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How to deal with Psychopharmacotherapeutic inefficiency

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In the pharmacotherapeutical treatment, and particularly in psychopharmacotherapy, there is more need to take into account the psychological factors that influence the effectiveness or ineffectiveness of the treatment. It's important to take into account the holistic approach to the patient and a "brain-mind" concept is also inevitable in this approach. Inefficiency of psychopharmacotherapy is treatment-resistance, non-adherence, nocebo etc. These are only some of the phenomena that require a psychodynamic approach and the kind of creativity in prescribing drugs.

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