

Combination of Reverse Transcription and Multienzyme Restriction Fragment Length Polymorphism Analysis for Rapid Detection of *Escherichia Coli*

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Abstract

Cultivation methods are used to monitor pathogenic microorganisms in foods. However, the current methods require a few days to produce results, and products are often released for sale before the results of microbiological analysis become available. We developed an RNA extraction and microorganism detection system using model food samples inoculated with *Escherichia coli* K-12 and O157:H7 (GTC 14536) (0 CFU/g and 1×10^1 – 10^4 CFU/g). Before RNA extraction, live or dead cells were inoculated into the food samples, the samples were homogenized, and the extracted RNAs were used to synthesize cDNAs using random 6-mer. PCR was used to analyze the target genes, and the PCR products were digested with two restriction enzymes (HhaI and HaeIII) to analyze restriction fragment length polymorphism (RFLP). PCR confirmed the RNA extraction and cDNA synthesis of up to 1×10^1 CFU/g samples of live cells. Multienzyme RFLP (MeRFLP) showed that the sizes of the DNA fragments obtained were consistent with the theoretical fragment sizes, suggesting that reverse transcription-MeRFLP (RT-MeRFLP) could identify the target bacteria. These results suggest that RT-MeRFLP, which does not require culture and can be completed within 6.5 h, is a promising approach for a low-cost, rapid, and reliable system for identifying bacteria in food.

Keywords: RNA extraction; cDNA; PCR; Multienzyme restriction fragment length polymorphism (ME-RFLP)

Introduction

Foodborne illnesses caused by pathogenic bacteria or viruses are among the most serious public health concerns worldwide. The ubiquitous and virulent nature of bacterial pathogens, such as *Escherichia coli* O157:H7, *Staphylococcus aureus*, *Salmonella* spp., and *Campylobacter* spp., creates a need for specific, sensitive, and rapid detection techniques [1]. The inspection of foods is essential when evaluating food safety and sanitation, and must be performed with appropriate stringency. In Japan, food is inspected by a traditional “official method” determined by the Ministry of Health, Labor and Welfare as part of the Food Sanitation Act [2]. This official method includes detection techniques that involve culturing bacteria or using immunological assays.

Culture techniques distinguish bacteria by their ability to grow on different media. However, positive identification cannot be confirmed by growth on a specific medium alone because many enteric bacteria possess similar biochemical characteristics. A different culture medium is often used for confirmation, which increases the analysis time. Because pathogenic bacteria are often present in very low numbers, several plates may be needed to streak the entire sample and incubate for the required time [3]. Moreover, the simultaneous detection and identification of pathogens by culturing different media plates can be difficult [4].

Nucleic acid-based methods have been replacing these traditional methods to identify, detect, and type pathogenic microorganisms in food products. Several approaches have been tried to overcome the limitations of the traditional methods such as their low sensitivity, accuracy, and effectiveness in identifying pathogens within complex target food matrices. These new methods must be validated and standardized to become reference methods [5].

Polymerase chain reaction (PCR) is a powerful nucleic acid-based

tool to detect and identify bacteria, but it cannot distinguish between DNA from viable cells and that from dead cells. In addition to the ethidium monoazide bromide PCR method, reverse-transcription PCR (RT-PCR) can differentiate between viable and dead bacteria because most mRNAs have short half-lives in dead bacteria. Although RT-PCR is time consuming and requires high-quality mRNA, which can be difficult to extract [6], the reproducibility of RT-PCR is crucial for differentiating viable cells from dead cells [7,8]. Nucleic acid-based identification of bacterial phylogeny allows the differences between isolated bacterial floras to be compared more easily using restriction fragment length polymorphism (RFLP) analysis of amplified specific DNA fragments, such as terminal restriction fragment length polymorphism (T-RFLP) [9]. Amplified rDNA restriction analysis (ARDRA) is also one of the earliest techniques that 16S rRNA gene fragments are amplified by PCR and digested with different restriction enzymes to give patterns for each genospecies [10-13]. ARDRA with multiple enzyme restriction fragment length polymorphism (MeRFLP) provides more precise information about the differentiation based on microbial phylogeny and taxonomy, since digestion of amplicons with multiple restriction enzymes that provide several, unique restriction fragments that can be compared to robust sequence database [12-15].

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The main aim of this study was to develop a method for rapid and simple bacterial RNA extraction from food samples. Phenol/guanidine isothiocyanate reagent and RNA extraction kits were used to evaluate both the RNA purity and detection limit for the bacteria analyzed. We aimed to evaluate methods to identify target bacteria using RT-PCR combined with MeRFLP based on 16S rRNA gene sequence.

Materials and Methods

Bacteria and growth conditions

Escherichia coli strain O157:H7 (GTC 14536) and K-12 were obtained from *Escherichia coli* strain K-12 was obtained from National Bioresource Project and Biological Resource Center at National Institute of Technology and Evaluation of Japan, respectively. The bacteria were streaked onto Luria-Bertani broth (LB) agar plates and incubated overnight at 37°C. Single colonies were inoculated into 5 mL of liquid LB at 37°C with shaking at 100 rpm overnight to produce a glycerol stock.

Preparation of food samples contaminated by bacteria

Sterilized sausages were selected as the model food sample and were obtained from Nippon Meat Packers Inc., Japan. The sterilized sausage (25 g) and saline solution (225 mL) were homogenized in a plastic bag for 1 min with a Masticator Basic (IUL SA Spain). Each sample of bacteria from the glycerol stock was grown in 50 mL of liquid LB in an Erlenmeyer flask at 37°C with shaking at 120 rpm for 16 h. The cells were harvested by centrifugation (5,000 rpm for 3 min) and resuspended in 50 mL of diluted sterilized saline solution. After three washing cycles, the cells were diluted at 1×10^8 CFU/mL in sterilized saline solution. To confirm that only viable cells contained transcript of the target RNA, we included a dead cell control from 10 mL of *E. coli* cells ($\sim 10^8$ cells/mL) that had been autoclaved for 15 min at 121°C. Each sample of live and dead cells was diluted serially (1×10^1 to 1×10^4 CFU/g) and then inoculated into the model food samples. The dilution rate was confirmed by colony counting on LB agar plates. The all experiments listed below were repeated three times with triplicate samples.

Total RNA extraction

RNA extraction was performed in triplicate. Total RNA was extracted from 2 mL of diluted cells and from 2 mL of model food suspensions using a High Pure RNA isolation kit (Roche GmbH, Germany) according to the manufacturer's instructions with a slight modification in which lysozyme was replaced by Proteinase K (10 mg/mL) for cell lysis. TRIzol (Invitrogen, USA), a phenol/guanidine isothiocyanate reagent, was also used for total RNA extraction from the same food suspensions. The concentration and purity of the extracted RNA were measured by UV absorption (Bio Spec-mini DNA/RNA/protein analyzer, Shimadzu, Japan). The RNA extracts from diluted cells were found to have an A260/A280 ratio >1.6, and the ratios from the model food samples ranged from 1.0 to 1.8. The RNA samples were frozen immediately at -80°C until use.

Reverse transcription (RT)

RT was performed to convert mRNA to cDNA using a High Capacity cDNA Reverse Transcription kit according to the manufacturer's procedures (Life Technologies). Total RNA was treated with DNase to remove any contaminating DNA and to ensure that only RNA was being amplified. Each 20 μL reaction containing 100 ng of total RNA, 2.0 μL of 10 \times RT random primers, 0.8 μL of 25 \times dNTP mix

(100 mM), 2.0 μL of 10 \times RT buffer, 1.0 μL of RNase inhibitor, 1.0 μL of MultiScribeTM Reverse Transcriptase, and Nuclease-free H₂O up to a final volume of 20 μL RT was performed in a TaKaRa PCR Thermal Cycler Dice (TaKaRa Bio, Japan) according to the manufacturer's instructions. A negative control containing all reagents except for the RNA template and a DNase control for each RNA template were also prepared.

Quantitative PCR (qPCR) for primer fidelity

To confirm the RT from RNA extraction and amplification efficiency of the primers used in the experiments, qPCR for enumerating the target bacterial gene copies was conducted on a StepOne plusTM Real-Time PCR system (Life Technologies, USA). A 20 μL reaction mixture volume was used, and each reaction mixture contained 10 μL Fast SYBR green Master Mix (Life Technologies), 7.6 μL sterile H₂O, 1.6 μL DNA template, and 0.4 μM each of the forward and reverse primers. Both 16S Rt-F (5'-ACTCCTACGGGAGGCAGCAG-3') and 16S Rt-R (5'-TTACCGCGGCTGCTGG-3') [13] primers were used to analyze the *E. coli* 16S rRNA gene coding cDNA in the qPCR at 60°C. The forward primer (41F) (5'-GCTCAGATTGAACGCTGGCG-3') corresponding to positions 22–41 of the 16S rRNA gene of *E. coli*, which has 60% GC content, and the reverse primer (1066R) (5'-TGTAAGTGTGTGCTCGAC-3') corresponding to the positions 1,066–1,085, which has 45% GC content [12]; were also used for qPCR at the same annealing temperature as used in the 16S rRNA gene qPCR. The fragment sizes of the 16S Rt-F-16S Rt-R and 41F-1066R primer sets were 197 bp and 1070 bp, respectively. The amplification efficiency of both targets was around 100%. The specificity of amplicons was also confirmed by DNA sequencing. Calibration of both genes was performed with serial dilutions of a known quantity of genomic DNA obtained from *E. coli* K-12. DNA copy numbers were calculated from the numbers of base pairs of genomic DNA using the average molecular weight of a base pair in double-stranded DNA (660 Da) [13].

PCR for MeRFLP

PCR was performed to amplify the target gene in the prepared cDNA samples. The PCR mixture (25 μL) comprised nuclease-free H₂O (14.6 μL), 5 \times PCR buffer (5 μL KAPA2G Fast PCR kit, KAPA Biosystems; USA), dNTP mixture (0.5 μL KAPA Biosystems), 5 U of KAPA2G DNA polymerase (KAPA Biosystems), TaqRecA protein (0.4 μg BioAcademia Co. Ltd, Japan), 10 mM of ATP (1.0 μL TaKaRa, Japan), and 100 ng of template cDNA. RecA protein from *Thermus aquaticus* (TaqRecA protein, BioAcademia, Japan) was used to promote precise priming at the sites where the primer sequence is completely complementary to that of the target sequence [15]. Both primers 41 F and 1066 R, with conserved V2 and V6 regions of the 16S rRNA gene, respectively, were used [12]. The reaction conditions were as follows: initial denaturation at 95°C for 1 min, followed by 30 cycles at 95°C for 10 s, 50°C for 10 s, and 72°C for 1 s. The Dice Model TP600 thermal cycler (TaKaRa Bio) was used.

Each PCR product (4 μL) was digested by 10 units of each restriction enzyme HhaI, and HaeIII (TaKaRa Bio) for 15 min at 37°C. The resulting samples were then incubated at 70°C to inactivate the restriction enzymes.

Samples digested with each restriction enzyme were analyzed using a DNA 1000 kit on the Shimadzu MCE-202 MultiNA system (Shimadzu) in "on-tip analysis" mode. All sample runs were performed by the manufacturer. The running reagent comprised the reagent from

the DNA 1000 kit separation buffer, DNA marker reagent; 60 ng of ϕ X174 DNA/HaeIII markers (Promega) was added to each assigned ladder well. The digested DNA samples were placed into the MultiNA instrument alongside the running reagent. The samples and running reagents were mixed automatically on-tip and were analyzed using MultiNA Control and MultiNA Viewer software [16]. Theoretical restriction fragment patterns of *E. coli* were calculated by the NEBcutter v2.0 program [17].

PCR for specific detection of cDNA from *E. coli*

The reverse primer Eco-R (5'-GCGGGTAACGTCAATGAG-CAAA-3') was designed for the specific detection of *E. coli* with 50% GC content. The forward primer was the 41F primer mentioned above. The fragment size of the primer sets was 471 bp for the *E. coli* 16S rRNA gene. PCR was performed using cDNA mixed with *E. coli* or cDNA extracted from the strain using same reagents and reaction conditions as described in PCR for MerFLP. MerFLP analysis of amplicons was also performed using the method described in PCR for MerFLP.

Sequence analysis

PCR amplicons corresponding to the expected size of 1070 and 471 bp were purified with a QIAquick PCR Purification Kit (Qiagen, CA, USA). The gene fragments were cloned into plasmids using the pGEM-T Easy vector system (Promega, WI, USA). Cloned amplicons were prepared from randomly selected recombinants and were used as templates for sequencing. Each clone was sequenced with the T7W and SP6W primers [18]. The gene fragments were sequenced with the 41F and 1066R primers using the BigDye Terminator v3.1 kit (Life Technologies, CA, USA) and an automated sequence analyzer (ABI PRISM 3130xl Genetic Analyzer; Applied Biosystems, CA, USA). All sequences were checked for chimeric artifacts with the Chimera Check program in the Ribosomal Database Project II [19,20] and were compared with similar sequences for reference organisms with a BLAST search [21]. The sequences reported in this paper have been deposited in the GenBank, EMBL, and DDBJ nucleotide sequence databases under GenBank/EMBL/DDBJ Accession Numbers AB844266 and AB844267.

Results

RNA extraction and RT

Several methods of RNA extraction, involving hot phenol/guanidine isothiocyanate extraction and different chaotropic agents

were tested. The most reproducible results were obtained when cells were extracted from food suspensions in a chaotropic buffer with the High Pure RNA Isolation kit (Roche). Since the TRIzol reagent did not extract any RNA from food samples, the spectroscopic data were not obtained. The quantity and quality of total bacterial RNA of both the K-12 and O157:H7 are summarized in Table 1. We obtained total RNA at concentrations of 2 to 15 ng/ μ L in both the live and dead cell samples. Although the quality of RNA (as shown by the A260/280 ratio) would be inappropriate for RNA analysis, synthesis of the cDNA was performed. We also extracted total RNAs from *E. coli* cells suspended serially in saline solution using the kit mentioned above. The quantity and quality of RNA from the suspended cells did not differ significantly from the results of food samples (data not shown). qPCR was used to analyze the cDNA synthesized from the RNAs shown in Table 1 and the DNase-treated control. The target *E. coli* gene copy numbers both the K-12 and O157:H7 determined in the synthesized cDNA are presented in Table 2. The copy number of target PCR products in the K-12 cDNAs amplified with each 41F-1066R and 41F-Eco-R primer set ranged from 4.22×10^0 to 9.59×10^2 and from 8.10×10^1 to 2.63×10^4 copies/ng cDNA, respectively (Table 2). In case of O157:H7, the copy numbers amplified with each 41F-1066R and 41F-Eco-R primer set were ranged from 6.24×10^3 to 6.83×10^4 and from 3.40×10^1 to 2.81×10^4 copies/ng cDNA, respectively (Table 2). The amplification efficiency of both targets was 100.6% and 79.6%, respectively.

PCR to detect and identify target bacteria

To examine the limit of detection of the 41F-1066R primer set for subsequent analyses, we prepared total RNA from various cell numbers (1×10^1 to 1×10^4 CFU/g) of *E. coli* K-12 and O157:H7, respectively, and synthesized cDNA and PCR for MerFLP. As shown in Figure 1A, the target gene (1070 bp) of K-12 was detected clearly at 1×10^3 and 1×10^4 CFU/g of cDNA from food samples inoculated with living cells. By contrast, no amplicons of cDNA derived from dead cells were detectable except for lane 7. The detection limit for the PCR of cDNA was 1×10^4 CFU/g of food sample. The same results were observed in O157:H7 (Figure 2A). The 41F-Eco-R primer set was also evaluated using serially diluted cDNA from samples containing *E. coli* K-12. The PCR amplification deduced from K-12 cDNA was obtained from 1×10^1 to 1×10^4 CFU/g; there was no amplification of cDNAs from dead cells (Figure 3A). The same results were also observed in O157:H7 (Figure 4A). Thus, the detection limit for the PCR of cDNA was 1×10^1 CFU/g of food sample (Figures 3 and 4). When PCR without the RecA protein were conducted, no amplicons of cDNA were detected at 1×10^1 to 1×10^4 CFU/g (data not shown).

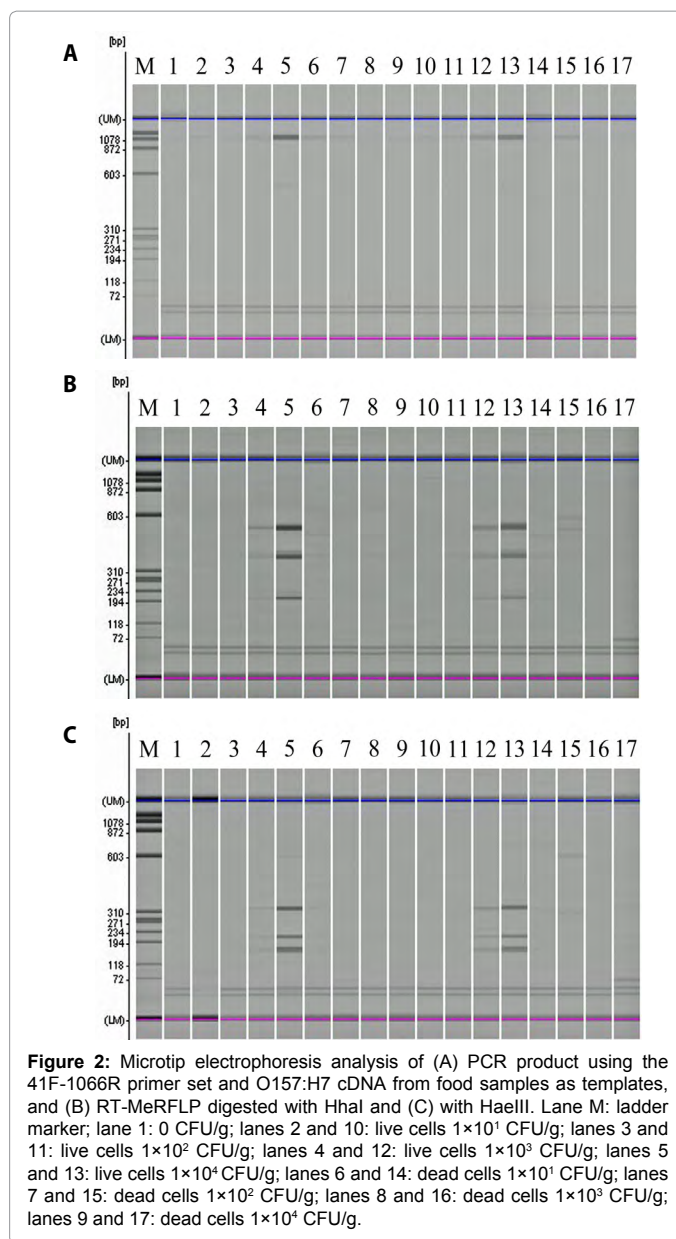
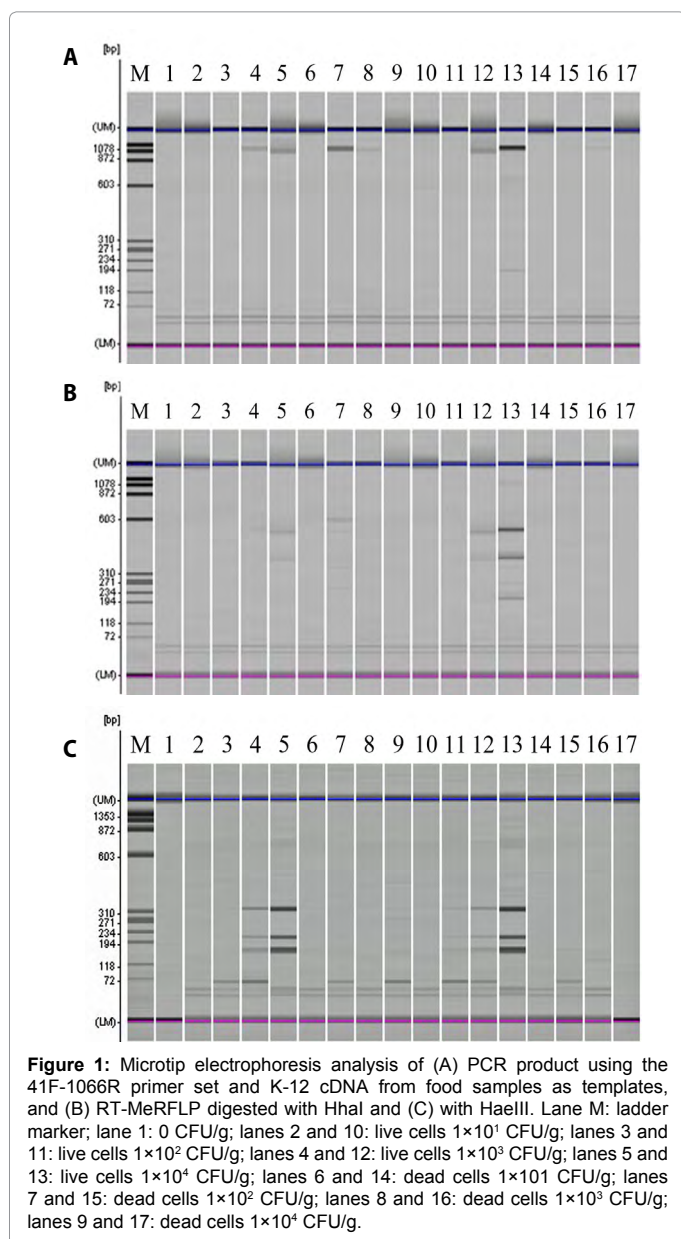
CFU/g	O157:H7		K-12	
	Conc (ng/ μ L)	Ratio of A260/280	Conc (ng/ μ L)	Ratio of A260/280
Noncell control	7.17 \pm 4.62	1.44 \pm 0.24	2.03 \pm 0.28	1.75 \pm 0.19
1×10^1 Living cells	2.73 \pm 1.15	1.32 \pm 0.34	10.4 \pm 4.58	0.89 \pm 0.31
1×10^2 Living cells	3.50 \pm 0.46	1.49 \pm 0.08	2.26 \pm 0.90	1.51 \pm 0.09
1×10^3 Living cells	3.30 \pm 0.53	1.64 \pm 0.11	7.78 \pm 3.76	1.14 \pm 0.04
1×10^4 Living cells	3.27 \pm 1.33	1.80 \pm 0.75	3.42 \pm 0.14	1.51 \pm 0.13
1×10^6 Living cells	ND*	ND	8.82 \pm 0.11	1.82 \pm 0.04
1×10^1 dead cells	2.47 \pm 0.04	1.26 \pm 0.04	15.4 \pm 3.79	1.21 \pm 0.46
1×10^2 dead cells	2.21 \pm 0.83	1.20 \pm 0.03	2.57 \pm 0.24	1.65 \pm 0.02
1×10^3 dead cells	3.07 \pm 0.31	1.24 \pm 0.18	6.74 \pm 0.54	1.18 \pm 0.11
1×10^4 dead cells	2.97 \pm 0.67	1.54 \pm 0.15	3.16 \pm 0.94	1.43 \pm 0.03
1×10^6 dead cells	ND	ND	4.57 \pm 1.21	1.65 \pm 0.10

*because they are not determined

Table 1: Concentration and A260/280 ratio of total RNA extracted from food samples inoculated with live and dead cells.

Identification of target bacteria by MerFLP

We confirmed the RFLP pattern of PCR products amplified from cDNAs with the 41F-1066R primer set after HhaI and HaeIII digestion. In the case of HhaI digestion, the PCR products obtained (1×10^4 CFU/g sample) were 203, 366, and 496 bp fragments, indicating that cDNAs of *E. coli* K-12 were synthesized and amplified (Figure 1B). In the amplification of the cDNAs extracted from *E. coli* with the 41F-1066R primer set, the theoretical restriction fragment lengths of PCR products with HhaI were 197, 359, and 508 bp and with HaeIII were 25, 34, 156, 161, 167, 204, and 317 bp. The results obtained from K-12 cDNAs inoculated into food samples were 203, 366, and 496 bp with HhaI, and 146, 155, 159, 184, and 306 bp with HaeIII (Figures 1B, C and Table 3). In case of O157:H7, the observed fragments were 205, 372, and 491 bp with HhaI, and 160, 166, 167, 217, and 331 bp with HaeIII (Figures 2B, C and Table 3). Although the specific identification of *E. coli* using MerFLP was demonstrated, the PCR amplicons obtained



from dead cells cDNA were detected. (Lane 7 in Figure 1A). After the PCR product was digested with the restriction enzymes, the resulting DNA band patterns had dissipated (Lane 7 in Figure 1B). Thus, no false-positive results were obtained from food samples that did not contain the target. The specificity of another primer sets (41F-Eco-R) was also confirmed with model food samples that had been serially diluted and inoculated with both *E. coli* K-12 and O157:H7. PCR products with the 41F-Eco-R primer set containing K-12 and O157:H7 cDNAs used as templates were observed as a single band (471 and 464 bp) in samples of 1×10^1 to 1×10^4 CFU/g, and no nonspecific band was observed, respectively (Figures 3A and 4A). The amplified DNAs derived from *E. coli* should produce theoretical restriction fragment lengths of 112 and 359 bp (HhaI), and 25, 75, 167, 167, and 204 bp (HaeIII). The results obtained from the cDNAs from K-12 inoculated into food samples were 118 and 361 bp with HhaI, and 89, 167, and 198 bp with HaeIII (Figures 3B, C and Table 4). In case of O157:H7, the observed fragments were 118, and 372 bp with HhaI, and 85, 169,

(CFU/g)	O157:H7		K-12	
	Gene numbers (copies)		Gene numbers (copies)	
	41 F – 1066R	41F – Eco - R	41 F – 1066R	41F – Eco - R
Noncell control	nd	nd	nd	nd*
1×10 ¹ Living cells	nd	34.0 ± 15	4.22 ± 2	81.0 ± 9
1×10 ² Living cells	6.24×10 ³ ± 2179	119 ± 29	506 ± 159	111 ± 23
1×10 ³ Living cells	6.95×10 ³ ± 1125	0.73×10 ³ ± 137	280 ± 99	3.43×10 ³ ± 101
1×10 ⁴ Living cells	(6.83 ± 3.82)×10 ⁴	2.81×10 ⁴ ± 139	959 ± 313	2.63×10 ⁴ ± 576
1×10 ¹ dead cells	nd	nd	nd	nd
1×10 ² dead cells	nd	nd	nd	nd
1×10 ³ dead cells	nd	nd	nd	nd
1×10 ⁴ dead cells	nd	nd	nd	nd

*because they are not detected

Table 2: Gene numbers in cDNA extracted from food samples inoculated with living or dead cells.

Restriction enzyme	Theoretical fragment length (bp)		Actual fragment length (bp) of O157:H7		Actual fragment length (bp) of K-12	
	Hha I	Hae III	Hha I	Hae III	Hha I	Hae III
<i>Escherichia coli</i> with 41 F – 1066R primer set	508	317	491	331	496	306
	359	204	372	217	366	184
	197	167	205	167	203	159
		161		166		155
		156		160		146
		34		nd*		nd
		25		nd		nd

*because they were smaller than the lower limit of detection

Table 3: Theoretical and actual fragment length of PCR products amplified with the 41F-1066R primer set and digested with HhaI and HaeIII in *E. coli*.

and 216 bp with HaeIII (Figures 4B, C and Table 4). The lower limit of detection of the fragment length in this system was <65 bp. Sequence analysis of the PCR products amplified with both primer sets showed that the corresponding sequences of *E. coli* were detected as observed in the MeRFLP analysis.

Discussion

Contamination of food by *E. coli* O157:H7 or other enteric bacteria such as *S. aureus* is an important public health concern. These bacteria are extremely virulent and can cause severe intestinal illness, and methods to detect and identify these bacteria are required for monitoring food supplies. Traditional detection methods, including the official method in Japan, are time consuming and costly. Many molecular techniques based on DNA analysis are not necessarily specific for detecting and identifying living cells. The present RT-MeRFLP method, which combined cDNA synthesis and MeRFLP, was more specific and sensitive for detecting and identifying living bacterial in food samples.

In the case of RNA extraction using the High Pure RNA Isolation kit, spectroscopic observation of the RNA concentration showed that total RNA was extracted from the noncell controls. Since the Roche's kit was the specifications that can extract both animal and bacterial cells, in RNA extracting method, it is thought that the spectrophotometric data was able to obtain. However, the quantity of RNA isolated from food samples by the TRIzol reagent might be far lower [22]. This result may indicate the presence of nucleic acid residues (probably DNA) derived from food samples. PCR amplicons were detected using cDNA synthesized from the RNA from the inoculated cells, and the RNA concentration could be measured spectroscopically, whereas the cDNAs from the noncell control were not from the amplified target gene. Considering the stability of RNA in *E. coli* cells, these results support the idea that the cDNA obtained using the RNA extraction kit

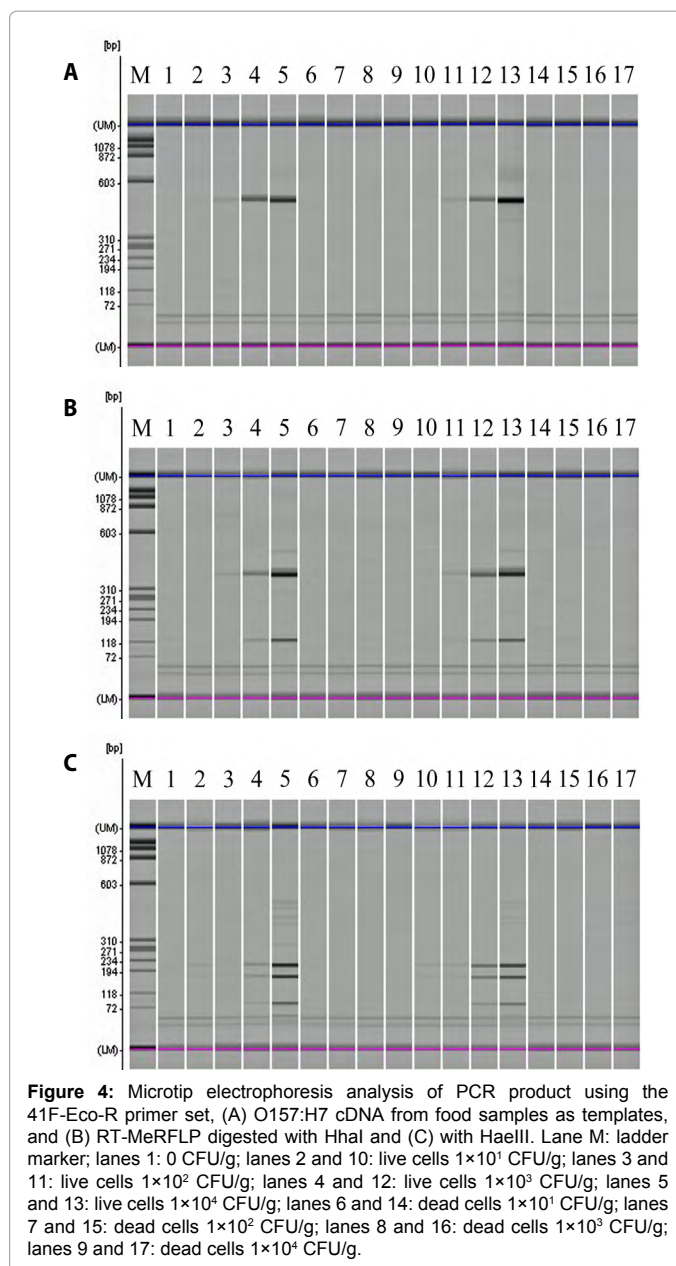
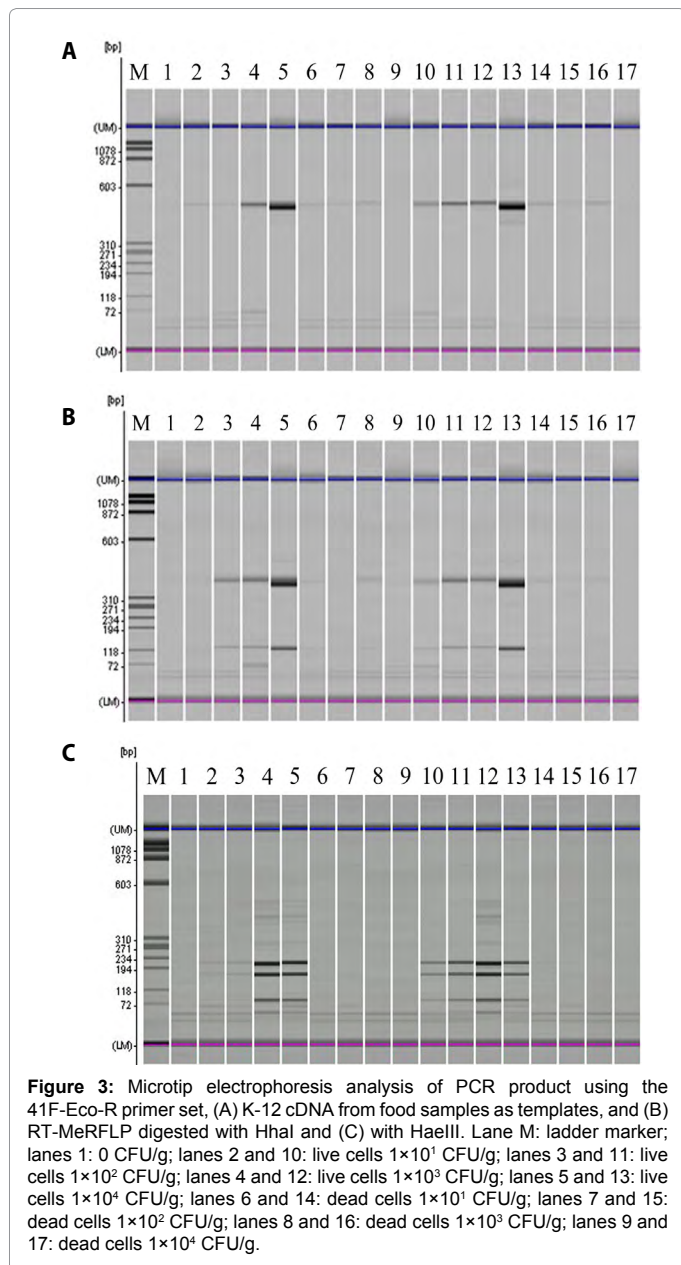
was synthesized from the total RNA from bacteria inoculated into the food samples [23].

Application of RecA protein to improve PCR fidelity was reported to overcome the difficulties amplifying with some DNA polymerases [15]. PCR using cDNA templates was performed with TaqRecA protein to improve the fidelity of the PCR primers. We chose a primer set that could amplify the 16S rRNA gene as the target because this gene exists in high copy number in many bacteria [24]. The PCR products amplified with this primer set can be used for bacterial identification using MeRFLP analysis [12]. In the case of the 41F-1066R primer set, the cDNA synthesis and subsequent PCR detection limit was 1.0×10⁴ CFU/g in the present study, whereas a previous study reported a limit of 5.1×10⁴ CFU/g in feces after 5 h incubation in culture media [25]. By contrast, the 41F-Eco-R primer set could detect up to 1.0×10¹ CFU/g, indicating that multiple PCRs using both primer sets would help overcome the limitations in the detection and identification of the target bacteria. Although the amplification efficiency was lower for 41F-Eco-R than for 41F-1066R, a PCR product was obtained with the 41F-Eco-R primer even from cDNAs at a concentration of 1.0×10¹ CFU/g. Furthermore, the present cDNA-based MeRFLP method detected only viable bacteria because PCR analysis of the food sample control inoculated with up to 1×10⁴ CFU/g of pathogenic *E. coli* cells, that had been autoclaved at 121°C for 15 min before inoculation, detected no bands, suggesting that contaminated DNA did not cause any false-positive results.

Considering that high-percentage G+C genes dissociate into single-stranded molecules with lower efficiency than do low-percentage G+C templates, PCR primers may be easily annealed to the population of single-stranded molecules with low-percentage G+C templates available for hybridization [26]. The 100 bp sequences containing the reverse primer, Eco-R had a 50% GC content, whereas the sequences containing 1066R had a 55% GC content. (data not shown). In

addition to the G+C content of the template DNAs, we focused on the secondary structure of 16S rRNA. Gutell, Woese et al. noted that the bases that are not paired in 16S rRNA are accessible to enzymes such as nucleases or kinases [27,28]. The actual annealing position of Eco-R corresponded to 450–471 bp of the 16S rRNA gene of *E. coli*, and unpaired bases are abundant in this position. These data are consistent with the observation that the 41F-Eco-R primer set used in the present study had an advantage for 16S rRNA gene amplification of the cDNA extracted from the food samples.

We used the Primer-BLAST program at the National Center for Biotechnology Information [29] to evaluate whether the primer set corresponding to the 16S rRNA gene of *E. coli* used in this study could amplify nonspecific genes in food samples. The data from the 41F-1066R primer set for the 16S rRNA gene showed that no amplification of genes from pig, chicken, plants (rice, maize, and soy bean) was observed,



whereas cow, and fruit fly nonspecific amplification was detected. In the case of the 41F-Eco-R primer set, no amplification of cow, pig, plants, or fruit fly was observed, although chicken nonspecific amplification was detected (data not shown).

Considering the resolution of microtip electrophoresis, the permission of error for the MerFLP is up to 10% [12,30]. Thus, the results shown from Figures 1B, C to Figure 4B, C are adequate to identify the target bacteria. In the case of 41F-1066R primer set, the fragment sizes after treatment with HhaI were consistent with the theoretical fragmentation of the 16S rRNA gene of *E. coli* K-12 and O157:H7. The fragmentation of cDNA with HaeIII also corresponded to that of the theoretical fragmentation (Table 3). PCR amplification by cDNA from dead cells (1×10^2 CFU/g sample) was detected, but no band patterns corresponding to *E. coli* 16S rRNA gene digestion were observed. In the case of 41F-Eco-R primer set, both PCR products

Restriction enzyme	Theoretical fragment length (bp)		Actual fragment length (bp) of O157:H7		Actual fragment length (bp) of K-12	
	Hha I	Hae III	Hha I	Hae III	Hha I	Hae III
E. coli with 41F-Eco-R primer set	359	204	372	216	361	198
	112	167	118	169	118	167
		75		85		89
		25		nd*		nd

*because they were smaller than the lower limit of detection

Table 4: Theoretical and actual fragment length of PCR products amplified with the 41F-Eco-R primer set and digested with HhaI and HaeIII in *E. coli*.

from K-12 and O157:H7 were digested with HhaI, and fragments of 118 and 361 bp in K-12 and 118 and 372 bp in O157:H7 were obtained, respectively, indicating that the PCR products were derived from each *E. coli* cDNA (Figures 3B and 4B). The same fragments derived from both *E. coli* cDNA were also observed after HaeIII digestion (Figures 3C and 4C). These results were also similar to those obtained with MeRFLP of 41F-1066R primer set. In addition to the identification by RFLP, the results of MeRFLP were useful for detecting and reducing the rate of false positives, and thus reducing the chance of PCR bias. The MeRFLP analysis using PCR products obtained from cDNAs was specific in its identification of bacterial species, suggesting that the RT-MeRFLP method can specifically detect viable *E. coli* cells.

Generally traditional detection methods including culture technique are time-consuming (requiring at least few days) [5]. Furthermore, the PCR-based sequencing analysis of bacterial identification is necessary for around 7 hours. Therefore, it takes it more than 12 hours before all from a sample preparation to bacterial identification is over. It took about 6.5 hours for the data collection, including sample preparation, using RT-MeRFLP, in which first RNA extraction is followed by identification by MeRFLP. This result demonstrates that the RT-MeRFLP method is a simple method and promising approach for overcoming the limitations in identifying viable bacterial contamination in food samples faster than the general methods involving cultivation and sequencing. When the target gene of the PCR primer sets for the RT-MeRFLP was altered in *stx1* and *stx2* or *oriC* [5,31], other pathogens such as *E. coli* O157:H7 (STEC) or *Salmonella* spp. could be detected without cultivation.

In the present study, bacterial RNA from food samples that had been inoculated with bacterial cells could be extracted without cultivation, and we then synthesized the cDNA and amplified the target gene from those RNAs. In other words, even when the purity of the extracted RNA was quite low, the RT of these RNAs for the synthesis of cDNA and use in PCR for MeRFLP could be achieved. In addition to the low RNA purity, other inhibitory factors of PCR could also be ignored in the *E. coli* detection with the new primer set, 41F-Eco-R. The RT-MeRFLP method should provide effective identification of target bacteria and detection of false-positive results. The method developed using the cDNA-based RT-MeRFLP without cultivation may provide an inexpensive bacterial identification system that will allow the rapid and reliable detection of pathogenic microorganisms directly in food. In addition to using the 16S rRNA gene for the target bacteria, the addition of other primer sets to amplify specific bacteria may allow the detection and identification of diverse foodborne pathogens such as *S. aureus*, *Salmonella* spp., *Campylobacter jejuni*, and *Vibrio parahaemolyticus* [32,33]. Therefore, from a quality control perspective, this advanced cDNA-based MeRFLP method plays an important role in quality control inspection as well as monitoring in food industries because this advanced cDNA-based MeRFLP method can detect not only the food borne viable bacteria but also dead cells at each phase of the production process.

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