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## Patient Safety & Quality Healthcare

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## Patient safety in the rehabilitation nursing care

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A fall is every event when a patient suddenly finds himself on the floor or on another, lower surface. The fall definition includes patients who slipped, for example, from the chair to the ground, the patients we found on the ground, although we did not see them fall and so called "Intercepted" falls, when a nurse or an attendant restrains the patients' fall and alleviates the consequences of it, but puts the patient nevertheless to the ground. The consequences of falls are different and can be manifested by personal, social and economic harm, and therefore special attention has to be dedicated to healthcare institutions. Patients' falls are among the quality indicators, since their numbers also point to the level of quality of health care. In our department we treat patients with neurological disorders, traumatic injuries and rheumatic diseases. In 2015, there were 292 patients, 155 men and 137 women. The article presents a statistical overview of falls in that year. The analysis was carried out according to the saved data of patients' falls for the year and is systematically divided according to the indices that we enter into the computer system. The data were divided according to age, gender, day of fall, risk assessment, category of complexity of nursing, type of fall, causes for fall, diagnosis at patients' admition to the department and sequential number of fall. Any fall that occurs during rehabilitation can prolong the time of treatment of the underlying disease, breaks down the set goal in rehabilitation and causes the patient insecurity and fear of possible recurrence. In order to reduce the number of falls and thereby increase the quality of patient treatment in rehabilitation care, it is necessary to identify their characteristics and consider introducing possible additional measures to prevent them.

## Biography

Maja Vrabič is employed as a Registered Nurse at the University Rehabilitation Institute– Soča in Ljubljana (Slovenia). She has working experience in the following fields: cooperation in the production of standards in rehabilitation nursing; web site development for the nursing and healthcare professionals in rehabilitation. She is the Co-Author and Author of several articles. She has experience in the field of Internal Emergency Medicine. In her work, she appreciates the accuracy, responsibility, team work, compassion, human attitude towards patients and colleagues, and quality implementation of rehabilitation nursing care.

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