

**Short Communication** 

# Classifying Involvements of Psychological Violence

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#### DESCRIPTION

Violence is a vital concept for defining social relationships among humans, a concept loaded with ethical and political implication. Yet, what is violence? What forms can it take? Can human life be void of violence, and should it be? These are some of the tough questions that a theory of violence shall address. Other questions, such as, "Why are humans violent?" or "Can violence ever be just?," or "Should humans aspire to non-violence?" are also considerable.

In a first estimation, psychological violence may be well-defined as that sort of violence which involves psychological hurt on the part of the agent who is being violated [1]. You have done psychological violence, that is, any time that an agent willingly inflicts some psychological distress on an agent [2].

Bigotry and Racism have been indeed studied as forms of violence that a government, or a sect of society, was imposing on some individuals. From a legal viewpoint, to identify that racism is a form of violence even when no physical damage is provoked to the victim of racist behavior is an important instrument for putting some pressure on those whose behavior is racist.

On the other hand, as it is often hard to assess psychological damage, the detractors of psychological violence often try to find an easy apologetic way out. While disentangling causes in the psychological sphere is problematic, however, there is little doubt that discriminatory attitudes of all sorts do put some psychological weight on agents: such a feeling is quite conversant to all human beings, since childhood [3].

Psychological violence poses also some significant and tough ethical dilemmas. First and foremost, is it right to react with physical violence to an act of psychological violence? Can we, for example, excuse bloody or physically violent revolts that were done as a reaction to situations of psychological violence? Consider even a simple case of mobbing, which involves some dose of psychological violence: can it be justified reacting in a physically violent manner to mobbing?

J Foren Psy, Vol.7 Iss.3 No:1000217

The questions just raised divide severely those who debate violence. On one hand stand those who regard physical violence as a higher variant of violent behavior: reacting to psychological violence by committing physical violence means to escalate violence. On the other hand, some maintain that certain forms of psychological violence may be more brutal than any form of physical violence: it is indeed the case that some of the worst forms of agony are psychological and may involve no direct physical damage be inflicted on the tortured [4,5]

## **CONCLUSION**

Psychological violence is of the highest importance from a political point of view. Racism and sexism have been indeed analyzed as forms of violence that a government, or a sect of society, was imposing on some individuals. From a legal viewpoint, to recognize that racism is a form of violence even when no physical damage is motivated to the victim of racist behavior is an important instrument for putting some pressure on those whose behavior is racist.

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Received: 01-Mar-2022, Manuscript No. JFPY-22-16316; Editor Assigned: 03-Mar-2022, PreQC No. JFPY-22-16316 (PQ); Reviewed: 17-Mar-2022, QC No. JFPY-22-16316; Revised: 21- Mar-2022, Manuscript No. JFPY-22-16316 (R); Published: 31- Mar-2022, DOI: 10.35248/2475-319X.22.7.217

Citation: Rufaedah R (2022) Classifying Involvements of Psychological Violence. J Foren Psy. 7: 217.

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