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Spiritual effects of drinking alcohol

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Through the ages, the consumption of alcohol has continued to have an important role in socialising and bonding. For most, it is a pleasurable activity, but one which can easily get out of hand if consumed in excess. The ill effects on health from the consumption of alcohol have been widely documented. The spiritual effects of alcohol are much less. With 40 years of spiritual research, the team at the Maharshi Adhyatma Vishwavidyalay undertook a pilot study to understand the effect of drinking alcohol on a person's aura and spiritual well-being. For this study aura and energy scanners along with the advanced sixth sense of the research team were used. The key findings of the study showed that alcohol regardless of brand emitted negative vibrations. Even a single peg of alcohol can have a significant negative spiritual impact on the person who consumes it. The effect can vary with the type of alcohol consumed. The same effect was seen regardless of whether the person was an occasional drinker or a regular drinker. Women were more likely to be affected at a faster rate than men. The auras of heavy drinkers were more likely to be affected negatively. With a person's aura being negatively impacted, it leaves a person more vulnerable at a psychological and spiritual level to attacks by negative energies. Drinking alcohol impacts one at the physical, psychological and spiritual levels. In contrast, drinks such as coconut water or fruit juice have an immediate positive impact on a person.

Biography

His Holiness (Dr) Athavale, the Founder of Maharshi Adhyatma Vishwavidyalay (MAV) was formerly a renowned Clinical Hypnotherapist with 25 years of psychological research. Later His pioneering efforts in spiritual research for over 40 years, led Him to author over 300 books in more than 17 languages on various aspects of Spirituality. He is the creator of the Personality Defect Removal process for a happier life and which helps in providing the foundation for rapid spiritual growth.

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