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**Energy alterations in suicidal patients and how we can treat them without using psychotropic medication****Huang Wei Ling***Medical Acupuncture and Pain Management Clinic, Brazil*

**Introduction:** Suicide is one of the most important events that health professionals should address and consist of a permanent solution to a temporary problem. There are some risk factors that Western medicine is addressing such as economic status, genetics, mental illness, etc. depending on the type of behaviour that causes the suicide, it will help the clinician to appropriate treatment.

**Purpose:** The purpose of this study is to demonstrate that suicidal patients have in common energy deficiency inside the five internal massive organs ( Liver, Heart, Spleen, Lungs, and Kidney) according to traditional Chinese medicine's reasoning and the treatment rebalancing and replenishing them using Chinese dietary counselling, auricular acupuncture with apex ear bloodletting, systemic acupuncture and replenishing these organs using highly diluted medications according to the theory Constitutional Homeopathy of the Five elements based on Traditional Chinese Medicine and crystal-based medications is of paramount importance to treat the cause of the formation of emotional problems and not just treating the symptoms.

**Methods:** Three case reports, of women 46, 56, and 30 years old, all female patients with a suicidal history. They were submitted to analyse the energy of the five internal massive organs using a crystal pendulum.

**Results:** All patients were in the lowest level of energy, rated one out of eight. The treatment consisted of rebalancing and replenishment of the internal five massive organs' energy using Chinese dietary counselling, auricular acupuncture with apex ear bloodletting, systemic acupuncture, and replenishment of the internal five massive organs' energy using highly diluted medications according to the theory of Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications. They all improved from this condition of suicide and never have the propensity to have suicidal behaviour.

**Conclusion:** The conclusion of this study is to demonstrate that patients with suicidal propensity have energy deficiency inside the five internal massive organs and treatment of these conditions will improve the patient's suicidal condition without causing side effects to the patients ( such as the use of any psychotropic medication, in this case, would drop even more the vital energy, that was demonstrated very low in all these patients and would worsen their energy imbalances condition instead of improvement).

**Biography**

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates. Researcher in the University of São Paulo, in the Ophthalmology department from 2012 to 2013. Author of the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Author of more than 100 publications about treatment of variety of diseases rebalancing the internal energy using Hippocrates thoughts.