

## ***Factors participating in readmission of heart failure patient, and hospital burden***

Abdul Mueed<sup>1</sup>, Tando Muhammad Khan<sup>2</sup>

<sup>1,2</sup>National Institute of Cardiovascular Diseases, Pakistan

### ***Abstract***

Introduction: Heart failure (HF) is the leading cause of hospitalization and readmission among older adults. Chronic heart failure (CHF) is the most common cause of readmission for patients in the Pakistan and worldwide. Despite this recent attention to HF readmission, we know relatively little about its actual causes.

Method: Patients were recruited for this study were admitted to national institute of cardiovascular diseases, through emergency. Patients discharged with a primary discharge diagnosis for HF who were then readmitted for any cause in the subsequent 6 month were eligible for the study.

Result: We recruit patients over the period of 3 month form June 2019 till august 2019, all patients were admitted to hospital from emergency room. For the readmission, median length of stay was 6 days.

Conclusion: Heart failure readmission is increasing now days which are financial burden on hospital and patient, and also the extra use of resources which can be easily control taking certain measure by physician and patient.



### ***Biography:***

Dr. Abdul Mueed, have completed fellowship in cardiology from college of physician and surgeon of Pakistan in 2016, and than second fellow ship in cardiac electrophysiology in 2019. Age 35. Have also presented in APHRS BANGKOK 2019. Currently working as assistant professor, in National Institute of Cardiovascular Diseases.

[30<sup>th</sup> International Conference on Cardiology and Healthcare](https://healthcare.cardiologymeeting.com/); Webinar- August 10-11, 2020

### **Abstract Citation:**

Abdul Mueed, Factors participating in readmission of heart failure patient, and hospital burden, Cardiology Care 2020, 30<sup>th</sup> International Conference on Cardiology and Healthcare; Webinar- August 10-11, 2020.

(<https://healthcare.cardiologymeeting.com/>)