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Current Practices in Multimodal Pain Management Following Major Surgery: A Survey from Germany**Sophia Müller**

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Background: Multimodal analgesia has become the standard approach for postoperative pain management, minimizing opioid use while improving patient recovery and satisfaction.

Objective: To investigate current multimodal analgesia practices among anesthesiologists in Germany.

Method: A nationwide survey was conducted among hospital-based anesthesiologists using a structured electronic questionnaire assessing analgesic techniques, clinical preferences, and perceived outcomes.

Result: Seventy-six percent routinely practiced multimodal analgesia. Sixty-eight percent reported reduced opioid-

related complications, while 80% observed improved patient satisfaction with postoperative pain management.

Conclusion: Multimodal analgesia is well established in Germany. Continued research and standardized institutional guidelines may further optimize postoperative pain management.

Biography

Dr. Sophia Müller is an anesthesiologist specializing in perioperative pain medicine and regional anesthesia. Her academic interests include opioid-sparing strategies, postoperative recovery, and evidence-based pain management.