6 ± 1.5	23.6±0.3
C18 : 2	6.02 ± 0.73	13.00 ± 0.20	14.10 ± 0.31	24.24 ± 1.08	31.2 ± 0.3	2.1±0.3
C18 : 3	19.60 ± 0.06	3.50 ± 0.10	1.50 ± 0.05	3.90 ± 0.60	3.2 ± 0.2	nd

IBL=*I. belina*; MB = *M. belicosus*, RP = *R. Phoenicis*, OR=*O. rhinoceros*, RD= *Ruspolia differens*, HI= *H. illucens*.

Table 2: Fatty acid composition of some insect fat [23].

In addition, there are fat-soluble vitamins and other natural active products in the fat of insect. More magically, these are some odd carbon fatty acids which are rarely in plant oil. For example, heptadecanoic acid (17:0) in house fly larvae have reached more than 2%. Studies have discovered that the odd carbon fatty acids have unique function of physiological activity, in particular strong anti-cancer activity [24].

### Process to turn organic wastes into biodiesel by insect

Over the last ten years, biodiesel was produced from edible oil. It was soon found that this way had many problems because it required oil seeds plants which occupy limited arable lands. A biochemical process to turn organic wastes into biodiesel by BSF had been developed. The research showed that BSF were potentially capable of converting most of the nutrients and energy within organic wastes into BSF biomass [25]. Firstly, BSF would secrete powerful digestive enzymes into the organic waste, the complex organic materials were changed into soluble organic molecules (sugar, amino acids, and fatty acids), and secondly soluble organic molecules were changed into the grease of BSF, and then the grease was extracted for biodiesel production. The bioconversion process was shown in the Figure 1.

The research showed that there was no creature on the earth capable of disposing of putrescent waste more quickly and efficiently than BSF. On the surface of the disposal unit, there was a 2- to 4-inch layer of actively feeding larvae in several stages of growth. Over 100,000 active larvae can be found in a typical waste disposal unit. In an experiment conducted in Texas over a period of one year, the results showed that BSF larvae could digest 15 kg/m<sup>2</sup> restaurant food waste every day at least [26,27]. BSF had the ability to eat and digest all kinds of biowaste, including meat and dairy products. Enviro-Group had developed and patented a unique BSF bioconversion process without energy, electricity, chemicals, even water. The bioconversion was ideal and easily constructed in the same simple manner. Current business investments are marketing efforts on the promises of producing biodiesel from organic wastes [28,29]. Furthermore, the research of Newton indicated that the fat from BSF raised on pig manure were converted into biodiesel, it would yield as much energy as methane production from the same amount of manure [29].

The origin of the feedstock will always affect the final quality of the biodiesel. The properties of biodiesel are determined by compositions of the various fatty esters, such as cold flow, and viscosity. The viscosity

of biodiesel derived from insect fat is high, which is due to saturated fatty acid of insect fat. With the increase of saturated fatty acid, the viscosity of biodiesel would be increasing, such as animal fat, and palm oils. Compared to petro-diesel, biodiesel have a much narrower range of temperatures between the cloud point and the pour point. The cold flow properties of biodiesel are dependent on the feedstock from which they are made. The cold filter plug point can be accomplished by blending biodiesels from several origins with a variety of cold flow properties, or by adding cold filter plug point improvers. Biodiesel help to enhance the ignition quality of the diesel with no negative effect on its cold flow properties when it mixes with diesel [30,31].

### Other products

The fat accumulated in the bioconversion of organic wastes by insect was extracted as feedstock for biodiesel production. Moreover, the residue could be further utilized as a refined protein feedstuff. Insect also provide bioconversion on the treatment processes and the environmental conditions. For instance, BSF can digest organic compounds which contain N and P [32]. BSF can digest manure of pigs, chickens and other livestock within a week. Due to economic development, we confronted with new challenges in organic wastes

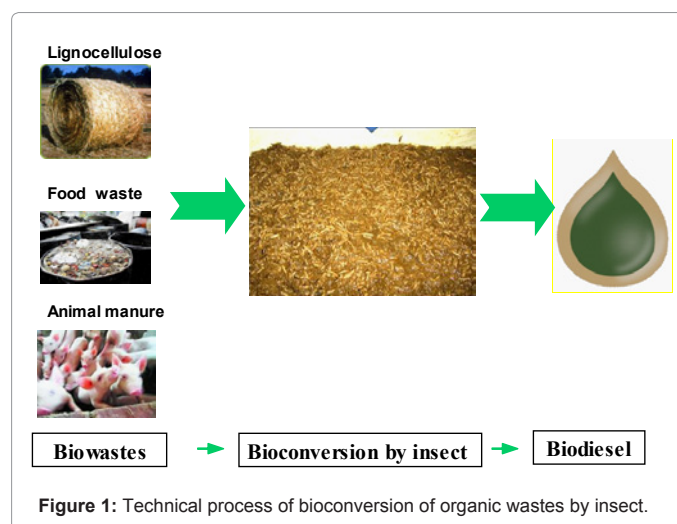


Figure 1: Technical process of bioconversion of organic wastes by insect.

management. Additionally, insect can mitigate the effects of animal manure and industrial sources of organic wastes, the application potential of insect in organic wastes management [33]. Besides the yield of insect fat, BSF, which is high in protein, is good feed for fish and chicken in both backyard and commercial purpose. The lack of global supplies of wild forage fish have make the animal feed industry to look for alternative protein sources in recent years [34].

## Closing Remarks

The cost is the great obstruction of biodiesel, therefore it is important to develop cheap potential resources. Development of biodiesel from insect fat is a new technique. Biodiesel and other products were produced from insect biomass which was converted from organic wastes. Insect biodiesel does not compete with land and food whether small-scale or modern large-scale production. This paper demonstrates that insect holds a high promise for converting organic wastes into valuable products in short lifecycle.

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