



## Health Administration and its Financial Sustainability in Healthcare

Freddie Albie\*

Department of Health Care, University of Washington, Seattle, USA

### DESCRIPTION

Health administration also known as healthcare management or healthcare administration is a healthcare industry that plays a significant role in organizing, coordinating and overseeing healthcare services and facilities. It encompasses a wide range of responsibilities from managing healthcare organizations and ensuring efficient delivery of care to addressing financial, legal and ethical aspects of healthcare operations. Health administrator's work tirelessly to improve the overall quality of healthcare services optimize resource utilization and enhance patient outcomes. Health administration involves planning, coordinating and supervising various aspects of healthcare organizations and services. It is a multidisciplinary field that draws on principles from management, finance, human resources, public health and policy development. Health administrators work in diverse settings, including hospitals, clinics, long-term care facilities, insurance companies, government agencies and non-profit organizations. They collaborate with healthcare professionals, such as physicians, nurses and allied health professionals to ensure the efficient functioning of healthcare systems. The importance of health administration in healthcare cannot be overstated. It ensures the smooth operation of healthcare organizations and the delivery of high-quality patient care. Health administrators are responsible for organizing and managing the complex and diverse aspects of healthcare systems making it possible for healthcare professionals to focus on providing optimal patient care.

Effective health administration coordination among healthcare providers, ensuring that patients receive timely and comprehensive care. This coordination is especially vital in the large healthcare facilities with multiple departments and services. Health administrators are skilled in streamlining operations, optimizing workflows and implementing best practices to enhance organizational efficiency and resource management.

By identifying areas for improvement and implementing efficient systems they can ensure that healthcare facilities run smoothly and effectively. Health administrators are responsible for financial planning, budgeting and cost control ensuring the financial sustainability of healthcare organizations. By managing financial resources effectively they can ensure that healthcare facilities can continue to provide quality care to patients.

Health administrators play a vital role in implementing healthcare policies and regulations to ensure compliance with industry standards and legal requirements. They are responsible for translating policies into practice, ensuring that healthcare facilities operate ethically and legally. Health administration focuses on continuous quality improvement initiatives striving to enhance patient outcomes and safety. By monitoring and evaluating the quality of care provided health administrators can identify areas for improvement and implement strategies to enhance patient care. Health administrators oversee the implementation of health information systems enabling efficient data management and analysis for decision-making. By leveraging technology and data they can make informed decisions and identify trends and patterns in patient care. Health administrators work to engage with the community understanding their healthcare needs, and developing services that address those needs effectively. By collaborating with community stakeholders, health administrators can ensure that healthcare services are tailored to meet the specific needs of the community. Effective health administration is essential for addressing the challenges and opportunities in the healthcare landscape, including rising costs, policy changes and technological advancements. By prioritizing effective health administration, healthcare organizations can continue to provide high-quality, accessible and patient-centered care, ultimately contributing to the betterment of public health and the well-being of individuals and communities worldwide.

**Correspondence to:** Freddie Albie, Department of Health Care, University of Washington, Seattle, USA, E-mail: albie@gmail.com

**Received:** 28-Jul-2023, Manuscript No. HCCR-23-22711; **Editor assigned:** 31-Jul-2023, Pre QC No. HCCR-23-22711(PQ); **Reviewed:** 15-Aug-2023, QC No. HCCR-23-22711; **Revised:** 23-Aug-2023, Manuscript No. HCCR-23-22711(R); **Published:** 31-Aug-2023, DOI: 10.35248/2375-4273.23.11.365

**Citation:** Albie F (2023) Health Administration and its Financial Sustainability in Healthcare. Health Care Curr Rev. 11:365.

**Copyright:** © 2023 Albie F. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.