## **Annual Congress on Mental Health**

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## The Dalian Method - An advanced technology of the future for healing and personal transformation



Kindi Dulai-Gill

Dalian School of Health and

Consciousness, Canada

The Dalian Method™ (DM) is a completely new healing system, which is not derived from any other modality known today. Pioneering a new way of thinking and working with pain, fear, disease, and suffering, this advanced selfhealing technique creates a paradigm shift in how we can achieve spontaneous and simultaneous healing on all levels (physical, mental, emotional, and spiritual). As such, the Dalian Method holds the master key for rapid healing. The Dalian Method™ (DM) is a new discovery of how we can work with the complex interconnectedness of the human body, mind, emotions, spirit and the unconscious stored in the body's cellular memory simultaneously to create permanent healing and transformation on all levels. Assisting each individual to transform their physical ailments, fears, self-sabotaging belief patterns, inner unrest and the memory of past traumatic experiences very quickly and without doing any mental work, the Dalian Method helps to heal pain and suffering on all levels of human existence. It helps people feel happy about their life and the role that they can play in better life on this planet. Today, with its versions for adults, teens, and children, the Dalian Method is practiced by people around the world. It is used by people in all walks of life, including counselors, psychologists, doctors, yoga teachers, and alternative health care practitioners. Due to increased popularity of this system many professionals are now being trained by Mada Dalian to facilitate self-help Dalian Method sessions for others and for their own personal transformation.

## **Biography**

Kindi Dulai-Gill is a Transformation and Empowerment Catalyst. She is a sought after Professional Speaker, specializes her talks on unconscious bias and their impact on our emotional and mental health. She is a Former CEO of a private company, responsible for 3000 people nationally in the UK, and she has 30 plus years of experience in Leadership and Change Management. She is trained as a Chartered Accountant. She is a Member of the Canadian Association of Professional Speakers, and a Former President of the local Vancouver and BC chapter. She is the Founder and Owner of Spark Expansion Consulting Ltd., and a Facilitator of the Dalian Method from the Dalian School of Health and Consciousness.

kindigill@gmail.com

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