

Counselling and management of smokers in a dental set up

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Abstract

Smoking is deleterious to overall health and shares a direct causal relationship with the oral health and periodontal diseases. It's the one of the burning topics in the present scenario and responsible for approximately 8 million deaths annually around the globe. Over the past 25 years, there has been increasing awareness of the role of smoking on the prevalence and severity of periodontal diseases. Smoking is an independent risk factor for the initiation, extent and severity of periodontal diseases. Additionally, it can lower the chances of successful treatment. So, the health workers should identify smokers, counsel them gradually and improve their quality of life. The aim of the lecture is to educate the health specialists of different field about the deleterious effects of smoking on oral health and treatment outcomes in brief besides the counselling and management of such patients in dental clinical set up.

Part of NGO "Joint Association of Academic System HUMAN WELFARE SOCIETY. published papers in various journals. presented papers and posters in various state, national and international conferences and conventions. secured bronze prize in the paper presentation at famdent icd convention, 2015 second prize in poster presentation conducted by international society of laser 2015 grabbed the best paper ppt award in idamp state convention 2015 presented poster on "tobacco deaddiction using laser in "mp first state convention"

Speaker Publications:

1. "Comparative evaluation of ped and amniotic membrane in the treatment of gingival recession - a clinical study"

[International Conference on Orthodontics](#); Webinar, September 25-26, 2020.

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<https://orthodontics.conferenceseries.com/>



Biography:

Completed BDS in 2012 and MDS in 2017 Topped the university postgraduate examinations. Currently working as a full-time clinician in a reputed multi-speciality dental hospital. Also heading a project as principle investigator, approved by ministry of science and technology, govt. of india, titled as "Development of community-based tobacco cessation programme in Lucknow and Kanpur region" Completed a project as co-investigator which dealt with 'corticotomy facilitated orthodontic treatment'.