

Essential care for every baby; first 90 minutes after birth

Sikandar Hayat

The Children's Hospital and The Institute of Child Health, Pakistan



Abstract

Neonatal mortality is a major contributing factor in under five years mortality rate. Prematurity, infections and birth related events are three major causes of neonatal mortality. However, majority of them can be prevented by scaling up a comprehensive set of interventions along a continuum of care from preconception nutritional care, essential newborn care to care of small and sick newborns. Essential care of every baby is part of Helping Babies Survive program which has been developed to reduce neonatal mortality in resource limited countries. During the first 90 minutes after birth it focuses on skin to skin care, initiation of breast feeding in first hour of life, prevention of diseases by cord care, eye care and administration of vitamin K along with assessment through examination of the baby to determine the further care. These are simple steps which can make difference between life and death.

Biography

Sikandar Hayat is Assistant Professor Neonatology at the Children's Hospital and the Institute of Child Health, Lahore, Pakistan. He has done his graduation from King Edward Medical University, Lahore and then did his Fellowship first in Pediatrics and later in Neonatology from College of Physicians and Surgeons Pakistan. He is supervisor and examiner for fellowship in Neonatology. He is member of Neonatology Group of Pakistan Pediatric Association. He is Master Trainer of Neonatal Life Support course and many other specialized neonatology courses conducted regularly by the Institute of Child Health, Lahore as well as Master trainer of American Academy of Pediatrics for 'Helping Babies Breathe' and 'Helping Babies Survive' trainings. He has presented his research work at many national and international neonatology conferences. He published many original research and review papers. He is Co - author of NeoLiS and Protocols in Neonatology books.



4th World Summit on Neonatology Nursing and Health Care | March 24-25, 2021

Citation: Sikandar Hayat, Essential care for every baby; first 90 minutes after birth, Pediatrics Healthcare 2021, 4th International Conference on Pediatrics and Healthcare, March 24-25, 2021, 10