

# A Systemic Review on Aducanumab and Lecanamab in the Development of ARIA in Alzheimer's Disease

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#### ABSTRACT

Alzheimer's is a condition of neurodegenerative disease, which caused cognitive and memory loss in the patient. The condition usually progresses in those over 65, and it causes dementia to develop along with memory loss and impairments in cognitive behavior. By 2050, there will be 113 million cases of dementia worldwide, up from the 50 million cases there were in 2010. Amyloid plaques and neurofibrillary tangles are the major cause of AD. Formation of A $\beta$  associated with the conversion of APP protein into A $\beta$  through  $\gamma$ -secretase enzyme and formation of neurotangillary fibre are associated with hyperphosphorylation of tau protein. Disease modifying therapy like aducanumab, bapineuzumab, gantenerumab, donanemab, crenezumab, solanezumab and lecanamab are developed. It is believed that these Anti A $\beta$  antibodies are very significantly reduce the level of A $\beta$ . Aducanumab and lecanamab showing good therapeutic effect with lesser degree of side effect. ARIA-A and ARIA-H are most commonly associated side effect of these anti A $\beta$  antibody. In this review we are focused on the comparison between Aducanumab and lecanamab their mechanism of reducing A $\beta$  level, binding profile with soluble and insoluble plaque and their side effect.

Keywords: Alzheimer disease; Amyloid Beta; APP gene; Aducanumab; Lecanamab; Neurofibrillary tangles; Tau protein

# INTRODUCTION

Alzheimer's disease ia s neurodegnerative disease, in which person lost his memory power and cognitive function. Progression of this disease generally seen in the person aged >65years, and it leads to development of dementia accompanied by memory loss and impairment in cognitive behavior [1]. It is a major problem occurs worldwide and it will estimate that 115 millions of people, who is >65 years or above are affected by Alzheimer's disease [2]. Age is the major risk factor which is particularly seen in the development of AD and also in dementia [3]. Women>65 years are of greater risk than men having dementia owing to an excess all-cause mortality in men aged>45 years [4]. But in many study find that there is no any difference in both sexes in development of dementia [5].

Mutation in gene like APP, PSEN1, PSEN2 are rare genetic risk factor for AD. Person who have inherited these mutated gene are almost younger than 65 years when they express symptoms of AD (Figure 1) [6]. A new and rare variant of APP gene (A673T) is identified as a protective against A $\beta$  production [7]. The identifiable mechanism involved in development of AD is plaque of Amyloid  $\beta(A\beta)$  and formation of neurofibrillary tangle inside the neuronal cell. This is developed due to hyper phosphorylation of Tau protein [8,9]. Tau protein is responsible for microtubule stabilization, present normally in cytoplasm and also in both presynaptic and post-synaptic compartment depending on the splicing of exon they are usually occurs in six isoform and they are known as 3R and 4R isoform due to three or four microtubule binding domain [3,10].

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Post translational modification in tau cause increase its phosphorylation capacity up to 3-4 times than normal phosphorylation [9]. This hyperphosphorylated altered conformational tau, aggregated into paired helical filament in cell body and dendrite and form neurofibrillary tangles (intracellular tau aggregates), neuropil threads (tau fragments in neuropil) and dystrophic neurites (tau-containing the degenerated axons and dendrites surrounding AB plaques [8].A neurotoxic fragment of Tau protein (NH2hTau), is mapped between 26 and 230 amino acid of the longest human tau isoform, damage the mitochondria by mitophagy process [11]. In mature hippocampal neuron, expression of these neurotoxic fragment leads to synaptic alteration, mitochondrial structure alteration and enhance mitophagic flux [12]. Neuron in entorhinal cortex and hippocampus region is mainly degenerated and due to formation of neurofibrillary tangle, the message conveying pathway is blocked [13]. Amyloid Precursor Protein (APP) is degraded by  $\beta$ -and  $\gamma$ -secretase (known as amyloidogenic pathway) and form A $\beta$  peptides like A $\beta$ 40, A $\beta$ 42 and A $\beta$ 43. These fragments of  $A\beta$  stick with each other and form insoluble  $\beta$ -sheet fibrillar aggregates. These aggregate are then deposited into many area in the brain like extracellular parenchyma, cerebral vasculature [14]. These deposition cause synaptic damage and alter the functions. Neuronal atrophy is developed in hippocampus area and then spreading to the cortical region that results in cognitive impairment and dementia [13]. A $\beta$  exist in many forms like monomer, soluble aggregate of different size (oligomers and protofibrils) and insoluble fibrils [15]. Study data of soluble protofibrils indicates that it is neurotoxic in nature and contribute to the damage of neuron [16,17]. Along with the Aß formation in amyloidogenic pathway, other molecule like APPS $\beta$ ,  $\beta$ CTF and AICD are also formed (Figures 2 and 3) [18]. Apolipoprotein E encoded by APOE gene, produced in brain by astrocyte and microglia believed to cause increased risk of AD by affecting the onset of  $A\beta$  aggregation in the brain by altering the clearance and seeding of A $\beta$  (Figure 4) [19,20]. The precise mechanisms by which  $A\beta/APP$  and tau interact are not well understood.

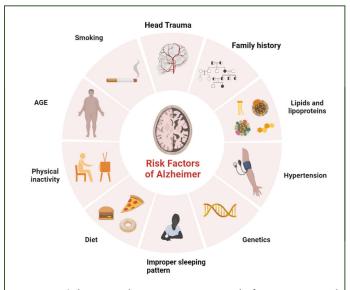
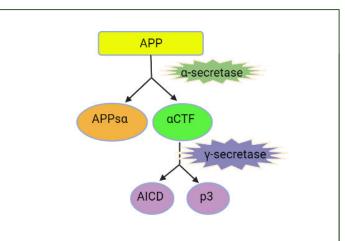
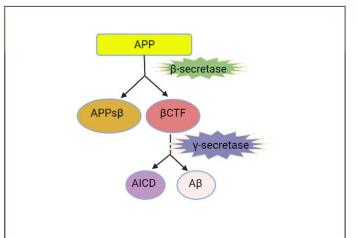


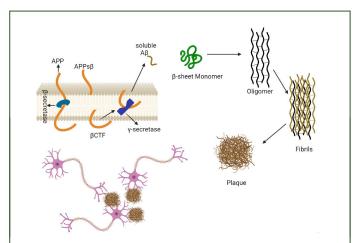
Figure 1. Schematic diagram represent risk factor associated with Alzheimer's disease development.



**Figure 2:** Diagrammatic representation demonstrate the action of  $\alpha$ -secretase on APP and form APPs $\alpha$ ,  $\alpha$ CTF and  $\gamma$ -secretase enzyme act on  $\alpha$ -CTF leads to formation of AICD and p3.



**Figure 3:** Diagrammatic representation demonstrate the action of  $\beta$ -secretase enzyme on APP and form APPs $\beta$ ,  $\beta$ CTF,  $\gamma$ -secretase. Enzyme act on  $\beta$ -CTF leads to formation of AICD and A $\beta$ .



**Figure 4:** Schematic representation show the formation of A $\beta$  plaque from APP in the presence of  $\beta$ -secretase enzyme. In this pathways APP is converted into APPs $\beta$  and  $\beta$ CTF by  $\beta$ -Secretase and on  $\beta$ CTF enzyme  $\gamma$ -secretase act and form soluble A $\beta$ , these soluble form converted into monomer form and then into oligomer to fibrils and finally into plaques.

# DIAGNOSIS OF AD

Positron Emission Tomography (PET) technique is widely used for the detection of AD. PET detect and analyse tracer molecule (A $\beta$ , tau protein) and CSF protein present in excessive amount in brain cell and CSF [21]. Phosphorylated Tau 181 protein and Fibrillar A $\beta$  is considered as an important biomarker of AD [22]. These two biomarker are also present in another disease and it can be detected *in-vivo* or *in-vitro* by scanning tunneling microscopy (for A $\beta$ ) and photon rayleigh scattering assay (for tau detection) [23]. Other one of the major neuroinflammation target for PET scanning is Translocator Protein (TSPO). TSPO is mainly found in mitochondrial outer membrane and steroid synthesizing, it is responsible for transportation of cholesterol into mitochondria [21]. Up regulation of these transporter protein gives an evidence of AD. Different generation of TSPO identifier are used in detection of AD.

#### 1<sup>st</sup> generation TSPO identifier molecules

(C11)PK-11195 is the first generation widely used identifier molecules. It gives low signal to noise ration in final PET image because of low permeability of blood brain barrier and high non-specific plasma binding [24,25].

#### 2<sup>nd</sup> generation TSPO identifier molecules

Due to some problems in 1<sup>st</sup> generation of TSPO identifier, few 2<sup>nd</sup> generation identifier including (11C)DAA1106, (1F) FEDAA1106, (125I)CLINDE (11C)PBR06, (11C)PBR28, (18F)PBR111, (18F)DPA-713, (18F)DPA-714, (18F)F-DPA, (11C)AC5216, (18F)FEMPA, and (18F)FEPPA are used [26,27]. Due to the polymorphism TSPO (rs6971) each of the TSPO identifier has different binding affinity.

#### 3rd generation TSPO identifier molecule

In this, (18F)GE-180, (R,S)-(18F)GE-387, (11C)ER176, (11C)CB184, (11C)CB190, (11C)N' -MPB, and (18F)LW223 these molecules are used as TSPO identifier. In this (18F)GE-180 (flutriciclamide), (S)-(18F)GE-387, and (11C) ER176 resolve the problem of ligand-dependent affinity in *in-vitro* binding assay where these identifier are insensitive to TSPO rs6971 polymorphisms [21,28].

Some of the other identification target like monoamine oxidase-B (MAO-B), matrix metalloproteinases, colony-stimulating factor 1 receptor (CSF1R), imidazoline-2 binding sites (I2BS), cyclooxygenases, the phospholipase A2/arachidonic acid pathway, sphingosine-1-phosphate receptor-1, reactive oxygen species, cannabinoid-2 receptor, purinergic P2X7 receptor and P2Y12 receptor, the fractalkine receptor CX3CR1 (187), TREM2 (140), and receptor for advanced glycation end products are under development [29-32].

# TREATMENT APPROACH

Till now, no any approved drug is available in the market for the fully curable treatment of AD. Drug which is available, reduces the

symptom of AD at desired level so patient feel some comfortable [33]. Drugs such acetylcholinestrase inhibitors (Donopezil, Galantamine, rivastigmine), N-methyl-D-aspartate receptor antagonist (Memantine) are used for sympatomatic relief of AD patient [34,35]. Based on the A $\beta$  mechanism, it is believed that clearance of  $A\beta$  plaques may be useful approach in reduction of progression of AD [36-38]. Anti-A $\beta$  drug are made for this purpose and scientist till now try to find out exact molecule which can reduce the AD progression but unfortunately, all effort made to find out a drug molecule has been failed in the past [39]. Growing evidences in the field of immune system, innate immune plays an important role in disease progression and AD etiology, CNS has considered as the immune-privileged site [40,41]. Immunotherapy is an emerging approach for the treatment of AD. Some of the Anti-A $\beta$  antibodies like aducanumab, bapineuzumab, gantenerumab, donanemab crenezumab, solanezumab and lecanamab are developed and already goes into clinical trials [42]. These Antibodies target the A $\beta$  through vatious metabolic pathway to remove it. Bapineuzumab has high affinity for all form of  $A\beta$ , but it has been terminated from clinical trial because it does not produce desired effects [43]. Solanezumab has mid-range soluble monomeric A $\beta$  anti A $\beta$  antibodies, it has been terminated from clinical trials in phase 3 because it doesn't meet essential criteria endpoint [44].

#### Sympatomatic relieving drugs

Acetylcholine relieving drugs. E.g.:-Donepezil, galantamine, rivastigmine

N-methyl-D-ASPARATE receptor antagonist. E.g.:- Memantine

#### Anti-Aß Antibodies

Aducanumab, lecanamab, gantenerumab, donanemab, crenezumab

Aducanumab: Aducanumab is categorized under IgG 1, which is a human immunoglobulin. It significantly reduces the AB aggregate by selectively targeting the aggregated  $A\beta$  and  $A\beta$ oligomers. It does not interact with monomer [45,46]. Aducanumab showing positive effect on animal model in improving the cognitive function and decreasing the degree of brain pathology. It can work by stimulation of microglia and prevention of A $\beta$  aggregates evidence of prevention of A $\beta$  by aducanumab is shown in report of study of Tg2576 mice (used as animal model) [2]. In these model Aducanumab reduced the level of A $\beta$  plaques in 9 month old mice in a dose dependent manner but it doesn't show any significant reduction in  $A\beta$  level in 22 month old mice. It means aducanumab prevent the  $A\beta$ aggregation more precisely than reduction of  $A\beta$  plaque [46]. In 2021, FDA approved aducanumab as the 1st disease modifying therapy for AD. Patient who has Mild Cognitive Impairment (MCI) or who has mild dementia are treated by Aducanumab [2]. The degree of reduction of  $A\beta$  in patient and improvement in clinical symptoms is measured by Clinical Dementia Rating Sum of Boxes (CDR-SB) and Mini-Mental State Examination (MMSE) scores. After the successful outcomes obtained in phase 1b of clinical trials, aducunamab goes in phase III in 2015 (clinical trial

govt. A study report of 196 patient shows that aducanumab significantly reduces the A $\beta$  plaques and reduce the clinical measure in patient of AD in same fashion [45,46]. ARIA (Amyloid Related Imaging Abnormalities is the associated side effect seen in dose dependent aducanamab treated group. ARIA occurs generally in those patient who carries gene of Apolipoprotein E [47]. APOE4 is considered as one of the major genetic risk factor in the development of late onset of AD [2].

ARIA is basically comprise of spectrum of imaging that can be detected on MRI. It is developed due to using of monoclonal antibody (aducanumab [48]. There are two types of ARIA may be developed depending on its mechanism [49]. Development of ARIA originates due to antibody mediated breakdown of amyloid plaques and vascular wall structure integrity damage. Amyloid plaques are deposited on the vessel wall and it cause damage of structural integrity, and also reduces the perivascular clearance of amyloid plaques, when monoclonal antibody is administered them breakdown the  $A\beta$  and also leads to increase in clearance rate of perivascular drainage. Increase in perivascular drainage leads to more deposition of amyloid plaques on vessel wall, at the same time amyloid mediated inflammation and breakdown of amyloid plaques occurs, these process cause rupture the membrane integrity and cause leakage of proteinaceous fluid and/or RBC into the parenchyma and leptomenginal space. This can cause development of ARIA-E and ARIA-H [50,51].

#### Classification of ARIA

ARIA-E- Developed due to brain edema or sulcul effusion.

ARIA-H- Developed due to hemorrhage in the brain parenchyma

From June 2021, aducanumab has been approved by FDA to treat mild Alzheimer's disease, which has generated a lot of medical and scientific debate [52]. Even if aducanumab does lower A $\beta$ , there is insufficient solid proof that AD patients actually benefit from treatment. ARIA-related cerebral edema (ARIA-E) occurred in around 35% of patients receiving highdose aducanumab in phase III, and ARIA-related micro hemorrhages (ARIA-H) or other adverse symptoms, such as headache, nausea, and dizziness, occurred in approximately 18%-22.7% of patients. The majority of ARIA-E episodes happened early on in the treatment with aducanumab. These outcomes were in line with earlier clinical investigations of anti-A antibodies, and subsequent therapy lowered the likelihood of ARIA-E. A review of all trials revealed in a February 2022 Neurology publication that aducanumab dramatically decreased a plaques in the brain. It has not yet been demonstrated, yet, whether it affects symptoms connected to AD. According to reports, brain hemorrhage and swelling occurred in roughly 40% of patients receiving aducanumab treatment, however most side effects vanished once the medication was stopped. Auranumab is currently only licenced for MCI and early-stage AD patients; those with moderate-to-severe AD are not included. FDA advises Magnetic Resonance Imaging (MRI) close monitoring of patients

receiving aducanumab, and more thorough research is required on several aspects of aducanumab therapy.

**Lecanemab:** Lecanemab is newly developed humanized version of the murine mAb158 antibody. Which selectively target the soluble A $\beta$  aggregate (oligomer, and protofibrils) [53]. Soluble A $\beta$  protofibrils are more neurotoxic and it contribute to the pathogenesis of AD [54]. Lecanemab evidences showed that it selectively bind to soluble A $\beta$  aggregate and reduce the pathology of AD, it also prevent the deposition of A $\beta$  and selectively reduce A $\beta$  protofibril in brain and CSF [55,56].

Modest efficacy has been observed in high dose of lecanemab and risk of edema was limited to higher dose of lecanemab in *APOE4* carrier [57]. Lecanemab was administered to 609 patients with early-onset AD, MCI, and mild-onset AD dementia, whereas a placebo was given to 245 patients in a randomized double-blind clinical trial, site across North America (the USA and Canada), Europe (France, German, Italy, Netherlands, Spain, Sweden and the UK) and the pacific region (Japan and South Korea) [2,53].

For appropriate subject allocation to the trial's most efficient dose, Bayesian response adaptive randomization was used. The monthly and biweekly 10 mg/kg Early on in the trial, different dosages were identified as potential effective doses of 90% (ED90), with 10 mg/kg administered twice weekly being the final ED90 dose (defined as the most basic treatment group that achieves at least 90% of the modelled maximal treatment impact) [53].

The findings demonstrated that brain A $\beta$  was considerably reduced by lecanemab (10 mg/kg biweekly identified as the target ED90 dose), which was distinct from the placebo group at 72 weeks, supporting the use of lecanemab as an active treatment, but this dose did not received the highest no. of subjects since randomization of *ApoE4* carriers[58]. As a results, the lecanemab 10 mg/kg biweekly group had fewer subjects compare to 10 mg/kg monthly with lower percentage of *ApoE4* carrier [53].

A Bayesian adaptive design was used in BAN2401-G000-201 (Study 201) with response adaptive randomization, frequent blinded interim analyses to determine early success or futility, and a plan to update subject allocation probabilities based on the anticipated 12-month outcome modelled on all clinical data on the Alzheimer's Disease Composite Score (ADCOMS).

Safety and efficacy of lecanemab are previously performed in clinical trials with mild to moderate AD patients and it was found that lecanemab was well tolerated at all dose [53].

ARIA-E and ARIA-H and infusion reaction was developed but it was well tolerated [54]. The majority of ARIA-E (60%) occurred within the first three months of therapy and had radiologic severity that was primarily mild-to-moderate (89%) in nature. All ARIA-E cases were successfully resolved, typically taking 4 to 12 weeks [53].

Infusion reactions (3.3% for placebo, 5.8% for 2.5 mg/kg biweekly, 7.8% for 5 mg/kg monthly, 12.0% for 5 mg/kg biweekly,

22.9% for 10 mg/kg monthly, and 19.9% for 10 mg/kg biweekly and ARIA-E (0.8% for placebo, 1.9% for 2.5 mg/kg biweekly, 2.0% for 5 mg/kg monthly, 3.3% for 5 mg/kg biweekly, 9.9% for 10 mg/kg monthly, The majority of infusion responses were mild to moderate (Grade 1-2 and frequently improved with preventive therapy. Lecanemab and placebo showed no discernible treatment differences in laboratory tests, electrocardiograms, or vital signs [53].

Changes in CSF biomarkers confirmed the therapeutic benefit of lecanemab, and lecanemab was well-tolerated with a 9.9% incidence of ARIAs-E at 10 mg/kg biweekly [53]. Moreover, lecanemab demonstrated great efficacy in terms of clinical and biomarker outcomes [54]. Lecanemab entirely eliminated A plaques from the brain, slowed cognitive decline, and had a low incidence of ARIA-E in early AD, according to the results of the phases I and II (2b trials [59]. Lecanemab might therefore have an impact on AD pathology to slow down AD development. Lecanemab is a potential feasible mab's medication for the treatment of AD based on encouraging preclinical findings and various clinical trial results. Because of the reduction in brain A levels, improvement in cognitive decline, and low incidence of ARIA-E, lecanemab appears to be the most effective treatment for AD among these mabs. It is safer and has a mild therapeutic effect. The outcomes of numerous clinical trials, however, were generally unfavorable and failed to demonstrate clinically significant improvements in patients with clinically apparent or prodromal dementia. Further research must be done to determine the effectiveness and safety of lecanemab [2].

# Binding comparison of aducanumab and lecanemab to different form of $A\beta$

Using inhibitory ELISA, immunodepletion, and Surface Plasmon Resonance (SPR), the antibodies' binding ability to  $A\beta$ monomers, cross-linked oligomers, small and large protofbrils, and fibrils has been studied [42]. Aducanumab selectively binds to fibrils than protofibrils, whereas lecanemab show stronger binding to protofibril than fibrils [60]. By using inhibition ELISA, the binding of lecanemab, aducanumab, and to various invitro produced soluble species of AB monomers, oligomers, and protofbrils, was studied. For all antibodies, IC50 values were in the  $\mu M$  range for monomeric A $\beta$ . Lecanemab and aducanumab both had IC50 values above>25 µM, which indicated a very weak binding to monomers. Lecanemab had the lowest IC50 values for binding to both small and big protofbrils, measuring 0.8 nM. Aducanumab showed a stronger binding to the large protofbrils with an IC50 of 1.3 nM as compared to the smaller protofbrils with an IC50 of 2.5 Nm [42].

# DISCUSSION

In this review we focus on the treatment approach of AD and complications arising during the treatment. Aducanumab is used since 2021 to prevent the accumulation A $\beta$  aggregates plaques more significantly than reducing A $\beta$  aggregates plaques by the FDA approval. ARIA (Amyloid-Related Imaging Abnormalities is the associated side effect seen in dose-dependent Aducanamab patients. Occurrence of ARIA is

generally associated with a patients who carries the gene of Apolipoprotein E. Lecanemab is one of the other classes of newly developed humanized versions of the murine mAb158 antibody. It shows to be more effective than Aducanumab because it selectively reduces the soluble A $\beta$  aggregate (oligomer, and protofibrils). Soluble A $\beta$  aggregate is more toxic and it is associated with the generation of the pathogenesis of AD. In the future, we will develop and use the combined form of both the Anti-A $\beta$  Antibodies to successfully treat AD patients.

### CONCLUSION

Alzheimer disease is nowadays biggest emerging disease cause by certain risk factor like diet, genetic factor, infection and environment pollution. The main factor associated for development of AD is accumulation of A $\beta$  plaque in entrorhinal cortex and hippocampus reason. The *APP (Amyloid Beta* Precursor Protein) under the action of  $\gamma$ -secretase enzyme converted into A $\beta$ . A $\beta$  occurs in many form like soluble aggregate, protofibril, and fibrils. Soluble form is more neurotoxic than other. Tau protein hyperpolarisation is also associated in the development of AD. Monoclonal antibodies like aducanumab, lecaneumab and others are developed in hope for the reducing the AD progression by reducing the A $\beta$  accumulation. Lecanemab, a humanized monoclonal antibody shows effective results in reducing the AD progression.

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