

Editorial Comments on Journal of Nutrition and Weight Loss

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Journal of Nutrition and Weight loss continuous its service since five years to the scientific community by consistently publishing peer-reviewed articles and tracking the progress and significant advancements in the field of Nutrition supply through food. Ever since it's launched in the year 2016, in addition to regular issue releases on a quarterly basis, this scientific journal is also releasing special issues and conference proceedings from time to time, thus comprehensively covering a wide range of topics and emerging challenges in Nutrition and healthy weight loss.

The journal focuses on particular prominence to papers that consolidate the findings of academic research into realities of clinical practice in the following areas: broadly such as diet pills, liquid diet, Yoga for weight loss, green tea weight loss, Vitamins for weight loss, Weight management, Ideal body weight, Obesity, Weight Reduction, Weight loss surgery, Overweight and Obesity, Ornish diet, Rapid weight loss, Body mass index (BMI), Adipose Tissue, Lipid Metabolism, Body Mass composition, Colon cleanse weight loss, Non-surgical weight loss, Weight loss supplements, Weight loss diet, Weight Loss Medical Devices, Very low Calorie diet and Weight loss management program, Monitoring and treatment protocols. In this issue some of the recent and impactful research articles that were published by the journal will be discussed.

A study was conducted by Juliet Kyayesimira et al. [1] to assess whether the post-harvest beef handling practices and actors involved follow set standards in the beef value chain. Beef handling from slaughter to butchery if not compliant with standard operating requirements may lead to contamination by spoilage and pathogenic microorganisms originating from equipment, surfaces, personnel, water and environment. This mostly depends on level of hygiene. Beef handlers have limited public health education on safe handling, poor meat handling facilities and low enforcement of hygiene rules along the value chain.

A review article by Karthikeyan Nagarajan et al. [1] discussed nutraceutical properties of traditionally processed sugar products in view of food policy implications in India. This review gains importance in the light of overconsumption of

foods rich in sugar, salt and fat, in the recent decades, and the associated epidemic of non-communicable diseases in India and rest of the world. Food policy in India does not signify the traditional sugars.

A reviews article by Nagarajan K et al. [2] discussed about nutraceutical properties of traditionally processed sugar products in view of food policy implications in India. This review gains importance in the light of overconsumption of foods rich in sugar, salt and fat, in the recent decades, and the associated epidemic of non-communicable diseases in India and rest of the world. Food policy in India does not signify the traditional sugars.

A review on herbal wine and its health benefits are discussed by Vaishali Rathi [3] gives lots of information about herbal wine health benefits. In past generations the consumers and customers who would not like consumption of wine were often meant to be uncultured. But globalization, industrialization and the accompanying rapid worldwide access to knowledge about different types of wines, herbs and their flavours along with the respective health benefits of each herbal component added in wine, has resulted in a more knowledgeable and empowered consumer with more sophisticated understanding of product value.

In-depth Analysis of Azza Abul-Fad et al. [4] reveals the mortality in relation to malnutrition in children under-five of age in the eastern mediterranean region. This study analyzes regional mortality rates in relation to socio-demographic, nutritional indices and early feeding practices in CU5 in the EMR countries.

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