

Emotional intelligence in pediatric dentistry: The booster dose

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Abstract

Emotional Intelligence is quite essential for success in both professional as well as personal life. Emotional Intelligence describes a person's ability to sense and respond appropriately to various emotions involved. This emotional sensitivity and empathy are crucial elements in facilitating high levels of collaboration and productivity. Even though many corporate organizations embraced the concept of Emotional Intelligence as a predictor of workers' success, its application in healthcare profession needs to be explored. Some studies highlight professional challenges, stress as well as psychological components involved while interaction of healthcare workers with their patients.

Importance of Emotional Intelligence can be more highlighted in Pediatric Dentistry because of interaction of Healthcare professionals with children as well as their parent (s). Multiple human interactions necessitate awareness of various emotions involved as well as ways to manage them. Introduction of the role of Emotional Intelligence in Pediatric Dentistry should be contemplated especially after a pandemic like COVID-19, with long-term psychological repercussions. Application of the principles of Emotional Intelligence can be beneficial for children, their parents as well as health-care professionals for deliverance of quality care to target population.

Biography

Sumant Mishra is a Pediatric Dentist associated with Ministry of Health, Kuwait since Sept 2009 and since then is being awarded (11 years continuous) Excellent in his clinical appraisals from Ministry of Health. He completed his Masters in Clinical Pediatric Dentistry (MClinDent Pediatric Dentistry from Queen Mary University of London, UK). He also has Postgraduate Certificate Courses (with Honors) from University of Helsinki, Finland and Fellowship in Laser Dentistry (University of Genoa, Italy). He completed his BDS (Gold-Medallist) from University of Delhi, India.



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