



A Short Note on Thalidomide and Its Affects

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DESCRIPTION

Thalidomide should now no longer be taken *via* the means of women who're pregnant or who ought to emerge as pregnant at the same time as taking this medication. Even if an unmarried woman takes a dose of thalidomide can affect all through being pregnant can cause extreme starting defects (bodily issues within the infant at start) or demise of the unborn infant. A software known as Thalidomide REMS (previously called the System for Thalidomide Education and Prescribing Safety) has been accredited *via* way of means of the Food and Drug Administration (FDA) to make certain that pregnant women do now no longer take thalidomide and that girls do now no longer emerge as pregnant at the same time as taking thalidomide. All individuals who are prescribed thalidomide, along with ladies and men who can't emerge as pregnant, should be registered with Thalidomide REMS, have a thalidomide prescription from a physician who's registered with Thalidomide REMS, and feature the prescription crammed at a pharmacy this is registered with Thalidomide REMS so that it will obtain this medication.

You have to consult your physician each month all through your remedy to speak approximately your circumstance and any aspect results you'll be experiencing. At every visit, your physician might also additionally come up with a prescription for as much as a 28-day delivery of drugs and not using refills. You should have this prescription complete inside 7 days. Do now no longer donate blood at the same time as you take thalidomide and for four weeks after your remedy. Do now no longer proportion thalidomide with every person else, even a person who might also additionally have the equal signs which you have. If you could grow to be pregnant, you'll want to fulfill sure necessities in the course of your remedy with thalidomide. You want to fulfill those necessities even when you have records of now no longer being capable of grow to be pregnant. You can be excused from assembly those necessities simplest when you have now no longer menstruated (had a period) for twenty-four months in a

row, or you've got a hysterectomy (surgical operation to dispose of your uterus). You ought to use proper kinds of beginning manage for four weeks earlier than you start to take thalidomide, in the course of your remedy, and for four weeks after your remedy. Your health practitioner will inform you which of them ones kinds of beginning manage are proper. You ought to use those kinds of beginning manage always until you could assure that you'll now no longer have any sexual touch with a male for four weeks earlier than your remedy, in the course of your remedy, and for four weeks after your remedy.

Some medicinal drugs can purpose hormonal contraceptives to be much less effective. If you propose to apply hormonal contraceptives (beginning manage pills, patches, implants, injections, rings, or intrauterine devices) in the course of your remedy with thalidomide, inform your health practitioner approximately all of the medicinal drugs, vitamins, and natural dietary supplements you take or plan to take. Be positive to mention: griseofulvin (Grifulvin); sure medicinal drugs to deal with human immunodeficiency virus (HIV) inclusive of amprenavir (Agenerase), atazanavir (Reyataz), darunavir (Prezista), fosamprenavir (Lexiva), indinavir (Crixivan), lopinavir (in Kaletra), nelfinavir (Viracept), ritonavir (Norvir, in Kaletra), saquinavir (Invirase), and tipranavir (Aptivus); sure medicinal drugs for seizures inclusive of carbamazepine (Carbatrol, Equetro, Tegretol) and phenytoin (Dilantin, Phenytek); modafinil (Provigil); penicillin; rifampin (Rimactane, Rifadin); rifabutin (Mycobutin); and St. John's wort. Many different medicinal drugs may also intervene with the movement of hormonal contraceptives, so make sure to inform your health practitioner all the medicinal drugs you take or plan to take, even the ones that don't seem in this list. You must have terrible being pregnant checks earlier than you could start to take thalidomide. Stop taking thalidomide and get in touch with your health practitioner proper away in case you suppose you're pregnant.

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