

Improve personality in childhood, reduce child abuses

Somarathna

Colombo Institute of Research and Psychology, Sri Lanka



Abstract

95% of children have to face many abuses in world with or without any doubt, reasons and parents. As health care nurses can explain how to reduce child abuses in community. Then personality can be improved by many things. As examples extracurricular activities, creativity, verbal things, nonverbal things.

Many of children in the world they have to suffer from these abuses and they get harmful things to their lives, breakdown of school attended, fear to face community, lack of energy for day today activities. Simple thing is to create a clever children we have to identify their feeling, hoped, attitudes such things. Environment and family background can changed it best or worse than previous. Some children have not their parents from birth, they have to face unethical and misuse things in community, then it broken their personality and attitudes. Below 18 years of age girls suffering from depression and serious psychological conditions. Some of them are referred by JMO and another one is to go harmful effect to their life. Parents also should know about this case and they should directly attempt solutions if there is an occasion. Even boys should protect from this community and they also need protection of parents, school teachers, elder brothers and sisters. This is responsibility to each and every one to protect children from known and unknown persons. If it is not reduced they have to face even court cases one day. The beauty of the world depends on simple smile and children with good healthy with physically and psychology.

Biography

Somarathna has completed her Diploma in General nursing at the age of 25 years from School of Nursing Anuradhapura Sri Lanka. She is a registered Nurse in District General Hospital Polonnaruwa Sri Lanka. She is studying MSC in Clinical and Counseling Psychology in Colombo Institute of Research and Psychology.



[5th Global Conference on Nursing and Healthcare](#) | July 27-28, 2021

Citation: : Somarathna, Improve personality in childhood, reduce child abuses, Nursing Congress - 2021, 5th Global Conference on Nursing and Healthcare | July 27-28, 2021, 05