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## Possible effects of Covid-19 and hair loss

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Recent studies have shown a direct relationship between covid-19, responsible for the current pandemic, and a significant increase in hair loss called telogen effluvium. This phenomenon is being observed in both women and men, in similar proportions, although those more concerned about the entity tend to be women. Acute telogen effluvium is an alteration of the hair growth cycle that causes very noticeable hair loss for a limited and reversible time. It consists of the hair accelerating its entry into the telogen phase or phase of fall. A circumstantial condition of the scalp caused by factors such as stress, nutrient deficiency or different endocrinological, infectious diseases, etc. This review explores a significant increase of alarmed patients who come to the consultation reporting having observed an exaggerated increase in fallen hair, especially on the comb or brush, or on the pillow or mattrest two to three months after being diagnosed of Covid-19, To this, we must add the stress generated in the patient by striking hair loss, which creates a vicious circle, from which it is sometimes difficult to get out.

## **Biography**

Amir Tarighpeyma graduated from Medical School in 1994, and started his doctoral degree in Alzheimer's disease, a condition that fascinated him since his time at University. In 2010 he joins IE Business School to teach entrepreneurial management and in 2013 he joins IE University to teach Economics which is another of his majors and passion. In 2018 he is certified as hair specialist by Universidad de Alcala and joins the Spanish Society of Medicine and Hair Restoration Surgery while at the same year he creates the division of Hair medicine and transplant in his clinics, treating many patients to date, many who have undergone hair restoration surgery. In 2019 he is appointed as the Head of the Department of Hair restoration at Hospital Infant M<sup>a</sup> Luisa in Seville. Currently he sees patients from all over Spain and other countries, suffering from non-scarring and scarring alopecia

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