



A Brief Note on Adolescent Social Withdrawal

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DESCRIPTION

Models of social withdrawal development assume that the experience of unstable parent child relationships and negative interpersonal relationships is an important factor in causing an individual's social withdrawal. Therefore, it is especially important to support young people left behind and provide interpersonal resources. As one of the interpersonal resources, social support means the support and care of others. Social support can protect a child's mental health and promote healthy behavior and positive psychological responses.

A total of 675 first and second-year junior high school students from Jiangsu Province were recruited to conduct the questionnaire, and 628 valid questionnaires were collected, with a survey recovery rate of 95.41%. Among them were 276 boys (41.90%) and 368 girls. There were 339 (54%) young people left behind and 289 young people not left behind. There were 312 (49.70%) first-year junior high school students and 316 second-year students.

Adjusted Social Support Rating Scale was adopted to measure the social support of adolescents not left behind. This scale is based on the Social Support Rating Scale developed by Xiao. This scale has 11 items, including objective support, subjective support, and use of social support. Cronbach's alpha on the scale was 0.69, which was acceptable.

Social withdrawal

The social withdrawal scale developed by Tian (2014) was adopted. There were 16 items on the scale, including three

aspects: avoiding unfamiliar environments, outliers, and avoiding public conversations. This scale used the Likert 5 point rating. In this study, Cronbach's α was 0.85.

Relative deprivation

The relative deprivation scale compiled by Ma included four questions and adopted the Likert 6-point rating method. Higher the score, greater the relative deprivation of an individual. Cronbach's α in this study was 0.63, which was acceptable.

Resilience

The adolescent resilience scale was developed by Hu and Gan. There are 27 items on the scale. Below this were 12 reversal items that contained two dimensions, personal power and support power. Individual power includes three elements: goal direction (5 items), positive recognition (4 items), and emotional control (6 items). And the support aspect includes family support (6 points) and interpersonal support (6 points). Likert 5-point scoring was used on the scale, and the Cronbach's α on the scale for this study was 0.86.

Abandoned adolescents have a lower level of social support, a higher level of social withdrawal, a higher level of relative deprivation, and a lower level of resilience than those who are not left behind.

There is a negative correlation between social support and social withdrawal among abandoned adolescents, and relative deprivation and resilience act as an intermediary between social support and social withdrawal.

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