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AVAA-accompaniment to active living and autonomy

espite the development of structures and associations for children (1 in 100 births) with autism spectrum disorders (ASD) and behavioral disorders in recent years, there are still few adult structures or places too limited. In addition, these institutions are subject to age constraints of their users. Some adults find themselves without solutions and sometimes lose skills previously solicited or emerging and thus move away from any inclusion project. Today, in Europe, the unemployment rate for adults with autistic disorders varies between 76 and 90%. In 2015, there were 5,400 French adults with disabilities living in Belgian institutions. It is to fill this gap that we have developed the AVAA program in order to best meet the needs of this audience, initially requiring support towards autonomy, in the broad sense of the term, from daily life to social and professional inclusion through access to employment. AVAA is aimed at 18-30 year olds with behavioral and learning difficulties. The goal is to offer these people and their families support: educational, therapeutic and professional. AVAA offers learning times oriented towards professional integration and the regulation of behavior. These times are broken down into learning set up by the educational team: computer science, language and mathematics. Also proposed is a work in behavioral, cognitive and social remediation, through therapeutic workshops performed by external stakeholders. AVAA also offers support for families, both in terms of administrative procedures and support and listening, through parenting conferences and the provision of qualified professionals.

Biography

Gabriel Rafi has completed his Master's degree from Paris Descartes University, France. He is a Neuropsychologist, the Director of CIERA, a Regional Association for the Professionals and the Director of DEVACCESS, a company that aims to develop projects related to health. He has published one book on cognitive remediation and acts as a Lecturer and Professor in universities.

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