

2nd World Congress on

Patient Safety & Quality Healthcare

June 21-22, 2018 | Dublin, Ireland

Safe keeping care of patients with swallowing disorders

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Swallowing is a complex physiological process involving a large number of different muscles and nerves. We talk about swallowing disorders when a stage of swallowing becomes partially or completely obstructed. Dysphagia can be caused by many reasons. Everything that affects the functioning of muscles and nerves, involved in swallowing, can modify the swallowing. Patients with dysphagia are characterized by greater morbidity and mortality; therefore, the early identification and appropriate treatment of these disorders are very important. The article is an example of a patient suffering by Guillain-Barre syndrome with severe swallowing disorder. Guillain-Barre syndrome is a rare but serious autoimmune disorder in which the immune system attacks healthy nerve cells in our peripheral nervous system. This leads to weakness, numbness, and tingling. It can eventually cause paralysis. Swallowing can also be affected at a lower or higher level. I examined the forms that are standard for all patients at our institute and all of the medical and nursing documentation. One of the purposes of this article is to show the importance of transmission of information at all levels and among all members of the nursing and expanded medical team, and at the same time considering the patient's wishes and giving him the necessary time that he needs. The next purpose is to show how this patient made a huge progress at safe swallowing in the time of the whole rehabilitation at our department.

Biography

Maja Vrabčič is employed as a Registered Nurse at the University Rehabilitation Institute– Soča in Ljubljana (Slovenia). She has working experience in the following fields: cooperation in the production of standards in rehabilitation nursing; web site development for the nursing and healthcare professionals in rehabilitation. She is the Co-Author and Author of several articles. She has experience in the field of Internal Emergency Medicine. In her work, she appreciates the accuracy, responsibility, team work, compassion, human attitude towards patients and colleagues, and quality implementation of rehabilitation nursing care.

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