

Perspective

# Health Care Management Terminology, Hospital Administration History and Health Systems

Ryan Paterno

Department of Health Care, University of North Carolina Hospitals, Chapel Hill, NC, USA

### DESCRIPTION

The field of leadership, management, and administration of public health systems, health care systems, hospitals and hospital networks in all the primary, secondary and tertiary sectors is known as health administration, hospital management and healthcare administration.

#### **Terminology**

The leadership and general management of hospitals, hospital networks, and health care systems are referred to as "health systems management" or "health care systems management." The phrase refers to management at all levels in international usage. Medical and health services management healthcare management and health administration are other terms used to describe managing a single institution in the US.

#### Hospital administrators

Hospital administrators are people or organizations that serve as the main decision-making body in hospitals. These people could be healthcare professionals who have worked as clinicians in the past or who are currently doing so. Administrators can be categorized as either generalists or specialists. People that manage or assist in managing a whole facility are known as generalists. The efficient and effective functioning of a particular department such as policy analysis, finance, accounting, budgeting, human resources or marketing is the responsibility of specialists.

According to a research from September 2014, the United States spends around \$218 billion annually on hospital administration expenditures or 1.43% of the country's overall economy. According to Health Affairs the percentage of the U.S. GDP devoted to hospital management increased from 9% in 2000 to 1.43% in 2012. Hospitals spend about 12% of their budget on administrative expenses in 11 different nations. Hospitals in the US spend 25% of their budgets on administrative expenses.

#### System processes

Organization, development and management of medical and health services are all aspects of a profession in healthcare administration. In hospitals, clinics, managed care organizations, public health agencies and other similar settings these duties are carried out. There is a lot of paperwork to do and not much patient interaction in this position. The best patient care, patient satisfaction and connections with doctors are all encouraged by healthcare administrators. They must do this by ensuring that their staff members are willing to adhere to procedures and have a favorable attitude toward their patients. When everything is set up and protocols are established the entire organization benefits.

Following on from this is the dual function of physicians, who can both direct patients and prescribe care while also acting as both consumers of healthcare resources and managers of organizational revenue. In comparison to major stakeholder ties in other industries, this makes leader connections with physicians quite unusual. Both physicians and healthcare administrators may become overworked as a result of various policies. However, the patients and the stakeholders are what really support a good healthcare system. These administrators see to it that the information needed to deliver proper care is accessible to physicians, insurance providers, clients and other healthcare professionals. Multiple professional present unique difficulties for managing and coordinating the healthcare organization on both the clinical and administrative sides of the business. A hospital's process operation systems are ultimately improved by a healthcare administrator. They are essential to the institution's long-term viability.

The primary objective of a hospital administrator is to foster a supportive workplace where patients are cared for as effectively and affordably as feasible. In terms of modern and high-quality healthcare the United States is the global leader. As a result, the company becomes more productive and efficient. The mission statement clarifies the organization's goals and gives staff members a sense of identity and belonging. This motivates

Correspondence to: Ryan Paterno, Department of Health Care, University of North Carolina Hospitals, Chapel Hill, NC, USA, E-mail: ruby@gmail.com

Received: 04-Jul-2022, Manuscript No. HCCR-22-17679; Editor assigned: 07-Jul-2022, Pre QC No. HCCR-22-17679(PQ); Reviewed: 21-Jul-2022, QC No. HCCR-22-17679; Revised: 28-Jul-2022, Manuscript No. HCCR-22-17679(R); Published: 05-Aug-2022, DOI: 10.35248/2375-4273.22.10.304.

Citation: Paterno R (2022) Health Care Management Terminology, Hospital Administration History and Health Systems. Health Care Curr Rev. 10:304

Copyright: © 2022 Paterno R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

management and stakeholders to work harder to achieve success. Helping people regain their general health and wellbeing is the ultimate goal of healthcare.

## History of health systems

Because managers have a relatively low-profile role in health systems compared to direct-care professions like nursing and

medicine, health systems management has been referred to as a "hidden" health profession. However, in recent years there has been an increase in the prominence of the management profession inside the healthcare industry partly as a result of the issues in developed countries are experiencing in balancing cost, access and quality in their hospitals and healthcare systems.