

# Psychiatrist, Geriatric Psychiatry and Counseling Psychology

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## Post traumatic stress disorder impact on employee job performance with moderation role of spirituality

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The aim of this was to relationship between post traumatic stress disorder impacts on employee job performance with moderation role of spirituality –case of Pakistan army's war on terror. Ninety seven Pakistan army personnel was taken participate in the study and All were male. Data were collected through questionnaires. The instrument which the researcher intends to use to measure PTSD symptoms is the latest version of DSM-IV which was developed in 1991 and contained 17 items. The latest version PCL 5 is developed recently in the late 2015 two other instruments were used for spirituality and perceived employee. For testing the hypothesis of my study we used Process introduced by the Andrew F Hayes. Our conceptual model is identical with the Andrew model 1 in which moderation is tested with one moderator that is spirituality. This study can be concluded in way that although PTSD negatively and badly affected the job performance of army personnel, these negative outcomes can be lessen by the spirituality. The possible explanation for this fact may be that spirituality contributes positively to the psychological well-being of a person, thus making ones' self more resilient. Therefore, increase shock and traumatic absorption. Subsequently, the negative impacts of PTSD are lessened. Managerial implication and future direction were also discusses.

### Biography

Mubashir Ahmad is an Assistant Professor in Northern University of Pakistan.

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