

EDITORIAL NOTE ON IMPACT OF COVID 19 ON CANCER PATIENTS

Rahul Hajare*

Abstract

Cancer is one of the underlying diseases that raises the risk of COVID-19 developing to a serious illness. As the COVID 19 pandemic expands, scientists are learning more about the virus and how it change us. From almost the beginning, medical experts have recognized that older adults and people with actual medical conditions – including few major diseases like heart disease, cancer, etc are at higher risk from the novel coronavirus. The recent outbreak of the recent coronavirus (COVID-19) and the rate at which the infection is spreading may be worrying if you are a cancer patient or are a caregiver of a patient, your worries and fears may be multifold. But there is nothing to worry about, as coronavirus infections can be avoided if acceptable precautionary measures are taken.

Keywords: Chemotherapy; Immunity; Immunocompromised

Is it important for a cancer patient to take extra care?

Cancer patients are lightly at a major risk than others. Cancer patients are attention to be immunocompromised in which the power to fight back the diseases is not adequacy as an average person. Along with immunocompromised cancer patients of an older age existence of alternative comorbidities like heart diseases, Heart attack, Diabetes also makes the fight back power comparatively weaker. If the cancer patient expand COVID - 19 infection the chances of organ relevant complication increases as some might have gone through treatment in terms of radiation therapy, or maybe kidney removal, or chemotherapy which automatically suppress the immunity.

Cancer patients follow the same precaution as normal people

Routine precautions like washing hands often with soaps and water for at least 20 seconds, using a hand sanitizer that contains at least 60 percent alcohol, wearing a mask, avoid touching eyes, nose, and mouth with unwashed hands, practice social distancing, clean and disinfect generally touched surfaces daily, etc should be followed and not be left but along with these precautions there, treatment pattern also may change.

Cancer patients are divided into 3 types:

Patients under Maintenance Therapy.

Patients under Active therapy.

Patients being planned for the treatment.

Patients who have completed the treatment and are cancer-free like breast cancer but they are on hormonal therapy are they more at risk of getting infected? Then your worry comes to an end.

Precautions are taken by cancer surgeons during COVID 19

They prefer doing the COVID test of all the patients previously starting any treatment by taking droplets from their mouth and nose which is then tested by specialists which have an accuracy of 60 - 70%. Also, there are various modifications done in treatment that all the cancer specialists' will exactly know. There are some special procedures as well where

chemotherapy is passed at a much higher degree so such patients are at major risk so doctors do take extra care of such patients.

Conclusion

Hence as doctors says do not fear that if you are a cancer patient and you get tested

ICMR Post Doc Fellow Indian Council of Medical Reserach, Drug Discovery, India

*Corresponding author: Rahul Hajare, ICMR Post Doc Fellow Indian Council of Medical Reserach, Drug Discovery, Indiat, India; E-mail: rahulhajare19@gmail.com

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positive you cannot recover. You can surely recover with more precautions and treatment but in comparison to normal people, you are at higher risk and should follow habits like wash hands generally and keep social distancing, use alcohol-based hand sanitizer commonly, especially if you have to go out. There are lots of ways you can contract with isolation while making

sure you are not close to people. These are the most vital elements to reduce the spreading of coronavirus. Besides, pre-stock your medicines and be sure you are up-to-date with other household items including swipes, sanitizers, etc. Call your treating doctor or contact the nearby healthcare center immediately, if you feel you have any COVID-19 symptoms