

13th World congress on Addictive Disorders & Addiction Therapy

October 24-25, 2024

Webinar

Kiyemba Ronald, J Psychiatry 2024, Volume 27

Effect of substance abuse on sports (personnel) in Uganda July 2018 Kiyemba Ronald –coach

Kiyemba Ronald
Kitanda care, Uganda

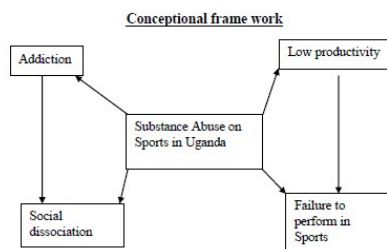
Statement of the problem: Substance abuse is popular on the increase in our low income setting today for various reasons and is associated with poverty as a major risk factor. In Uganda mental illness has become common in sports and is often associated with substance enhancement from alcohol and marijuana intake. Some of the factors that have promoted this rise include physical pain, chronic injuries and pressure to produce results. The overall effect of this problem has led to addiction, low productivity, social dissociation and finally failure to perform in sports.

Methodology and theoretical orientation: We reviewed articles and references of related topics finding those relevant to the scope of the subject. Objectively closed ended questioners were given to 380 sports participants chosen from 12 sports centers (Pilot) areas under random distribution in 4 different regional urban setting in Uganda. They were assessed on modified additional and productivity scales.

Findings: Northern region n=60 12 normal 48(80%) Addiction low productivity 0.83(83.3%), Eastern region n=100 20 normal subjects, Addiction 40(40%) low productivity 47(47%). Western region n=90 Addiction 23(25.5%) low productivity 52 (57.7%) Central region n=130 Addiction 68(52.3%) low productivity 39(30%)

Conclusion: Urban region e.g. Central have highest rates of Addiction with low productivity due availability of drugs and cheap alcohol/spirits on the market. Restrictions on alcohol is not observed within the local communities in the rural regions Sports men have highest low productivity due to poor social support, unemployment and no formal infrastructure.

Significancy: Addiction and low productivity have affected the sports industry in Uganda leading to poor performance in sports.



13th World congress on Addictive Disorders & Addiction Therapy

October 24-25, 2024

Webinar

Biography

Kiyemba Ronald is affiliated to Kitanda care, Uganda. He is a recipient of many awards and grants for his valuable contributions and discoveries in major area of addiction research. His international experience includes various programs, contributions and participation in different countries for diverse fields of study. His research interests reflect in his wide range of publications in various national and international journals.

Received: May 17, 2024; **Accepted:** May 19, 2024; **Published:** October 24, 2024
