



Circular Water, Continuous Yield: Advancing Fish Production through Recirculating Aquaculture Systems

Julia Merino *

Department of Marine and Environmental Sciences, University of Valencia, Valencia, Spain

DESCRIPTION

Recirculating Aquaculture Systems (RAS), often abbreviated as represent a modern approach to fish and shellfish production that focuses on water reuse, controlled conditions, and efficient resource management. Instead of relying on large volumes of flowing water as seen in traditional pond or cage systems, this method continuously treats and reuses water within a closed loop. The concept relies on engineering principles combined with biological processes to maintain water quality suitable for aquatic organisms while minimizing environmental discharge.

At the centre of RAS operations is the idea of maintaining a stable aquatic environment. Fish are highly sensitive to changes in oxygen levels, ammonia concentration, temperature, and pH. In open systems, these parameters fluctuate due to weather patterns, pollution, and seasonal variation. RAS avoids such instability by using filtration units that remove waste and maintain consistent water chemistry. Mechanical filters capture solid waste like uneaten feed and fecal matter, while biological filters convert toxic ammonia into less harmful nitrate through microbial activity. This microbial conversion is essential for sustaining fish health in high-density conditions.

One of the defining advantages of RAS lies in its ability to produce more fish within a smaller physical footprint. Because water is reused and purified continuously, farmers can maintain higher stocking densities compared to traditional aquaculture systems. This makes RAS especially suitable for urban or land-limited regions where space and water access are restricted. The system also reduces dependence on natural water bodies, which are often subject to contamination or overuse. Feed management also plays a critical role in RAS performance. Because uneaten feed can quickly degrade water quality, precise feeding strategies are necessary. Automated

feeding systems help deliver accurate quantities at optimal intervals, reducing waste and improving feed conversion efficiency. In addition, researchers are exploring alternative feed ingredients such as insect meal and plant-based proteins to reduce dependence on traditional fishmeal.

Water quality monitoring in RAS is often supported by digital tools and sensors. Real-time data on oxygen levels, temperature, ammonia, and nitrate concentrations enable operators to make immediate adjustments when needed. This integration of technology enhances operational reliability and reduces the likelihood of sudden fish mortality. Data-driven management also allows for better planning and performance analysis over time.

Despite its benefits, RAS is not without challenges. Technical expertise is required to manage the system effectively, as even minor errors in water quality control can have serious consequences. Equipment failure, such as pump breakdowns or power outages, can disrupt the entire system.

Environmental considerations also favor RAS when compared to conventional aquaculture. Since water discharge is minimal, the impact on surrounding ecosystems is reduced. Nutrient-rich waste collected from the system can be repurposed as fertilizer for agriculture, creating opportunities for integrated production models. In some cases, RAS is combined with hydroponic plant cultivation in a system known as aquaponics, where plant roots absorb nutrients from fish waste, further improving resource efficiency.

The economic potential of RAS continues to grow as global demand for seafood increases. With wild fish stocks under pressure, aquaculture has become an essential source of protein. RAS offers a way to meet this demand without placing additional strain on natural ecosystems. Governments and private investors are showing increased interest in supporting

Correspondence to: Julia Merino, Department of Marine and Environmental Sciences, University of Valencia, Valencia, Spain, E-mail: julia.merino@mims-es.org

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RAS development through funding, research, and infrastructure initiatives

CONCLUSION

As the world faces challenges related to water scarcity, climate variability, and food security, systems that maximize efficiency

while minimizing environmental impact are gaining attention. RAS fits within this context by offering a controlled, resource-efficient method of aquatic food production. Continued advancements in technology, combined with increasing experience among operators, are likely to enhance its adoption across different regions.