

BIOPHARMACEUTICS AND BIOLOGIC DRUGS & 5th INTERNATIONAL PHARMACY CONFERENCE

August 31-September 01, 2017 Philadelphia, USA

Evidence based pharmaceutical care: The next chapter in pharmacy practice

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Pharmacy is a very dynamic profession and the role of the pharmacist is improving with the expansion of the scope of services and the introduction of new subspecialties over time. Moving from being medication dispensers to outcome-oriented and patient-focused care providers; pharmacists will carry more responsibility and commitment to improve their knowledge and practice. Being updated and evidence-based is a key tool to achieve effective pharmaceutical care services. The primary purpose of this article is to highlight the concept of “evidence based pharmaceutical care” as professional practice to improve the quality of pharmaceutical care. There is strong data showing that pharmaceutical care lead to improvement in health outcomes and cost-effective therapy. More efforts, policies and qualified staff are needed to establish the “evidence-based pharmaceutical care” as new daily professional practice. Evidence to support pharmacists in their emerging role as care providers is available to improve the efficacy and quality of pharmaceutical care. Education and specialized training practicing evidence based approach are vital to prepare pharmacists to provide high quality pharmaceutical care. As care providers, pharmacists are effective in providing high quality patient care and being members in multidisciplinary clinical teams is needed to give them the opportunity. Evidence based pharmaceutical care is a natural and logical emerging concept in the modern pharmacy practice to achieve high quality and more effective pharmaceutical care but still more efforts and resources are needed to promote new attitude toward more professional career.

Biography

Osama M Al-Quteimat has completed his Master's degree in Clinical Pharmacy from University of Jordan. He is a board-certified Oncology Pharmacist working as Senior Inpatient Pharmacist in Cleveland Clinic Abu Dhabi, a leading healthcare institution providing high-quality tertiary healthcare, education and research in United Arab Emirates. His main interests include pharmaceutical care, oncology pharmacy and patient education. He has published many papers in the field of clinical pharmacy in reputed journals.

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