

International Conference on
Psychiatric & Geriatrics Nursing and Stroke

November 19-20, 2018 | Paris, France

Falls prevention through simulation based learning: improving nurses' specialist skills

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We can summarise the advantage of this simulation training in three categories. 1) Innovative style of learning- designed to improve the knowledge and confidence of nurses in falls prevention and post falls management based on NICE guidelines. Nurses are introduced to a new method of teaching, enabling them to practice real life scenarios in a safe environment, reflect on their performance and receive feedback from their peers. More importantly it allows them to explore human factors such as attitudes and empathy, which are always associated with their work however are difficult to teach in tutorial and lectures. 2) Positive engagement and outcomes- which include interactive discussion on how to assess patients for risk of falls based on the NICE guidelines. Thought four scenarios and two practical sessions. 3) Future development- include holding shorter workshops with the sim man on the wards that the nurses are working on, adding to the realism of the simulation and increasing a nurse's learning potential (*In-situ* training). Include other healthcare professionals in the simulated-based learning so that staff can have a multi-disciplinary team approach to a patient who has fallen. Developing similar workshops to address and incorporate other areas of specialist geriatric nursing, for example, dementia, delirium and incontinence.

Notes: